

# Irish Pastoral Centre Newsletter



*"We are a Parish without Boundaries."*

*Serving the Greater Boston  
Irish Community since 1987*

## Irish Community Walk for two Inspirational Irish Charities



Around 100 people gathered before dawn at the Pastoral Centre on May 4th to support two major initiatives in Ireland that have a global impact. The Kevin Bell Repatriation Trust based in Newry Co. Down aims to alleviate the financial hardship of bereaved families repatriating the body (bodies) of loved one(s) who have died abroad in sudden or tragic circumstances back to Ireland. This charity was founded out of a family tragedy when, in June 2013, Kevin Bell died suddenly in New York. Several Boston families have availed of this compassionate support in recent years. Additionally, Pieta House based in Dublin first opened its doors 2006. Since then, it has seen and helped over 70,000 people in suicidal distress or engaging in self-harm. Many ex-pats in Boston have experienced this support service for loved ones back home.

Both organizations have helped the Pastoral Centre with immediate and critical assistance and it is fitting that we gather each year with financial support. We are grateful to all who walked with us and donated on line.



**Ard-Chonsalacht na hÉireann | Bostún**  
Consulate General of Ireland | Boston



**Government of Ireland**  
Emigrant Support Programme



An Roinn Gnóthaí Eachtracha agus Trádála  
Department of Foreign Affairs and Trade

# IPC News Desk

Dear friends

I wonder how your garden is doing after all this rain? Mine is so green and full this year which I really enjoy. Like you, I wish the sun would shine long enough for us to enjoy our gardens! I do have an issue with very hungry rabbits and if anyone has some suggestions, please let me know!

All is well at the Centre. We had our last fish and chips dinner for this season from Adams market on May 3rd and we look forward to reconnecting in the Fall. Our annual walk from darkness into light was a great success and we thank everybody who participated and supported Pieta house and the Kevin Bell repatriation trust. This year we raised \$6000 which is almost double what we raised last year.

I think our favorite events here are when all of our four senior programs gather in celebration. This was our first year to host a Mother's Day lunch at the centre with delicious food from the Greenhills bakery. As always, all of our attendees received beautiful flowers from the Consul General of Ireland Sighle Fitzgerald. We honored Mary Connolly who is celebrating a big birthday and we also honored Cindy Quinn from the Greenhills Bakery who shows great compassion always, helping people quietly and with great empathy and kindness.

We will welcome our summer intern Meg Whyte from Boston College in June. I know you will all enjoy meeting Meg very much- please read about Meg on page 4 -what a talented young lady!

We are open every weekend now for GAA and the schedule is quite robust. I'll be following Limerick hurling myself which may be a historic year for my home county. Join us along the way!

We are looking forward to our Irish famine Mass at Deer Island on June 2nd and we hope for sunshine! If you remember, last year we postponed 3 times due to torrential rain! This is always quite meaningful and we hope you can join us.

Stay well, enjoy Memorial Day weekend while remembering all who have gone before us.

Mind yourselves

Mary



**PLEASE NOTE:**  
The IPC will be closing on  
Mondays for July and August  
2024 for Admin work.

**For emergencies you  
can contact at  
617-265-5300**

## Save the Date

### Irish Pastoral Centre Golf Tournament

**FRIDAY 27TH SEPT. 2024**

**PRESIDENTS GOLF COURSE, QUINCY**




**IN MEMORY OF  
IPC GOLF  
TOURNAMENT  
COORDINATOR  
& GREAT FRIEND  
OF THE IPC  
JIM WALL**

THIS PAGE IS SPONSORED BY NEIL HURLEY



# IPC News Desk



## Boston Irish Community Raises \$6,000

We extend our thanks to the Boston Irish Community who raised an amazing \$6000 total in aid of Pieta House and the Kevin Bell Repatriation Trust. This was made possible by all who supported our sunrise walk on May 4th. We look forward to this becoming an annual event!



## USGAA Junior Football Team Visit IPC

We were delighted to welcome the USGAA team to the IPC for breakfast and to watch the Ulster Football Final between Armagh vs Donegal which was catered by The Sly Fox! The debut team had a great weekend in Boston with a training session at The Irish Cultural Centre in Canton and then playing against a Boston select team. The team of homegrown players have come up through the GAA youth development programs all across the US. IPC wishes them the are set to travel to Ireland in July to compete in the 2024 All-Ireland Junior Football Championship!

**WELCOME TO**

**Le Chéile Sobriety Support Program**

Saturdays, 6PM | Tuesdays, 7PM (Ladies Group)

**ANSEO LE CHÉILE - HERE TOGETHER**

## 3<sup>rd</sup> Anniversary for “Le Chéile” Sobriety program

On May 4<sup>th</sup>, a large crowd gathered in our new function room to celebrate the third anniversary of our “Le Chéile” sobriety program. Simply meaning “Together”, the program began as a result of concerns for people who were struggling with sobriety. IPC volunteers Peter O'Malley and John Meaney spear headed this initiative which is similar in structure to an AA program. However, its important to note that this program is open to all and especially for those who may be questioning themselves and struggling.

The program is very successful and takes place twice weekly here at the Centre. Our Ladies “Le Chéile” group takes place every Tuesday and our Saturday program which is open to all begins at 6pm.



## Monthly Trad Session Celebrate Bealtaine

Our monthly trad music group enjoyed a lovely evening of song, dance, music and learned a little about the feast of Beltane or Bealtaine — Gaelic tradition held on Mayday marking the start of Summer. Thanks to Maureen McNally & Anne Byrne for sharing about ancient traditions & customs associated with the feast. Maureen decorated a “May bush” and Anne shared some “piseogs” (superstitious belief/practice). The fairies are alive and well! All are welcome to play or listen our monthly trad session, which takes place on the third Sunday of every month 3-5PM! All are welcome

## ARE YOU INTERESTED IN SPONSORING A PAGE OF THE IPC NEWSLETTER?

Contact Amy at [aocarroll@ipcboseon.org](mailto:aocarroll@ipcboseon.org) or  
Call the IPC 617-265-5300

**GAA SPORTS QUIZ ANSWERS: 1. Monaghan, 2. Shane McGuigan (Derry), 3. Mikey Brosnan, 4. Ryan O'Toole, 5. Offaly, 6. Three, 7. Five, 8. Five, 9. Joe McQuillan 10. Five**



## IPC News desk



### IPC welcomes new Summer Intern

All of us are delighted to welcome Meg Whyte from New Jersey who will be joining us over the summer. A junior at Boston College studying Political Science, Meg has just arrived back from UCD in Dublin where she has completed a semester abroad studying politics and social justice. Meg is also minoring in Music and a minor in Faith, Peace, social justice, and law. With skills including political research, writing, public speaking, basic Spanish, hospitality, music, theatre, and artistic direction, we are delighted to welcome Meg to our team.

When you meet Meg, ask her for a song – this very talented young lady performed as the student soloist with the world-renowned Boston Pops Orchestra, conducted by Keith Lockhart at Boston College's annual "Pops on the Heights" gala this past year! Welcome to the IPC Meg!

### Meet our new Newsletter Journalist!

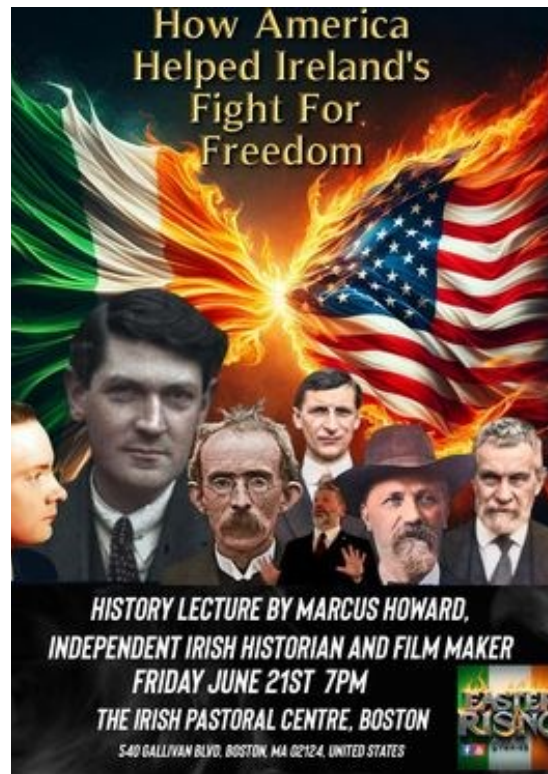
Recently we were delighted to welcome John and Mary Christoffersen to our monthly trad sessions and fish 'n chips night! A lovely couple who moved to West Roxbury from Connecticut who are deeply connected to their Irish heritage. They actually met at a set dance! John expressed interest in volunteering and we discovered that he has reported for the Associated Press and various newspapers! John will be a regular contributor to our newsletter going forward and we are delighted to make this connection! Welcome to Boston John and Mary and welcome aboard John!



*John & Mary holidaying in Ireland*

### American Irish History Talk at the IPC on June 21st

The IPC is looking forward to the visit of Independent Irish Historian and Film Maker Marcus Howard for a thrilling and informative lecture on a pivotal era when America became a beacon of hope for Ireland's quest for freedom. The talk will unveil the saga of support that flowed across the Atlantic from Ireland's exiled children through funds, political pressure, and a shared dream of liberty. Join us on **Friday June 21st at 7PM** at The IPC for 'How America Helped Ireland's Fight for Freedom'—a tale of transatlantic camaraderie, covert operations, and the unbreakable bond between America and Ireland in its quest for national self-determination facing up to one of the largest empires in the world.




Community Service

### Community Service Hours Available for Students at the IPC!

We are looking for students to assist us with projects over the summer. If you have a student in need of service hours, please send them our way! Please have your student call the office at 617-265-5300 and speak to Róisín

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# IPC NEWSDESK

## SAVE THE DATE FOR OUR J1 ORIENTATION!

We look forward to welcome the 2024 J1 students to Boston at our orientation night. This will be a highly informative event where students can meet each other, get to learn about US culture, open bank accounts, switch phones to a USA network, and much more! As Always we are thankful to collaborate with The Irish Consulate of Boston, Rian Immigrant Center, Rockland Trust and Boston GAA for their collaboration on this annual event.

Refreshments and welcome goodies available on the night. Be sure to RSVP to [J1@ipcboston.org](mailto:J1@ipcboston.org).

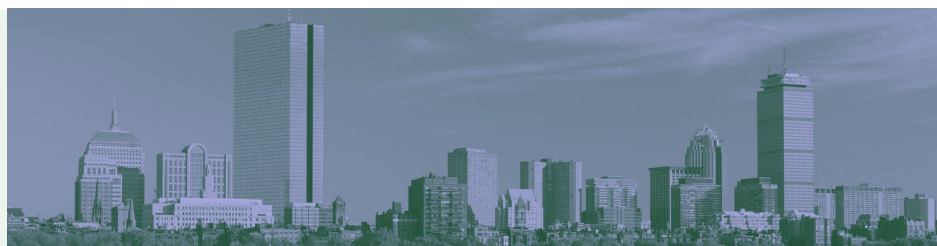
### J1 Summer Students!

We have received emails and messages from students who are interested in spending Summer 2024 in Boston.

For any J1 support queries please contact our J1 coordinator Andrea: [J1@ipcboston.org](mailto:J1@ipcboston.org) or call the centre at 617-265-5300

The IPC has also released an updated Boston J1 Summer Guide which includes detailed information what you need to know from arrival to departure.

Email [j1@ipcboston.org](mailto:j1@ipcboston.org) or visit our website to download a copy!



THE IRISH PASTORAL CENTRE

## WELCOMES 2024 J1 SUMMER STUDENTS



### Thurs. June 6th, 3-5PM

Join us at The IPC for our annual J1 Orientation. This will be a highly informative event where students can meet each other, get to learn about our culture, open bank accounts, switch phones to a USA network, and much more!

*For more info/ RSVP email [J1@ipcboston.org](mailto:J1@ipcboston.org)*

📍 The Irish Pastoral Center, 540 Gallivan Blvd, Rear, Dorchester, MA 02124



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ROCKLAND  
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## ANSEO LE CHÉILE - HERE TOGETHER

### GAA GAMES RETURN TO THE IPC!

*The IPC will show the Munster, Leinster & Connaught Provincial Hurling and football Championship games as well as the quarter finals, semi finals and finals. More details to follow on our Facebook page or call the IPC at 617-265-5300. All are welcome.*



THIS PAGE IS IN MEMORY OF MICHAEL McDONAGH

# COMMUNITY NEWS

## Eire Society 2024 Gold Medal Dinner

On Thursday May 2nd, the Eire Society of Boston presented its prestigious Gold Medal award at the Omni Parker House in Boston to noted author Fintan O'Toole, writer for The Irish Times and The New York Review of Books.

One of Ireland's leading public intellectuals, Fintan O'Toole has been a widely read and influential columnist for The Irish Times since 1988 and author of 25 books, most recently *We Don't Know Ourselves: A Personal History of Ireland Since 1958*, winner of the 2021 An Post Irish Book Award and one of The New York Times top ten books of 2022. He is currently writing the official biography of Nobel Laureate Seamus Heaney.



O'Toole is a winner of the European Press Prize and the Orwell Prize, the UK's most prestigious prize for political writing, as well as the Robert B. Silvers Prize for Journalism for his incisive political commentary. A former Visiting Leonard L. Milberg '53 Professor in Irish Letters at Princeton University, O'Toole was elected to the American Academy of Arts and Sciences in 2023. He has been a member of the Royal Irish Academy since 2020.

O'Toole's recent and best-known books include *Ship of Fools: How Stupidity and Corruption Sank the Celtic Tiger* (2009), *A History of Ireland in 100 Objects* (2013), *Modern Ireland in 100 Artworks* (2016), *Judging Shaw* (2017), *Heroic Failure: Brexit and the Politics of Pain* (2018), and *The Politics of Pain: Postwar England and the Rise of Nationalism* (2019). Past recipients of the Gold Medal have included John F. Kennedy, writer Mary Lavin, scholar Dr. Margaret MacCurtain, Senator George Mitchell and poet Seamus Heaney.



## Calling Young Leaders!

Join The Ireland Funds Boston Young Leaders Summer Social on June 6th at The Dubliner Pub! This is a great way to welcome the start of summer in Boston with friends new & old and enjoy an evening of live music as we do great things for the island of Ireland. For incoming J1 Graduates, this is a great way to network in Boston!



## Local Lieutenant Performs National Anthem in Washington D.C

Cambridge Lieutenant Pauline Wells performed the Irish and United States of Americas National Anthem in Washington D.C. pictured here with Ireland's Ambassador to the United States Geraldine Byrne Nason.



*Walking at Castle Island, one of Mná Mheiriceá's many local events.*

## Mná Mheiriceá Celebrates First Birthday

Congratulations to the Board of Mná Mheiriceá under the leadership of Martina Curtin who founded this initiative as an intentional continuation of the legacy Irish women have built in America since their first arrival as an enterprising, independent, future-oriented community. Based in Boston, Mná Mheiriceá (women of America) hosts women centered professional, wellness and social events that are open to all. This is a great network for peer learning and mentorship, for resource and respite and events are always great fun.

For more information visit <https://mnamheiricea.com/>

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# News From Our Senior Outreach

Hello Friends,

It is hard to believe Memorial Day is around the corner. Where does the time go? During the month of May, Seniors enjoyed and participated in several activities including Trivia, BINGO, Left/Right /Center (A big hit!) and YOGA. We were so excited to hold our annual Mother's Day Event in the Irish Pastoral Centre's new function room. The event was a huge success, thanks to all who attended! Seniors danced to the Music of Mossie Coughlin and enjoyed a fabulous hot meal of ham, turkey, mashed potatoes and vegetables, provided by Green Hills Bakery. Dessert of bread and butter pudding finished off the meal! You can see some photos from the event on page 14.

In June, we are planning a special event for our seniors to welcome Summer. Details will follow. Looking forward to spending summer with our seniors.....

- Peggy & Patsy



## AGE STRONG RESOURCE FAIR!

Connecting Boston's older adults to information, resources, benefits, savings, programs, & more!



Free & open to the public!

Light refreshments & raffles

- Senior Discounts
- Transportation
- City of Boston Services
- Fuel Assistance
- In-Home Care
- Food Resources
- Health Insurance
- Volunteer Opportunities
- Memory Loss Resources
- Emergency Services

May 15, 11-2, Our Lady of the Annunciation  
7 VFW Parkway, West Roxbury

June 1, 11-2, IBEW Local 103  
256 Freeport St #1, Dorchester

RSVP at [bit.ly/AgeStrongResourceFair](http://bit.ly/AgeStrongResourceFair) or 617-635-4366

Scan here to RSVP

AGE+

City of Boston  
Age Strong Commission



### Shine Appointments Available

We also offer individual counseling is available from SHINE at the IPC by appointment. If this is something that may benefit you, call the IPC at 617-265-5300 for more information.



## May Birthdays

Eileen Adams  
Margaret Beatty  
Eileen Sawyer  
Mary Healy

Peggy McDonough  
Mary Cody  
Mary Connolly

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**MG2**

# Fr. Dan's Page



## Hiding in Plain Sight

*Gail Goleas*

**Have you seen him whom my heart loves? Song of Songs 3:3**

**"Where's my cell phone?"** It's a question I ask too often. Did it slip out of my pocket? Chances are it's probably right where I left it. Wherever that is. I panic. Was it stolen? Will I find it? I retrace my steps, reminding myself a phone cannot walk away. We convince ourselves we'd be lost without those cell phones because we rely on them so much.

In those moments when I feel abandoned and ask myself **where God is**, the answer lies within my own heart. No one can steal God away from me...or you. If God's presence is lacking in our lives, it's because we get lost in our own distractions-cell phone included.

God never leaves us. Ever. God is always ready to be found. No internet connection needed. No password required.

**Let us seek the lord and he will be found!**

## You Will Be My Witnesses'

*Kristin Armstrong*

**You will receive power when the Holy Spirit comes upon you, and you will be my witnesses...to the ends of the earth.—Acts 1:8**

We might think of **the feast of the Ascension as the time when** Jesus said **goodbye** to his disciples. But today's readings make it quite clear. This' is **not a "Bye, bye, Jesus" feast**. It is a **"Get ready to welcome the Spirit" feast** and a **"Go out to all the world feast."**

The Spirit of truth will testify just as it validated the truth of Jesus. **The Holy Spirit works in us** and through us and in all situations to restore clarity, harmony and divine right order.

**Invite the Holy Spirit into your heart**, into your thoughts, into your life, into your relationships, into your work-place, into your communication, into all your circumstances, and watch the transformation.



## God is the Artist

*Christopher Heffron*

Though St. Francis was, to his core, an institutional Catholic, he found God everywhere, not just under the roof of a church. The fog over the Umbrian Valley, the breeze at his back, the sunrise of an April morning: **God is there; God is the artist.**

"All praise be yours, my Lord, through Sister Earth, our mother," he wrote in his "Canticle of the Creatures." It rattles me still that a 13th century itinerant could be so forward-thinking in his care of our common home. I marvel at how easily he married his love for God and his appreciation for a world that God created.

And while the subject of ecology is triggering for some as a political hot potato, it isn't really a political issue at all. It's a justice issue - certainly, a life issue.

**Do we not care** for our children, siblings, parents, friends, and neighbors? **As Francis taught us and as Pope Francis continues to teach** - the earth should be as valued as the family members in our home.

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## In Loving Memory

*We remember those in our community who have recently passed away. Our thoughts and prayers and with all the bereaved families, and we hope that in time lovely memories will surround them. Eternal rest grant unto them oh lord, and let your perpetual light shine upon them. May they Rest in Peace and Rise in Glory*

April 16 2024, Margaret DiGiacomo, Dedham, Co. Tipperary

April 25, 2024, Maryanne F. (Moriarty) Fallon, Milton, Co. Kerry

May 1 2024, Mary F. (Whalen) Cummings

May 4 2024, Michael J. Houtmeyers, Brighton, Co. Westmeath

May 16 2024, Eileen May (O'Sullivan) Geaney, Brighton, Co. Kerry

May 16 2024, Bernard J. "Buzz" Cross, Quincy, Co. Cork

May 17 2024, Mary A. (Follan) Connelly, S. Weymouth, Co. Galway



### Remembering victims of 1974 Dublin-Monaghan Bombings

Irish president Michael D Higgins laid a wreath in Monaghan close to the spot where a bomb devastated the town centre 50 years ago. A ceremony was held to mark the anniversary of the deadly attacks on May 17 1974 when three no-warning bombs went off across Dublin city centre and one in Monaghan town. The service was watched by some survivors of the atrocities and families of victims as well as hundreds of people who had gathered in the centre of the town. The names of the victims were read out and the bells of St Patrick's Church tolled at 6.58pm, the exact time the Monaghan bomb exploded, before Mr. Higgins laid the wreath on behalf of the people of Ireland. Local TD Heather Humphreys laid a wreath on behalf of the Irish Government before prayers were said and a tree planted.

Mr. Higgins said there was a collective responsibility to deal with legacy issues in an ethical manner, adding:

*"A strategy of feigned amnesia, or hoping time will deliver one, is simply not an option, nor is any strategy of continuing the protection of previous evasions or failures to act. "It is not morally acceptable, nor is it politically feasible, to request that those affected by such tragedy should forget about the past, draw a line or move on in the name of any naive desire for a supposed closure that may never be attainable."*



THIS PAGE IS SPONSORED GORMLEY FUNERAL HOME

# News From Ireland

## Donegal To Host National Sheepdog Trials

The Donegal National Committee formally launched the event this week which will take place at Clonmany showgrounds from 22nd to 24th August. The competition is being held in Donegal thanks to the kind permission of Sean and Mary Doherty. "It is both an honour and a privilege that we can bring the Irish National Sheepdog Trials back to Donegal," a committee spokesperson said. The last national event was held in Clonmany in 1979. This three day event will see the top Irish 150 dogs and their handlers fight to qualify for the Irish team for the international trials in September.



## Daily Allowance Increased for Gaeltacht Summer School Hosts—Galway Daily

The government is increasing the allowance paid to Gaeltacht families and hostels to support summer schools. A daily allowance is paid to those families and hostels which provide housing for people attending Gaeltacht summer schools. The daily allowance paid under the Department's Scéim na bhFoghlaimeoirí Gaeilge to households recognised under the scheme will be increased by €1, from €12 to €13. In addition, the daily allowance paid to hostels/boarding schools recognised as providing accommodation under the scheme will be increased by €2.50, from €7 to €9.50. Minister Byrne said, "I understand the importance of Scéim na bhFoghlaimeoirí Gaeilge, not only to the Gaeltacht, but also in terms of the valuable life experience attendees on courses gain while they are immersed in Irish in the Gaeltacht. The households who provide accommodation are the backbone of this scheme and I want to acknowledge their contribution."



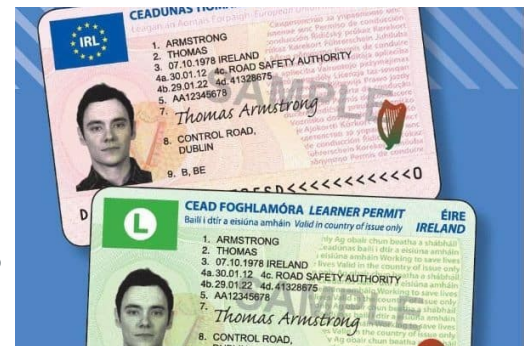
## Portal Opens connecting New York to Dublin

On May 8, 2024, a massive interactive sculpture was unveiled at the Flatiron South Public Plaza, a few blocks from the Simons Foundation offices and adjacent to the iconic Flatiron building. Called Portal, this public sculpture that incorporates science and technology connects the cities of New York and Dublin, Ireland. Passersby in both cities will encounter a 24/7 livestream, offering a real-time view of life across the Atlantic Ocean. An identical structure was placed on Dublin's historic O'Connell Street and features breathtaking views of some of the city's most recognizable buildings and monuments. The Dublin Portal is presented by the Dublin City Council. The installation wowed crowds, joined up families who were living on different sides of the Atlantic and brought strangers together who otherwise would never meet due to living so far away.



## Driving Licence Set to go Digital

The Digital driving licence is set to be introduced in Ireland before the end of the year. The new scheme will be trialled by the Government following an EU centralisation effort to stop drivers avoiding offences by crossing borders. The Irish Independent revealed that the Government have been working on the new scheme since the start of the year. The digital licences will have a built-in electronic signature and will be able to be kept handy in your phone's wallet app. Drivers will still be able to opt in for the physical card.



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## Community Spotlight: Mary Conneely

By John Christoffersen

Mary Conneely emigrated from Ireland 60 years ago in a bold move alone, but she still carries plenty of fond memories of a happy childhood.

The oldest of eight children, Mary grew up on a farm in County Westmeath in an area called "The Crooked Wood." The farm was over 100 acres and her family grew potatoes and other vegetables as well as wheat and had six cows.

"We loved the animals," Mary said during an interview in her West Roxbury home. "I still love animals. Cows were all milked by hand back then." She had a beautiful garden with six apple trees, rhubarb and even garlic. "I always dream about it," she said of the garden. Children stayed home from school to pick potatoes. Her neighbors fished, so they exchanged potatoes for fish. "We were self sufficient as regards food," Mary said. "Everything was organic."

Children played hide and seek and skipped. Girls played camogie and boys hurling and football. "You could cycle anywhere, even nighttime," Mary said. Her parents took her to church in a pony trap carriage. No one went on vacation back then. Relatives visited with a bed shared by four. Her older cousin told ghost stories. "They were happy times," Mary said, laughing at the memories.

Mary went to school in London to become a nurse. She managed to save \$800 and planned to move to the United States with a few other friends and relatives. When the others decided not to go, Mary travelled alone to Boston. "I was adventurous," Mary said. "They all just fell away and got scared. Well, I had the money. I worked hard and saved the money.

The money was in my pocket."

Her first nursing job was at New England Medical Center. She lived in Franklin Square House for young female students and workers near the Cathedral.

After three months and a hot summer, Mary was ready to return to Ireland. But she met the wife of a doctor who insisted she come work at a new nursing home, Stonehedge, in West Roxbury near Roche Brothers. She agreed, packing her bags and temporarily living on the second floor of the nursing home before getting a small apartment. She later worked as a nurse at Brigham and Women's Hospital, for over 20 years. "It was hard work but you don't know you're working hard," Mary said.

Mary met her husband, Martin Conneely, who was from County Galway and worked for the town of Needham water department. The couple married in 1966 and bought a two-family house in West Roxbury for \$22,000. "We should have bought a few of them," Mary quipped.

The couple raised two children, Michael and Mary, and have four grandchildren. The couple returned to Ireland annually and brought the children and grandchildren to the family home. It was important for them to know their family in Ireland and to appreciate Ireland. Mary's husband Martin died 10 years ago.

Mary was a Girl Scout leader and founded a garden club with a friend. She is a regular at the West Roxbury senior coffee group run by the Irish Pastoral Centre. Mary celebrates her 90th birthday in July. Ten relatives including her sisters and nieces will visit from Ireland to celebrate with her.

While Mary had no relatives in the U.S., she had the support and friendship of others who made the same journey. They raised their children and socialized together as they would back home.

"So I really never left Ireland," she said.



THIS PAGE IS SPONSORED BY JOHN P. McGUIRE

# A Moment to Mind Yourself

## ***“Being a woman in our health care system”***

*By Gina Gallagher, LADC I*

At the IPC, we work with many women in our community, the Irish in Boston have long enjoyed a solid reputation for caring roles (Nurses, Home Health Aides, Teachers, Social Workers.) As Irish women, many are socialized to focus on the care of others, sometimes to our own detriment. However, the care and love women in our community exhibit in their own lives does not always translate into the care they themselves receive in our health care system. There has been a lot of research and articles written recently about this disparity but what can you, as a woman, do to ensure you are effectively advocating for yourself?

**Misogyny or Sexism and Health Literacy:** Misogyny, which refers to prejudice or discrimination against women, can affect a woman's ability to access accurate health information and make informed decisions about their health. Some ways misogyny can impact health literacy:

### **Limited Access to Reproductive Health**

**Information:** Living in MA, women here don't have the restrictions on access to reproductive health information and services that women in other states experience. However, there are many OBGYN conditions (like Endometriosis or PCOS) that have not been as well researched as male reproductive conditions, which limits a woman's ability to understand their own bodies and advocate for care and pain management.

### **Stigmatization of Women's Health Issues:**

Women's health issues, such as menstruation and menopause, are sometimes stigmatized or treated as taboo topics. This can hinder open discussions and information-sharing, leading to lower health literacy in these areas.

**Dismissal of Women's Health Concerns:** Women's health concerns are sometimes dismissed or not taken seriously by healthcare providers. There are a lot of unproven myths that even providers can be guilty of not exploring more; for example, “it's probably just a yeast infection” or “bad pain during periods is normal”. Unchecked myths like these can discourage women from seeking out accurate information and appropriate care.

**Gender Stereotypes:** Gender stereotypes can affect a woman's perception of their own health needs and can lead to the belief that they are less knowledgeable or capable of understanding medical information; “I am a woman and I should expect this pain. No one can help me”.

What can we do? As mentioned in our previous articles, be as prepared as possible for your appointments. Keep track of the most concerning symptoms, especially pain levels.

Bring this notebook with you to your appt. to keep track or remember what is being said and make sure you address all concerns. Make sure you have a list of your medications, if you take any, especially if this is a new provider. There a number of new apps for our phones we can use but notebook and pen work great too.

It is important to remember your providers are there to support you and your health so if you have questions or are not understanding the recommendations or next steps, please ask. If you feel the provider is not responding with enough urgency, especially with regard to your pain level, it is well within your rights to say so. Having worked in a medical setting for a number of years, I have heard the phrase “what are the possible causes for these symptoms” used quite successfully. Once your provider answers, ask them “How have you ruled this {condition} out in my case?” if they have decided these other possible causes are not possible. Hopefully it will encourage a better dialogue with your provider.

If you are concerned that sexism is impacting your care, you do have a number of resources to get assistance from. For example, ask your health care providers for the name and number of the patient or client advocate in their health system. There should be a list posted in the waiting room detailing what your rights are in the event you have a concern or grievance with your care at the agency. Many people are afraid to do this, in case it makes their care experience worse or they worry they will be punished or retaliated against. The Community Care Ombudsman in MA offers a way for consumers to voice their complaints and have concerns addressed. See the information below.

As Irish people, we don't tend to relish or enjoy speaking up or “complaining”, we don't want to be a “bother”, but if our health is being impacted, it is vital that we or our loved ones speak up. If you are having any of the health literacy difficulties mentioned, please don't hesitate to call us at the IPC. If you would like to speak with Danielle or Gina, our Health & Wellness therapists, in confidence and without judgment, please phone: 617-265-5300. Telehealth appointments are offered as well as in-person appointments on Mondays 5-8PM. You may also e-mail: [dowen@ipcboston.org](mailto:dowen@ipcboston.org) or [ggallagher@ipcboston.org](mailto:ggallagher@ipcboston.org). No one has to suffer alone or in silence.

### **Check out these resources to learn more:**

Community Care Ombudsman in MA : (617) 727-7750  
<https://www.endofound.org/why-is-endometriosis-so-poorly-understood-the-gender-health-gap-may-explain>  
<https://hcfama.org/health-insurance-help/>  
<https://www.mass.gov/info-details/ombudsman-programs>  
<https://mashable.com/video/john-oliver-bias-medicine-wanda-sykes-larry-david>



# News from Celtic Angels

## 6 Summer Fun Activities Seniors Can Enjoy

By Maria Burke, RN, Owner, Celtic Angels Home Health Care



Maria Burke, RN

Summer will be here before you know it, so it's time to start thinking of all the joy-filled things you'll do! And fortunately, there are plenty of ways seniors can both stay safe and enjoy the summer.

### 1. Enjoy a Picnic or Barbecue

According to a survey conducted by the National Recreation and Park Association, 64% of seniors report that enjoying a picnic or barbecue is their favorite summer activity. And it's something most seniors can participate in. Whether you have a picnic at the beach, a neighborhood barbecue, or just eat lunch in the backyard or on your front porch, enjoying an outdoor meal is always a good time.

### 2. Birdwatching

As the warm weather returns, so do the migratory birds. Try enjoying them in all their splendor by going birdwatching. Take a walk around a local park or nature reserve and see how many species you can find. Or set up a bird feeder in your backyard and bring the birds to you. Best of all, even seniors who are unable to leave their beds can enjoy birdwatching if you set up a feeder outside their window. Give it a try!

### 3. Attend a Community Event

Seniors often miss being in the community, so if your senior loved one doesn't have health conditions that would make an outing unsafe, attend a community event this summer. Concerts, fireworks, outdoor theater, community barbecues, celebrations, festivals, sports games, and art exhibits are all excellent options.

### 4. Go Fishing

Many seniors enjoy fishing, and it's an activity that is easily adapted for all abilities. If the senior in your life doesn't have mobility limitations, take a boat ride and fish on a lake. Alternatively, fish from chairs (or wheelchairs) at the edge of a lake, stream, or pond. And if your senior loved one can't leave the house,

try a fishing game with toy fish and plastic poles. The one who catches the most fish wins!

### 5. Play in the Water

Is there anything better on a hot summer day than cooling off in the pool? Seniors should get to enjoy the water, too! Many community pools have senior swim times that are perfect for seniors to swim with their peers, and many accommodate disabilities, too. However, if your senior loved one isn't able to go to the pool, consider filling a wading pool or plastic bin to soak their feet instead. It's sure to bring welcome relief from the summer heat!

### 6. Have a Frozen Treat

A delicious frozen treat is always appreciated during the summer. So go out for ice cream or host an ice cream social with friends. Enjoy shaved ice while listening to music in the backyard. Or make home made popsicles to help your senior loved one stay hydrated. And remember, if you make your own treats, it's easy to accommodate dietary restrictions. Puddings, juice, and even bananas make delectable frozen treats.

Summer is a wonderful time of year, so help your senior loved one enjoy it to the fullest! But don't forget to make sure seniors always have plenty of protection from the sun, stay hydrated, and can quickly move indoors to cool off if the heat becomes too much. Does your senior loved one need a little help to enjoy the summer this year? From playing games and going on outings to providing the personal and skilled nursing care your senior loved one needs to stay safe and healthy, we at Celtic Angels are happy to help. Contact us today for an appointment!



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*"Your CNA Kelly takes care of my every need. I'm in excellent hands."*  
— Truly, Susan C.

Hi, I'm Milo.  
The Celtic Angels Home Health Care Mascot.



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# MOTHER'S DAY LUNCH



*All of us at the IPC hope all Mother's and Mother Figures had a wonderful Mother's Day!*

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**Aer Lingus** 



## UPCOMING EVENT

# Deer Island Famine Memorial Mass



The IPC Mass of Remembrance at  
the Deer Island Famine Memorial on  
Sunday, June 2nd at 11AM



ANSEO LE CHEILE - HERE TOGETHER

# Memorial Day



## Sentinels of the Tomb of the Unknown Soldier at Arlington Cemetery

The Sentinels of the Tomb of the Unknown Soldier stand watch 24 hours a day, 365 days a year, in any weather. Sentinels, who volunteer for this post, are considered the elite of the elite 3rd U.S. Infantry Regiment (The Old Guard), headquartered at nearby Fort Myer, Virginia.

After members of the 3rd U.S. Infantry Regiment become ceremonially qualified, they are eligible to volunteer for duty as Sentinels at the Tomb. If accepted, they are assigned to Company E of The Old Guard. Each soldier must be in superb physical condition, possess an unblemished military record and be between 5 feet, 10 inches and 6 feet, 4 inches tall for men or 5 feet, 8 inches and 6 feet, 2 inches tall for women, with a proportionate weight and build.

Would-be Tomb Guards must first undergo an interview and a two-week trial. During the trial phase, they memorize seven pages of Arlington National Cemetery history. This information must be recited verbatim in order to earn a "walk." If a soldier passes the first training phase, "new soldier" training begins. New Sentinels learn the history of Arlington National Cemetery and the grave locations of nearly 300 veterans. They learn the guard-change ceremony, the manual of arms, and methods for keeping their uniforms and weapons in immaculate condition.

The Sentinels must pass multiple tests to earn the privilege of wearing the silver Tomb Guard Identification Badge. First, they are tested on their manual of arms knowledge, uniform preparation and walks. Then, they take the badge test, consisting of 100 randomly selected questions from the 300 items memorized during training. The would-be badge holder must get more than 95 percent correct.

The Tomb Guard Identification Badge is a temporary award until the badge-holding Sentinel has honorably served at the Tomb of the Unknown Soldier for nine months. At that time, the award can become a permanent badge, which may be worn for the rest of a military career. The silver badge is an upside-down, laurel-leaf wreath surrounding a depiction of the Tomb's front face, the words "Honor Guard," and figures representing Peace, Victory and Valor. Over 600 Tomb Guards have earned the badge since the late 1950s.

The Tomb Guards work on a three-relief rotation; each relief has one commander and about six Sentinels. The three reliefs are organized by height, so that those in each guard change ceremony look similar in appearance.

The Sentinels wear the Army dress blue uniform, reminiscent of the color and style worn by soldiers during the late 1800s.



CELEBRATE ★ HONOR ★ REMEMBER

WE WILL NEVER FORGET

This page sponsored by the family of  
Margaret 'Peggy' Roach



## Fado Fado– Long Long Ago in Ireland



*Emigrants arriving to Ellis Island, in New York. LIBRARY OF CONGRESS*

### **Irish famine immigrants faced quarantine in New York as in Boston**

*By John Christoffersen*

As the Irish immigrants fleeing the Famine sailed into New York harbor, they glimpsed a surprisingly calm countryside just five miles from Manhattan. The tranquil landscape offered hope, yet more horrors awaited them.

The immigrants survived a famine that would kill more than a million. They endured a dangerous voyage of six weeks or more across the Atlantic on coffin ships. Now they would be sent to a quarantine hospital on Staten Island. "I think for me the saddest part is they survived and they were coming over to a new country. They endured horrific conditions. They thought they had made it but they didn't," said Loretto Horrigan Leary, an author and researcher who is a board member of Ireland's Great Hunger Museum which is planning to reopen in Fairfield, Connecticut. Leary, who is from County Galway and lives in Connecticut, spoke at the Gaelic American Club in Fairfield on May 17. Her slide presentation focused on the Staten Island Marine Hospital and Quarantine Station.

Immigrants escaping the Irish Famine faced quarantine in New York like those who were quarantined on Deer Island when they arrived in Boston. A monument is dedicated to 850 people who died and were buried on Deer Island between 1847 and 1850. During the voyage, Irish immigrants had to ration their food to make it last at least six weeks, Leary said. Six people slept in a berth next to strangers, she said. "For someone who never sailed on a ship before this six-week crossing was a bit terrifying," Leary said.

Even after arrival, ships were required to stay in New York harbor a few weeks awaiting medical clearance. On Staten Island, famine immigrants died so fast at the quarantine station that they were buried in trenches, Leary said. Thousands are believed to be buried in three mass grave sites.

The quarantine was burned to the ground in 1858, but a hill in front of the St. George Courthouse has a headstone to mark the place where some of the Irish Famine immigrants are buried. While records were lost, bank deposit ledgers offered clues of the immigrants' lives because they would be asked questions when they opened accounts. Leary found the bank ledger for Patrick Barry, who was a gardener at the quarantine hospital and opened a bank account in 1852. Barry arrived with his wife, Margaret Martin, on the Argyle ship in 1847.

"It really is a treasure trove of information if you can find an ancestor in the ledgers," Leary said. "That's a lot of information that I got from one book." Leary cited another passenger, William Smith, who wrote about his experiences sailing from Liverpool, England. Smith, a weaver who was not Irish, was sent to the quarantine hospital on Staten Island in winter during the height of the Famine. Smith described being put in a long cold room far from a stove that provided heat. The bed had a coarse fabric and Smith could feel the bars, so he was unable to lie in one position by the following day. "I was trembling violently," Smith wrote. "Not withstanding every effort I could not keep my teeth from striking each other."

Patients were unable to dress themselves. They took turns near the stove to warm up and then cool down, Smith wrote. "We can glean what Irish Famine immigrants faced when they were taken into the Quarantine on Staten Island and at worst what they experienced before they died and were buried there," Leary said. The quarantine hospital was actually well designed, Leary said, describing a garden, a pond and a six-foot wall that surrounded the facility. Most of the staff who worked there were from Ireland, she said. "But it just became overwhelmed during the years of the Famine," Leary said.

The facility became so overcrowded that emaciated men and women laid on the ground outside, Leary said, quoting from another account. She cited newspapers at the time describing half dressed immigrants wandering the streets in the winter, starving and lost. Irish Famine Commemoration Day was marked on May 19 with black ribbons to mourn those who died and white ribbons as a sign of hope for their descendants.

# Immigration News

## Immigration & Citizenship Support Services Program

*What we do:* The IPC's Immigration and Citizenship Program provides information and support to immigrants from Ireland and elsewhere including obtaining legal status, adjusting status, matters related to Green Card applications and renewals, visas, U.S. Citizenship eligibility, and applications for U.S. Citizenship. The IPC can also provide information about how to apply for Irish passports. Staff is available during normal business hours to help to answer questions related to these matters. Additionally, the IPC offers bi-monthly Legal Immigration Clinics where individuals can have a free and confidential phone conversation about their particular immigration situation with a volunteer immigration attorney.

The IPC offers free telephone consultations with an experienced immigration attorney on the 2nd Tuesday evening of each month. If you would like to schedule a phone consultation with an attorney, please contact Maryann Casavant at 617-265-5300 or by email [mcasavant@ipcboston.org](mailto:mcasavant@ipcboston.org).

## Consider applying for U.S. Citizenship

If you have questions about eligibility for U.S. Citizenship, questions about how to apply, or need help with the process, please reach out to the IPC. Staff is available to assist you and can direct you to helpful resources. If there are some questions, or your situation is a bit complicated, we can schedule an appointment for you with one of our experienced immigration attorneys at one of our Legal Immigration Clinics.



## DV Lottery Results are Out

*Entrants in the Diversity Visa 2024 program may check the status of their entries on the [E-DV](#) website from May 6 2023 through September 30, 2024.*

You are strongly encouraged to access Entrant Status Check yourself and not to rely on someone else to check and inform you. Information can be found at: <https://travel.state.gov/content/travel/en/us-visas/immigrate/diversity-visa-program-entry/diversity-visa-submit-entry1/diversity-visa-selection-of-applicants.html>



## DV-2025 ENTRY STATUS CHECK NOW OPEN



- Entrants must check results status online at [dvprogram.state.gov](https://dvprogram.state.gov)
- Entrants need application confirmation number, full name & DOB



- Entrants can enter confirmation information on the DOS website starting 4 May 2024
- Immigrant visa processing begins 1 October 2024 & must be completed by 30 Sept 2025



- Department of State may send reminder emails for DV program entrants to check status online
- DOS emails NEVER indicate entrant selection status



- ALWAYS seek reputable immigration legal advice
- Locate your local Irish center here: [bit.ly/3a6FkQL](https://bit.ly/3a6FkQL)



- Beware of scams & fraudulent companies trying to take advantage



- Follow @IrishCoalition for:
- Current, accurate & reliable immigration information
  - DV-2025 overall results announcement (summer)
  - Updates on DV-2026 opening

## CITY of BOSTON

### Free One Time Immigration Clinic —City of Boston

The City of Boston through the Mayor's Office for Immigrant Advancement offers free one-time immigration consultations on the **first and third Wednesday** of every month from **12 - 3 PM**. Consultations are by telephone. Due to high demand, you must register for an appointment beforehand. To register for an appointment with a volunteer lawyer, call [617-635-2980](tel:617-635-2980) or email [immigrantadvancement@boston.gov](mailto:immigrantadvancement@boston.gov).

Interpretation and disability accommodations are available.



# Immigration News

## ***Dates for the Legal Immigration Clinics held in collaboration with the RIAN Immigration Center at the Adams Street Branch of the Boston Public Library:***

***Thursday 6/27/24 1pm - 5pm***

***Wednesday 7/31/24 3pm - 7pm***

***Wednesday 8/28/24 3pm - 7pm***

Consultations are on a first come, first served basis. For questions, or to complete an intake form in advance of the clinic, call the RIAN Immigration Center at 617-984-6542.



Rian Immigrant Center and Boston Public Library  
**Free Immigration Legal Clinics**

### **Clinics are held monthly at the following times and locations:**

**Roslindale Library:** 1/18, 2/15, 3/21, 4/18, 5/16 from 3pm-7pm

**East Boston Library:** 1/25, 3/28, 5/23 from 3pm-7pm AND 2/16, 4/19, 6/21 from 10am-1pm

**Central Library in Copley Square:** 1/4, 2/1, 3/7, 4/4, 5/2 from 3pm-7pm

During our Immigration Legal Clinics, attorneys will meet with members of the community and provide immigration advice.

Attorneys cannot review or fill out immigration forms during the clinic.

Individuals eligible to apply for immigration benefits will be referred to the Rian Immigrant Center for case assistance.

Consultations will be provided on a first come, first serve basis. Attorneys will see as many people as they can before the clinic ends.

For questions, or to confirm the clinic is happening, please call the Rian Immigrant Center at (617) 984-6542

## **Changes to USCIS Filing Fees** (AILA Doc. No. 24022704.)

In early 2024, USCIS changed the filing fees for certain immigration and naturalization forms and also released new versions of several forms. According to USCIS, the new fees will help to cover more of its operating costs and support faster processing of new applications. These updated fees and forms will become effective on April 1, 2024. USCIS will accept prior editions of most forms during a grace period from April 1, 2024, through June 3, 2024. But, some of the new forms with revised fees will not have a grace period. For a full list of revised forms and fees, visit:

<https://www.uscis.gov/forms/filing-fees/frequently-asked-questions-on-the-uscis-fee-rule>.

### **Key updates you should be aware of:**

- USCIS will only accept applications or petitions with the new filing fees after April 1, 2024.
- A \$50 discount for filing an application online if online filing is available.
- Separate filing fees for work authorization and travel documents when filed with a green card application.
- New fee exemptions for certain categories, including Special Immigrant Juveniles, victims of human trafficking, U.S. military service members, and families pursuing international adoption.
- Expansion of a reduced fee for naturalization applications for individuals who can demonstrate their household income is less than or equal to 400% of the Federal Poverty Guidelines.
- Biometric fees will no longer be charged separately (except for TPS- and EOIR-filed applications).
- Fee discounts for nonprofit organizations, small business employers, and specific applicant groups.
- A new Asylum Program Fee payable by employers filing either a Form I-129, Form I-129CW, or Form I-140.
- A change to how fast USCIS must process premium processing applications from calendar days to business days.

*This flyer is intended for general information purposes only and does not constitute legal advice. You should not act or rely on any information in this flyer without seeking the advice of a competent, licensed immigration attorney.*

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THE IPC BOARD OF DIRECTORS

# CELTIC SCRIBE

## Lilacs

by Amy Lowell

Lilacs,

False blue,

White,

Purple,

Color of lilac,

Your great puffs of flowers

Are everywhere in this my New England.

Among your heart-shaped leaves

Orange orioles hop like music-box birds and sing

Their little weak soft songs;

In the crooks of your branches

The bright eyes of song sparrows sitting on spotted eggs

Peer restlessly through the light and shadow

Of all Springs.

Lilacs in dooryards

Holding quiet conversations with an early moon;

Lilacs watching a deserted house

Settling sideways into the grass of an old road;

Lilacs, wind-beaten, staggering under a lopsided shock of bloom

Above a cellar dug into a hill.

You are everywhere.

You were everywhere.

You tapped the window when the preacher preached his sermon,

And ran along the road beside the boy going to school.

You stood by the pasture-bars to give the cows good milking,

You persuaded the housewife that her dishpan was of



*Special thanks to the Charitable Irish Society for sharing this beautiful poem with us.*

silver.

And her husband an image of pure gold.

You flaunted the fragrance of your blossoms

Through the wide doors of Custom Houses—

You, and sandal-wood, and tea,

Charging the noses of quill-driving clerks

When a ship was in from China.

You called to them: "Goose-quill men, goose-quill men,

May is a month for flitting."

Until they writhed on their high stools

And wrote poetry on their letter-sheets behind the propped-up ledgers.

Paradoxical New England clerks,

Writing inventories in ledgers, reading the "Song of Solomon" at night,

So many verses before bed-time,

Because it was the Bible.

The dead fed you

Amid the slant stones of graveyards.

Pale ghosts who planted you

Came in the nighttime

And let their thin hair blow through your clustered stems.

You are of the green sea,

And of the stone hills which reach a long distance.

You are of elm-shaded streets with little shops where they sell kites and marbles,

You are of great parks where every one walks and nobody is at home.

You cover the blind sides of greenhouses

And lean over the top to say a hurry-word through the glass

To your friends, the grapes, inside.



# IPC Community Partners



Home to Irish Bread & Scones; Coffee & Tea;  
 Perfect For Cakes, Cookies and Bakes; Breakfast & Lunch Sandwiches, Hot Dinners  
**DAILY HOT LUNCH SPECIALS INCLUDE:**  
 Monday: Chicken Pot Pie, Shephard's Pie  
 Tuesday: Roast Turkey Breast, Stuffing, Gravy & Cranberry  
 Wednesday: Greenhills Baked Ham, Shephard's Pie  
 Thursday: Irish Boiled Dinner w/ Irish Boiled Bacon, Corned Beef, Cabbage,  
 Spuds, Veg & Homemade White Sauce  
 Friday: Chicken Pot Pie, Chicken Curry, Rice and Fish dinner  
 Saturday: Shephard's Pie, Full Irish Breakfast  
 Sunday: Full Irish Breakfast

**YALE**  
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Mon-Thu: 9-5  
 Fri: 9-4

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 617-265-5300**

# Community Calendar

## IPC Weekly Events Calendar

### Mondays:

Cara Club @ Veronica Smith Senior Center-1-3PM  
20 Chestnut Hill Ave  
Brighton, MA 02135

**Monday Night:** Social Work Clinic by 'Appointment.

### Tuesdays:

Young at Heart @ St. Jerome's New Parish Center 1-3pm  
Toddler Group 10am—12PM

"Le Cheile" Woman's Group @ IPC  
7:30-8:30PM

### Wednesdays:

Café Eireann @ IPC 11-1 PM  
540 Gallivan Blvd,  
Dorchester MA

Immigration Clinic . See Page 19 for details

### Thursdays:

Knitting Club @ IPC 11AM-1PM IPC  
Crossroads Café @ 1-3PM St. John's Chrysostom 4750 Washington St, West Roxbury, MA  
25 Cards 7:30pm

### Saturdays:

"Le Cheile" Here Together Sobriety Support Group 6PM

## MONTHLY EVENTS AT IPC

First Friday of the month—Fish and Chips supper Club

Monthly Sunday Sing a longs and Irish Traditional Music Sessions.  
Keep an eye on our monthly Calendar

*Special thanks to Ricard Archer, President of the Knights and Ladies of St Finbarr Cork Club, for compiling the Boston Irish Community monthly dance calendar. For additional info email Richard at richarda10@hotmail.com.*

## MAY 2024 IRISH EVENTS

### THE IRISH SOCIAL CLUB: 119 Park Street West Roxbury, MA

June 02: Erin's Melody with Margaret Dalton  
June 09: John Connors  
June 16: Black Velvet Band  
June 23: Mossie Coughlin  
June 30: Silver Spears

### THE IRISH CULTURAL CENTRE: 200 New Boston Rd, Canton MA

June 02: Monthly Mass & Breakfast 11AM  
June 03: Set dancing workshop with Cait Bracken 7PM  
June 07: Open Seisiun 6PM  
June 11: Senior Coffee 11-12PM  
June 13: "Sina Theil" in concert 7-9PM  
June 20: Easter Rising series by Marcus Howard 7PM  
June 28: ICC Golf Tournament  
June 29: Kids PMC fun run 9AM-12PM  
June 30: Town of Canton—Fireworks

Note: The regular weekly events will not change. Please call the ICC at 781-821-8291 for reservations and questions on any of the listed events.

### THE IRISH MUSIC CLUB OF GREATER BOSTON

June 01: Mossie Coughlin 7-10PM

### THE KNIGHTS AND LADIES OF ST. FINBARR - CORK CLUB

June 8: Tommy Byrne & Jerry Bailey. Dances at the knights of Columbus Hall, 15 Winslow St.

### THE NORWOOD IRISH MUSIC CLUB

No Dancing June-August

### COMHALTAS CEOLTOIRI EIREANN—REYNOLDS, HANAFIN, COOLEY BRANCH

June 02: CCE Monthly Ceili from 3- 7PM at the Canadian American Club 202 Arlington Street in Watertown.  
June 04: Weekly Set Dance work shop with the Harney's and Barbara Boyd from 7 - 9PM at the Canadian American Club.

### MISCELLANEOUS

June 07: Co. Sligo Assn. of Boston, 17th annual Golf Tournament at Brook Meadow Country Club. Shotgun start at 2.30 PM. For information call Noelle Quinn 617-548-7865.  
June 04: Fleadh Cheoil na h-Eireann will be held in Wexford Town, Co. Wexford on August 4-11, 2024

This listing is prepared as a public service by the Knights and Ladies of St. Finbarr - Cork Club. It is suggested that you confirm reservations and information with the club or organization involved. Thanks to the Boston City Paper and the Irish Pastoral Centre for their help and listing the info shown.

THIS PAGE IS SPONSORED BY JOHN JOE & BARBARA FLEOOING





## GAA GAMES RETURN TO THE IPC!! CALL IPC FOR WEEKLY SCHEDULES

# IPC June 2024 Calendar of Events

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<b>3</b> <b>Social work Clinic:</b> @IPC by appointment  <div style="background-color: red; color: white; padding: 5px; text-align: center;"> <b>Cara Club:</b>  <b>Exercise w/ Eileen Smith</b> </div>	<b>4</b> <b>Toddler Group:</b> 10am @IPC  <b>Ladies le Chéile Sobriety:</b> 7-8pm  <div style="background-color: orange; color: white; padding: 5px; text-align: center;"> <b>Young at Heart:</b>  <b>State Representative James M. Murphy</b> </div>	<b>5</b>   <div style="background-color: green; color: white; padding: 5px; text-align: center;"> <b>Café Éireann:</b>  <b>Right, Left, Centre</b> </div>	<b>6</b> <b>Knitting @IPC 11am</b> <b>J1 Orientation @IPC 3-5PM</b>  <div style="background-color: blue; color: white; padding: 5px; text-align: center;"> <b>Crossroads Café:</b>  <b>Exercise w/ Eileen Smith</b> </div>	<b>7</b>   
<b>10</b> <b>Social work Clinic:</b> @IPC by appointment  <div style="background-color: red; color: white; padding: 5px; text-align: center;"> <b>Cara Club:</b>  <b>Caregiving Advisor - BSH</b> </div>	<b>11</b> <b>Toddler Group:</b> 10am @IPC  <b>Ladies le Chéile Sobriety:</b> 7-8pm  <div style="background-color: orange; color: white; padding: 5px; text-align: center;"> <b>Young at Heart:</b>  <b>YOGA w/ Dierdre Kelly</b> </div>	<b>12</b>   <div style="background-color: green; color: white; padding: 5px; text-align: center;"> <b>Café Éireann:</b>  <b>YOGA w/ Dierdre Kelly</b> </div>	<b>13</b> <b>Knitting @IPC 11am</b>  <div style="background-color: blue; color: white; padding: 5px; text-align: center;"> <b>Crossroads Café:</b>  <b>Right, Left, Centre</b> </div>	<b>14</b>   Here Comes Everybody Players Bloomsday/Father's Day show @IPC 5PM
<b>17</b> <b>Social work Clinic:</b> @IPC by appointment only  <div style="background-color: red; color: white; padding: 5px; text-align: center;"> <b>Cara Club:</b>  <b>BINGO</b> </div>	<b>18</b> <b>Toddler Group:</b> 10am @IPC  <b>Ladies le Chéile Sobriety:</b> 7-8pm  <div style="background-color: orange; color: white; padding: 5px; text-align: center;"> <b>Young at Heart:</b>  <b>BINGO</b> </div>	<b>19</b>   <div style="background-color: green; color: white; padding: 5px; text-align: center;"> <b>Café Éireann:</b>  <b>BINGO</b> </div>	<b>20</b> <b>Knitting @IPC 11am</b>  <div style="background-color: blue; color: white; padding: 5px; text-align: center;"> <b>Crossroads Café:</b>  <b>BINGO</b> </div>	<b>21</b>   
<b>24</b> <b>Social work Clinic:</b> @IPC by appointment only  <div style="background-color: red; color: white; padding: 5px; text-align: center;"> <b>Cara Club:</b>  <b>PLANNED EVENT</b> </div>	<b>25</b> <b>Toddler Group:</b> 10am @IPC  <b>Ladies le Chéile Sobriety:</b> 7-8pm  <div style="background-color: orange; color: white; padding: 5px; text-align: center;"> <b>Young at Heart:</b>  <b>PLANNED EVENT</b> </div>	<b>26</b> <b>Bereavement Group (No sign up required)</b> 7-8:30PM  <div style="background-color: green; color: white; padding: 5px; text-align: center;"> <b>Café Éireann:</b>  <b>PLANNED EVENT</b> </div>	<b>27</b> <b>Knitting @IPC 11am</b>  <div style="background-color: blue; color: white; padding: 5px; text-align: center;"> <b>Crossroads Café:</b>  <b>PLANNED EVENT</b> </div>	<b>28</b>   
<div style="background-color: #e0f0e0; padding: 10px;"> <p style="text-align: center;"><b><u>JUNE SPECIAL EVENTS</u></b></p> <ul style="list-style-type: none"> <li>• <b>Sun. June 02:</b> Deer Island Memorial Mass 11AM</li> <li>• <b>Thurs. June 06:</b> J1 Orientation @IPC 3-5PM</li> <li>• <b>Fri. June 21:</b> "How America Helped Ireland's Fight for Freedom" History Lecture by Marcus Howard @IPC 7-9PM</li> <li>• <b>Sun. June 23rd</b> Trad session @IPC 3-5PM</li> </ul> </div>				<div style="background-color: yellow; padding: 10px; text-align: center;"> <h2 style="margin: 0;">LE CHÉILE SOBRIETY GROUP MEETS EVERY SAT, 6PM at the IPC</h2> </div>

- **Monday, 1-3pm, Cara Club:** Veronica Senior Center, 20 Chestnut Ave, Brighton MA, 02135
- **Tuesday, 1-3pm, Young at Heart:** St. Jerome's, 632 Bridge Street, Weymouth, MA, 02191
- **Wednesday, 11am-1pm, Café Éireann:** IPC, 540 Gallivan Blvd. (REAR), Dorchester, MA, 02124
- **Thursday, 1-3pm, Crossroads Café:** St. John Chrysostom, 4750 Washington St, West Roxbury, MA,

### GAA WEEKEND ARE HERE!!!

CALL IPC at 617-265-5300 for info on games that will be played at the centre or follow us on Facebook

## Sports News From Ireland

### Cork Defeat Limerick with Last-Gasp Win

**Cork 3-28 Limerick 3-26**

Supporters gathered at Páirc Uí Chaoimh for Munster Senior Hurling Championship match between Cork and Limerick. In an ding-dong game the Treaty men went ahead in the second-half of the game for the first time in the match but Cork were undeterred and continued to slot over scores with main-man Patrick Horgan scoring 1-10. Seamus Flanagan hammered home his third goal of the game to put Limerick ahead for the first time in the game, 3-22 to 2-23. The Rebels never gave up as Horgan got another free for his side to leave them only one-point behind after 70 minutes of play. Cork were awarded a penalty as Horgan put them in the lead to beat Limerick by two-points.



### Armagh Repeat heartbreak after Ulster final penalty shootout—Irishnews.com

*Donegal 0-20 Armagh 0-20 AET (Donegal win 6-5 on penalties)*

Donegal are Ulster champions for the eleventh time after a nerve-breaking penalty shoot-out win over Armagh in Clones. A gripping contest couldn't separate the teams, who were level nine times throughout. Sub Odhran Doherty rescued the day for Donegal with a superb score in the dying moments of extra time to earn penalties for the second ulster final in a row. Not even the first ten penalties could throw up a winner. Shaun Patton leapt to his right in front of the O'Duffy Terrace to save from Shane McPartlan and confirming Donegal as provincial kings.



### Nicole Turner and Dearbhaile Brady claim European medals in 50m freestyle—RTE.ie

Nicole Turner and Dearbhaile Brady both claimed medals in the 50m freestyle final at the 2024 European Para Swimming Championships in Madeira. In a race that went right down to the wire, Turner touched the wall at the same time as Swiss swimmer Nora Meister to claim joint gold for her second European medal this week and a first gold medal at a major championship. Team-mate Brady followed close behind to take bronze, her first ever major championship medal. "That was special and to do it as a joint was even more special," Turner said afterwards. "To be honest the 50 free I love it. It's an event that I really enjoy and I did really enjoy that race".



### Cadbury launches Free Soccer Camps for Women

The FAI Cadbury Kick Fit programme, a nationwide joint initiative between Cadbury and the FAI to drive participation in women's football, is now live for 2024. The Kick Fit programme was trialed last year and saw major success, with over 800 women across Ireland participating in the pilot programme. The 8-week programme will again offer a fun, non-competitive, social space for women to keep fit and meet new people. Each programme is managed by individual clubs and supported by FAI Development Officers and the FAI Women's Football Programme Coordinator.



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& PAT WALSH JR IN THEIR MEMORY



# LOCAL SPORTS



## USGAA Team Play Boston Select in Canton at the ICC

On Saturday, 11th May, Boston North East GAA Select (photographed top) played a challenge match against the USGAA Junior team (photographed bottom) at the Irish Cultural Centre in Canton. USGAA defeated Boston 4-12 to 1-14 in a great exhibition of Football by both sides. The next match for the Debut Junior team is in Boston on June 15th against Queens University, Belfast, before they head to Ireland in July for the All-Ireland Jr. Championship!



## Former Donegal Boston Players Celebrate Ulster Final Triumph

Donegal Boston extended their congratulations to the clubs former players: Ciaran Thompson, Stephen McMenamin, Jason McGee, Domhnall Mac Giolla Bhride, Caolan McColgan, Jim McGuinness, Colm McFadden & Shane O'Donnell (all pictured above) who became Ulster Champions after defeating Armagh in this years Ulster Football Final.



## Donegal Wins Pat O' Brien Cup

*Donegal Boston 2-8 McAnespie 1-7*

A pre season of Boston Gaelic football was wrapped up at the Irish Cultural Centre with Donegal winning the Pat O'Brien Cup against Aidan McAnespies GFC. Boston Northeastern Vice Chairperson Paul McDaid presented Donegal Boston Captain Sean Donnelly with the Pat O'Brien cup.



## Trinity Milton Spotted at Croke Park!

Trinity Milton GAA Club represented on the Club Wall at GAA HQ, Croke Park in Dublin. The club thanked to Nesson O'Donnell, a Day one player for the club back in 2009 who is photographed here with his Trinity Milton Jersey!

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OF BILL MCCOWAN



## Local Sports



### O'Toole, O'Rourke stay undefeated—The Irish Echo

Thomas O'Toole celebrates victory and his new title in Quincy. Thomas "The Kid" O'Toole scored a third round TKO over Russell Kimber at the packed Quincy Youth Arena in Quincy, Massachusetts, to capture the vacant Massachusetts light heavyweight title. The slick Galway southpaw hit Kimber with everything in his vast arsenal. He floored the brave Kimber twice in the second stanza and five more times in the third. Kimber showed heart, rising after each knockdown. The Galway native upped his record to 10-0 [7 KOs], while Kimber is now 2-2.



### Dublin Youth Players Visit Boston for Friendly Game

Great day for Boston's young Gaels as Boston GAA welcomed Man O'War GFC from North County Dublin to the Irish Cultural Centre for some very competitive games. It was an exhilarating afternoon of spirited and highly competitive football with vibrant support from the sidelines. Following the matches, our players presented a framed club Country Crest jersey, to Kevin Faherty of the Boston GAA Minor Board. This gesture was accompanied by speeches, including a few words from Ladies player Hannah Moore who acknowledging the significance of the occasion. Special recognition went to Robbie Croft, GDA, and Christina Staunton, Girls Development Officer, for orchestrating the games. Heartfelt gratitude was also expressed for Man O'War GFC chief tour organizer, Debbie O'Mahoney (who previously played with the Boston Shamrocks) for her tireless efforts in planning and executing the tour.

### VOLUNTEERS NEEDED

The Continental Youth Championship is in need of Volunteers for the CYC July 6th - July 15th. Please complete your availability below (check all that apply). Volunteer assignments will include but are not limited to: field marshals, parking, clean up, and more. We thank you for your support.

#### Volunteer Sign Up :

<https://docs.google.com/.../1FAIpQLScOEM4ifkx.../viewform...>

#### Medical Tent

<https://docs.google.com/.../1FAIpQLSe.../viewform>




# CYC VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS!  
WE NEED YOUR HELP!

We are looking for dedicated  
individuals to join us in making 2024  
CYC a success

July 6-10 Set up  
July 11-14 Tournament  
July 15 - Clean up

Contact :  
Angie Dowling 617 792 8857  
angoz99@hotmail.com  
Martine Morrisson 617 459 3531  
martinegoldrick@hotmail.com







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## Local Sports

### 3 Wolfhounds named on Freejacks independence Squad for Belfast Tour

The New England Freejacks have named 3 home grown Boston players for Belfast V Ulster at Kingspan Stadium on Thursday May 16th. Tomas McDonough AIC International, Chris Wallace Lindenwood University and Kevin Swanton Kutztown are all Boston Irish Wolfhounds veterans.



The team will take on Northern Island powerhouse, Ulster Academy, at the under 23 years of age level. This marks an historic occasion for the Free Jacks organization, embarking on the club's first ever international trip. It is an opportunity to return the favor to Ulster following their participation in the 2019 Cara Cup hosted by the Free Jacks in greater Boston, and continues the exponential growth of the Free Jacks Academy in providing further high-level opportunities for New England rugby athletes. The tour will also see the Independents attend a United Rugby Championship match with Ulster taking on Leinster in a big cross-border rivalry on May 18th.

## GAA QUIZ-2023 Gaelic Football Season

*Answers on Page 3*

1. Mayo lost just one game as they won Division 1 of the Allianz Football League. Which county beat them?
2. Who finished as the top scorer in the 2023 GAA All-Ireland Senior Football Championship?
3. Who scored the winning penalty for New York in their Connacht GAA quarter-final victory over Leitrim?
4. Who scored a dramatic winning goal for Monaghan in their Ulster SFC quarter-final against Tyrone?
5. Which county did Louth defeat in the Leinster GAA semi-final to reach their first provincial decider since 2010?
6. How many penalties did Derry goalkeeper Odhran Lynch save in their 2023 Ulster GAA Football Championship final penalty shootout victory over Armagh?
7. Mayo beat Galway by a point in their All-Ireland preliminary quarter-final at Pearse Stadium. How many points had Mayo trailed by at half-time?
8. How many goals did Colm Basquel score for Dublin in the 2023 championship?
9. Who refereed the All-Ireland semi-final between Derry and Kerry?
10. How many Kerry players scored in the All-Ireland final against Dublin?



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