

Irish Pastoral Centre Newsletter



“We are a Parish without Boundaries.”

Serving the Greater Boston Irish Community since 1987

IPC Official Opening and First Craft Fair

Special thanks to all who attended our Ribbon Cutting ceremony for our new home in Dorchester, We were so grateful to US Secretary of Labor Marty Walsh, our Vice Consul Shane Caffrey and to all the amazing kitchen volunteers and everyone that made such a fantastic day possible! *(More on page 4)*



Congratulations to our Bumblebee Knitting club and special thanks to IPC Board Member Della Costello (pictured here with Santa, a relative of IPC Board member Neil Hurley) who held an absolutely fabulous craft fair at the IPC on December 3rd! *(More on page 3)*



Nollaig Shona agus Aithéiliain faoi Oghaise Daoibh.
 In this season of giving, our thoughts turn gratefully to you with warm appreciation.
 Your support inspires us and is the cornerstone of our mission to “welcome the stranger among us”
 Go raibh Maith agaiobh
 May you be blessed with the spirit of Christmas,
 which is peace,
 The gladness of Christmas,
 which is hope,
 And the heart of Christmas,
 which is love.



Ard-Chonsalacht na hÉireann | Bostún
Consulate General of Ireland | Boston



Government of Ireland
Emigrant Support Programme



An Roinn Gnóthaí Eachtracha agus Trádála
Department of Foreign Affairs and Trade

IPC News Desk

Dear Friends

I cannot believe 2022 is coming to a close – what a great year it has been for the Pastoral Centre! It does seem like the older I get; the faster time passes! I wonder if you agree?



Like you, we are all looking back on this year with thanks to be connected once again. It's been great to see all of our programs up and running. We have had many events along with new programs, the move to our new home and above all, a lot of fun and new friendships.

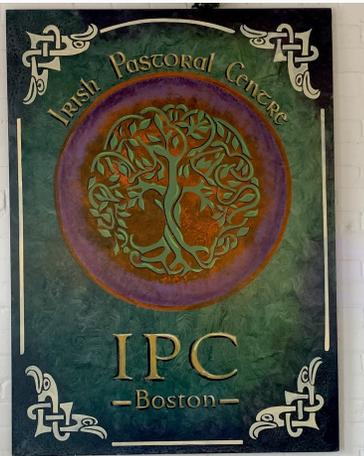
The end of the year for us here in the office sees time spent on our financial reports. So many of you give to us over and over again which means so much. This year we have had the most growth in small donations, and I just want to say that the collective total of these small gifts has allowed us to hire an additional part time Social worker. Always know that by giving a little, you are helping a lot!

Our offices will close at 4pm on Thursday December 2nd and we will re-open on Wednesday December 28th at 8am. We will be checking our phone messages throughout the holidays.

Be sure to join us for a traditional Irish Polar Plunge with the Boston Irish Dippers on Saint Stephen's Day (December 26th) at 12 noon on Wollaston beach. It should be great fun altogether! The proceeds will go toward further expansion of our Social work program.

Please mind each other over the holidays and enjoy yourselves. We all remember lost loved ones with sadness, fondness and love especially around Christmas time, and I hope that lovely memories will sustain you if you are grieving. In the New Year, Fr John McCarthy will begin a monthly bereavement support group and all are welcome. If you are interested in attending, be sure to call the office for more details.

From all of us to all of you, many thanks to all! Merry Christmas and Happy New Year.
Mind yourselves,
Mary



This Beautiful piece was gifted to us by the talented Vincent Crotty, a fabulous addition to the entrance of our new home!

IRISH ECHO 40 under 40: Matthew Caughey
Enormous congratulations to our Board Treasurer Matthew Caughey who will be honored in New York in February as an Irish Echo Top 40 under 40 Awardee. The Irish Echo's 40 Under 40 is a celebration of Irish and Irish Americans from every walk of life and from every part of the nation who have distinguished themselves in their respective fields of work before reaching the age of forty. Congratulations Matthew!!!!



	<p>16th Annual Awards 24 February 2023 Manhattan Manor, 201 W 52nd Street, New York, NY #OptionsIrish40</p>	<p>Guest Speaker Congressman Jamaal Bowman</p>
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DO YOU KNOW SOMEONE WHO WOULD LIKE THE IPC NEWSLETTER?
Call 617-265-5300 or email aocarroll@ipcboston.org to sign up to our mailing list.

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IPC News Desk

IPC First Annual Craft Fair

Thanks to our amazing Bumblebee Knitting club and IPC Board Member Della Costello, who hosted our First Annual Christmas Craft Fair! The knitting club worked very hard to create a collection of impressive pieces that were sold, including blankets, hats and scarves. All proceeds were donated to the IPC. Special guest Santa Claus, stopped by to say hello to all the children as they shopped. We were very impressed with all the vendors who sold items of an incredible variety. Overall, this was a great festive afternoon complete with an exciting raffle that had a range of prizes from local businesses and some of our own talented crafters. Thank you to everyone who supported the Fair. A Big thank you to Della, the Bumble Bee knitters, and all the volunteers who made the day such a success.



On the left: IPC Knitting Club's Nora O'Donoghue showcasing the fabulous pieces created by the talented 'Bumble Bees'



Welcome Back Mary O'Riordan!
We were delighted to welcome back our great friend and knitter extraordinaire! Mary and her daughter arrived at our craft fair to our great surprise and delight!



Birthday Celebrations!
Senior Coffee Group member Evelyn Dunne celebrated her 90th birthday with us in Dorchester. Happy Birthday Evelyn!



Thank you to all the volunteers who served food at our official opening, they were ready to jump into action and ensure everything ran seamlessly.

Christmas Cooking Boston Bakeology

Special thanks to Andrea Feeney for holding a fantastic Christmas Cooking Class! We enjoyed making delicious appetizers and desserts and we look forward welcoming Boston Bakeology back in the Spring



Sports Quiz Answers:

1. Kieran McGuckin, 2. Colm O'Neill, 3. Kerry, 4. Meath, in 1987 and 1988, 5. Tomás Mulcahy, 6. Fifteen, 7. John Fitzgibbon, 8. Roscommon, 9. Gerald McCarthy, 10. Shea Fahy



IPC Ribbon Cutting Ceremony



Excerpt by Jacqueline Tetrault at The Pilot
The Irish Pastoral Center has moved to new premises at Adams Corner, but its dedicated staff maintains the same mission since its founding in 1987, preserving Irish heritage and serving Boston's immigrant community.

President Ed Flynn, and former State Representative Gene O'Flaherty. Shane Caffrey, vice consul for the Consulate General of Ireland, and Marty Walsh, former Boston mayor and current U.S. Secretary Of Labor, addressed a crowd who came to celebrate.

Speaking to The Pilot on Nov. 29, Swanton said that the Consulate General of Ireland is one of the center's primary donors, providing about 40 percent of their operations budget each year. "They're extremely supportive of our mission, and that is maintaining the continued presence of Ireland in Boston, and being a great resource for anyone who shares an interest in our heritage. So having Shane (Caffrey) there was extremely important for us, because we were honoring him with our gratitude for all they've done for us," Swanton said. In his remarks, Caffrey said the Irish government and consulate are proud to be associated with the Irish Pastoral Center, which he called "a lamp guiding those in need of a sanctuary."

"It's a safe place. It's a home. It's a refuge. It's a support, and it's a community, above all else, for everybody here," Caffrey said.

Mary Swanton, the center's executive director, explained that the new space, in an office building just a short distance away, is located on the ground floor near a parking lot, making it more easily accessible to visitors. Local community contractors donated their time and resources to build the new center. "It was a massive effort, on behalf of the community," Swanton said. She added that the new location makes them more visible to the community and has allowed them to expand their programs. They have doubled their capacity, increasing their staff from four to 11 people, and added many new events and initiatives to their already diverse range of programs.

Notable guests at the reopening included Boston City Councilor At-Large Erin Murphy, City Council

Below photos by Eamonn Grelish



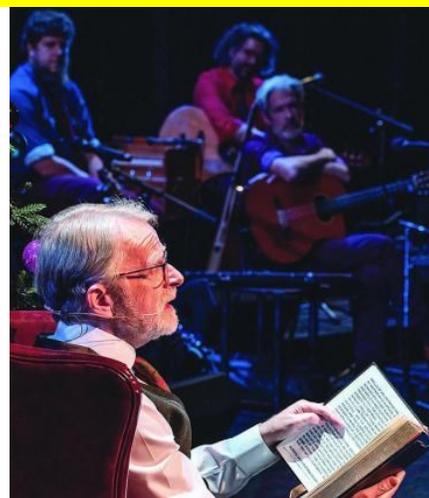
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IPC Community News

Christmas Celtic Sojourn' Celebrates 20 years

sourced from *BostonIrish.com*

2022 marked the 20th anniversary of the "A Christmas Celtic Sojourn" which features music, dance, and storytelling from Irish and other traditions. There was an unavoidable poignancy to the production this year as the show's creator and host, long-time WGBH broadcaster Brian O'Donovan, revealed he has glioblastoma, an aggressive form of brain cancer. He remained involved heavily in the production, including on stage, introducing and interacting with various performers, reading holiday-themed poetry and prose, and encouraging the audience to get into the spirit of things. "This is our 20th anniversary; that is a big deal and something very much worth celebrating. But 'A Christmas Celtic Sojourn' is very much a family show, one that brings us together during a special time of year and allows us to think about our lives – the joys and pleasures, certainly, and also the challenges we face." said O'Donovan. All of us at the IPC send our best wishes to Brian and all his family.



The Norwood Irish Music Club dance with Over 80 people dancing and enjoying the music by Mossie.



The Irish Cultural Centre held their Annual Christmas Party in Canton. A great family day spent to keep Christmas Spirits high with food, raffles and a special visit from Mr. & Mrs. Claus!!



Irish Social Club in Boston Announces 2023 Officers and Trustees



Officers

- President:** Richard Gormley
- 1st Vice President:** Sean Staunton
- 2nd Vice President:** Patrick "PJ" Broderick
- Treasurer:** Joanne Conneely
- Recording Secretary:** Kendra McCarthy Daly
- Membership Secretary:** Eileen Eietzl
- Corresponding Secretary:** Jonathan Cullen
- Sentinel:** Brian O'Connell
- Sergeant-at-Arms:** Dennis Roache

Trustees

- Carol-Ann Collins
- Robert Corley
- Ken Daly
- Mary Hern
- Teresa Kelly
- Mary Margaret McGovern
- Patrick "Doc" Walsh
- Chaplain**
- Father Brendan Darcy, SMA



News From Our Senior Outreach

West Roxbury Group Visits the IPC

Our West Roxbury Coffee Group had lunch and refreshments at our new building at the beginning of December. We were delighted that they were able to see the new space and sparked Christmas Spirits with a few Christmas Carols led by Fr. Dan Finn. Come join Crossroads Café who meet every Thursday at Saint Johns Chrysostom from 1-3pm. All welcome!



Christmas Comes Early!

This month, we held Christmas sing long week for all our weekly coffee groups in Brighton, Weymouth, Dorchester and West Roxbury! It was a fantastic week of music with special guests including Elvis Presley, Johnny Cash and Mossie Coughlin. We were so grateful to be able to spark Christmas spirits through music with these fun festive events!



DECEMBER Birthdays

Chris Sheilds	Kathleen Keady
Mary Prior	Rita Grady
Maureen Meaney	Kay Gannon
Kathy Mckenna	Barbara Flaherty
Ann McKeeney	Sally Feeney
Norah Mahon	Mary Fenton
Patrick Mahon	Evelyn Dunne
Kathleen Lahy	Christina Duffy
	Noelle Cryts



PLEASE REMEMBER ALL SENIOR COFFEE GROUPS WILL RESUME ON JAN 9th 2023. FOR SAFETY REASONS, EACH WEEK WILL BE WEATHER PERMITTING.

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THE IRELAND FUNDS AMERICA

Fr. Dan's Page



The Origin of the “Twelve days of Christmas”

You're all familiar with the Christmas song, “The Twelve Days of Christmas” I think. To most it's a delightful nonsense rhyme set to music but it had a serious purpose when it was written. The “Twelve Days of Christmas” is a good deal more than just a repetitious melody with pretty phrases and a list of strange gifts. During the period 1558 to 1829, when parliament finally emancipated Catholics in Ireland and England, we were prohibited from ANY practice of their faith by law-private OR public. It was a crime to BE a Catholic.

The “Twelve Days of Christmas” was written in England as one of the “catechism songs” to help young Catholics learn the tenets of their faith—a memory aid, when to be caught with anything in *writing* indicating adherence to the Catholic faith could not only get you imprisoned, it could get you hanged or shortened by a head! The Songs gifts are a hidden meanings to the teachings of the faith. The “true love” mentioned in the song doesn't refer to an earthly suitor, it refers to God. The “me” who receives the presents refers to every baptized person. The Partridge in a pear tree is Jesus Christ, the Son of God.

A New Year Blessing Especially for You, Jenny



*May the road you walk be a smooth one,
May your troubles be few — if any,
May the days and years that lie ahead
Be healthy, happy, and merry,
May you have friends in abundance,
May the sun shine bright around you.
May the world be a wonderful place to live,
And may God's love always surround you.*



Christ is symbolically represented as a **mother partridge**.

2 Turtle Doves: The Old and New Testament

3 French Hens: Faith, Hope and Charity, the Theological Virtues.

4 Calling Birds: The Four Gospels and/or Four Evangelists

5 Golden Rings: The first Five books of the Old Testament, the “Pentateuch”, which gives the history of a mans fall from grace.

6 Geese a-Laying: 6 days of Creation

7 Swans a- Swimming: the seven gifts from the Holy Spirit, the seven sacraments.

8 Maids a Milking: the eight beatitudes

9 Ladies Dancing: The nine Fruits of the Holy Spirit.

10 Lords a-Leaping: The Ten Commandments.

11 Pipers Piping: The Eleven Faithful Apostles.

12 Drummers Drumming: the twelve points of doctrine in the Apostle's Creed.

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News From Ireland

Enterprise Program for Gaeltacht Students Launched in Connemara

A student enterprise program for Transition Year students in Gaeltacht areas was launched at Coláiste Cholmcille in Connemara. Clár na gComhlachtaí, provided by Údarás na Gaeltachta encourages budding entrepreneurs to develop their own mini-enterprises and compete in a national final. It is hope that the program will teach them skills which will enable them to stay in Gaeltacht areas or return to the Gaeltacht in the future. Minister for State for Sport and the Gaeltacht Jack Chambers noted that the program allows second-level pupils in the Gaeltacht to learn the basic principles of enterprise in an way that is both enjoyable and challenging.



Irish Film Receives 8 Nominations for The Golden Globes

The Banshees of Inisherin has received eight nominations for the Golden Globe awards. The film is set near the end Irish Civil War in 1923, on the fictional Irish isle of Inisherin, folk musician Colm Doherty abruptly begins ignoring his long-time friend and drinking buddy Pádraic Súilleabháin. Irish actors Kerry Condon, Colin Farrell, Brendan Gleeson, Domhnall Gleeson and Barry Keoghan, and *The Banshees of Inisherin* writer-director Martin McDonagh are among the nominees for the 2023 Golden Globe Awards in the US. London Irish filmmaker McDonagh is shortlisted for Best Director and Best Screenplay among his black comedy's nominations haul.



350 million year old fossils Discovered by Scientists in Galway

A team of scientists at University of Galway have discovered a remarkably well-preserved group of fossil sea urchins on a limestone slab in Co. Wexford. The fascinating discovery was first made by Dr Nidia Álvarez Armada when she was surveying the geology at Hook Head for her undergraduate thesis at University of Galway. Over 200 complete fossil sea urchins are preserved in exquisite detail on the slab, in an area of just 1m². The limestone layer containing the fossils was in danger of being lost to coastal erosion, so the scientific team saved the slab by successfully removing and entrusted it to the National Museum of Ireland for conservation and further study. All of the sea urchins have their spines still attached, and they apparently died together on the seafloor almost 350 million years ago – a dramatic moment now frozen in time on the rock surface on the coast of south-east Ireland. The fossil find could reveal important information about the nature of seafloor communities during the Carboniferous, a time period that occurred long before dinosaurs ever walked on land.



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Community Spotlight: Meet Peter McDonagh



Rynn, Carraroe, Co. Galway

By Richard Archer

Peter, is a gentleman born in a little town of Rynn, Carraroe, Co. Galway. There were five in his family with his Mom and Dad. His Father died when Peter was just seven years of age. Peter has just one sibling left who lives in Gort, Co. Galway.

He spent time working at Bord Na Mona in Galway but then decided to move to England for work at the age of seventeen. There he got a job in construction, where he worked for about four years before deciding to emigrate to the United States. When he arrived in the Boston area, he stayed with his Aunt Ann and landed his first job at Star Market where he worked for two years. He then got a job in the Railroads, and having worked for thirty-nine years there, he spent the next twenty three years with the Boston Housing Authority.

Peter was always working and he loved to dance on the weekends. He met the love of his life at one of the dances he attended and this was his only love and never looked at another. He knew she was the one and they were married in the 1960's. Like many emigrants he and his wife moved from South Boston to Dorchester and before staying in Braintree. They had eight children and now have many grand children who love him dearly.

After he retired, his wife was diagnosed with Alzheimer's and Peter took care of her for seventeen years. He had previously purchased a house in West Dennis in the Cape so he often visited the Irish Village with his wife and family. After taking care of his wife, bringing her to all the dances which she loved, she passed away. He has said that she was the only person that he ever wanted and considers himself so lucky to have such a wonderful wife. Peter continues to live in Braintree and enjoy the house on the Cape during the summer months.

Peter loves the Irish clubs, is a member of most in the Boston area and is one of the first on the floor when the music starts. Everybody loves Peter. He is one of the finest gentlemen, a gentle soul. His family recently had a 90th birthday party at the Irish Social Club and the Knights and Ladies of St. Finbarr - Cork club honored Peter with their annual "Man of the Year Award". He never forgets where he came from and he appreciates all the friends he has and the clubs he attends. As Peter says, "God has been good to me and my family". Peter say's, We were loved and brought up "poor", but, were brought up right". All wish Peter many more years of dancing, enjoyment and love from an adoring family.



IPC NEWSLETTER COMMUNITY SPOTLIGHT

*Please contact Amy O'Carroll by emailing aocaroll@ipcboseon.org or calling 617-265-5300 x 2.
If you or someone you know would like to be featured.*

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In Loving Memory

We remember those in our community who have recently passed away. Our thoughts and prayers and with all the bereaved families, and we hope that in time lovely memories will surround them.

Eternal rest grant unto them oh lord, and let your perpetual light shine upon them.

May they Rest in Peace and Rise in Glory

November 16, 2022, Elizabeth (O'Malley) Lally, Brookline, Co. Mayo

November 19, 2022, Elizabeth (Lily) (Scollan) Hartigan, West Roxbury, Co Leitrim

November 19, 2022, Michael O'Sullivan, Dorchester, Co.Kerry

November 23, 2022, Bridget A (Egan) Joyce, Waltham, Co. Galway

November 29, 2022, Lawrence H. Guerin Jr., Co, Newton, Wexford

December 1, 2022, Eileen M. (Berney) Fagan, Wellesley Hills, Co. Kildare

December 2, 2022, Tara M. O'Brien, Norwood, Co. Cavan

December 8, 2022, Vivienne Lynch McDaid, Co. Donegal





MY FIRST CHRISTMAS IN HEAVEN

I SEE THE COUNTLESS CHRISTMAS TREES AROUND THE WORLD BELOW,
WITH TINY LIGHTS, LIKE HEAVEN'S STARS, REFLECTING ON THE SNOW.
THE SIGHT IS SO SPECTACULAR, PLEASE WIPE AWAY THAT TEAR,
FOR I AM SPENDING CHRISTMAS WITH JESUS CHRIST THIS YEAR.

I HEAR THE MANY CHRISTMAS SONGS THAT PEOPLE HOLD SO DEAR,
BUT THE SOUNDS OF MUSIC CAN'T COMPARE WITH THE CHRISTMAS CHOIR
UP HERE.

I HAVE NO WORDS TO TELL YOU, THE JOY THEIR VOICES BRING,
FOR IT IS BEYOND DESCRIPTION, TO HEAR THE ANGELS SING.

I KNOW HOW MUCH YOU MISS ME. I SEE THE PAIN INSIDE YOUR HEART,
BUT I AM NOT SO FAR AWAY. WE REALLY AREN'T APART.
SO BE HAPPY FOR ME DEAR ONES. YOU KNOW I HOLD YOU DEAR,
AND BE GLAD I'M SPENDING CHRISTMAS,
WITH JESUS CHRIST THIS YEAR.

I SEND YOU EACH A SPECIAL GIFT, FROM MY HEAVENLY HOME ABOVE.
I SEND YOU EACH A MEMORY OF, MY UNDYING LOVE.
AFTER ALL "LOVE" IS THE GIFT, MORE PRECIOUS THAN PURE GOLD.
IT WAS ALWAYS MOST IMPORTANT IN THE STORIES JESUS TOLD.

PLEASE LOVE AND KEEP EACH OTHER, AS MY FATHER SAID TO DO,
FOR I CAN'T COUNT THE BLESSING OR LOVE HE HAS FOR EACH OF YOU.
SO HAVE A MERRY CHRISTMAS AND WIPE AWAY THAT TEAR,

REMEMBER, I'M SPENDING CHRISTMAS, WITH JESUS CHRIST THIS YEAR.

AUTHOR UNKNOWN



Irish soldier killed on U.N. peacekeeping mission in Lebanon.

Private Seán Rooney, a member of the 27 Infantry Battalion and a native of Newtwnocunningham, Co Donegal lost his life while on duty as a peacekeeper in Lebanon. In a statement, President Higgins said it was with the "deepest sorrow" that he learned of the death of 24-year-old. "As a people, we take great pride in our unbroken record of peacekeeping with the Unite Nations. However, we must never forget the dangers that come with this work, or how the members of our Defence Forces serving on peacekeeping missions abroad risk their lives every day in order to build and maintain peace in conflict zones across the world."



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Fadó Fadó - Long Ago in Ireland

10 Facts about the Formation of the Irish Free State

Source: <https://www.irelandxo.com/>

This year, on December 6, 1922, marked the 100th anniversary of the formation of the Irish Free State. There was no national event to mark the day largely due to its role in continuing the Irish Civil War and that 6 counties remained partitioned. The signing of the treaty in 1921 led to Éamon de Valera resigning and splitting of the IRA; as the majority of members opposed the treaty and the formation of a provisional government. A deadly civil war followed, claiming almost 1,000 lives, including Michael Collins. William Thomas Cosgrave succeeded him, and later became the 1st President of the Irish Free State.

Fact #1: Ireland had been under foreign control since the Norman Invasion of the 12th century, marking the beginning of more than 800 years of English political and military involvement in Ireland.

Fact #2 The Anglo - Irish Treaty negotiated and signed exactly a year earlier in December 1921 gave way to the formation of the Irish Free State. The Treaty was signed by British Prime Minister David Lloyd George and by representatives of the Irish Republic including Michael Collins and Arthur Griffith.

Fact #3 The signing of the treaty marked the beginning of the Irish Civil War (28 June 1922 – 24 May 1923) which was eventually won by the pro-treaty side.

Fact #4 There were three key components of the new constitution fiercely opposed - (1)The status of Ireland as a dominion of the Empire - (2)The Oath of allegiance to the Monarch of England for Irish TD's (elected Irish government officials). This was subsequently removed in 1932. (3)Role of the King in approving Irish Law.

Fact #5 Ireland's first few days as a free state were bloody ones - Four republican prisoners were executed for the murder of pro-treaty TD Sean Hales. Rory O'Connor, Liam Mellows, Richard Barrett, and Joseph McKelvey were summarily shot without trial on the morning of December 8th, 1922. This shocking act caused the Labour leader Tom Johnson, who was also the leader of the opposition, to tell the government that it had almost "killed the State at its birth".



Fact #6 For 24 hours, on December 6th, 1922 Ireland was both united and independent. The Parliament of Northern Ireland voted to opt out of the Free State and return itself to the United Kingdom

Fact #7 Irish writer James Joyce captured the mood of the nation when he described the atmosphere as "a nightmare from which I am trying to awake"

Fact #8 The first ever Irish stamp design marked the new State. Prior to the Irish Free State, British stamps were used in Ireland. From early 1922, the words, "Rialtas Sealadach na hÉireann 1922" (Provisional Government of Ireland 1922) or "Saorstát Éireann 1922", were printed over English stamps to indicate an independent Irish postal system. Control of the Postal system transferred from British to Irish authorities on March 31st, 1922.

Fact #9 There were two Great Seals used depending on the class of official documents signed by the Governor General, The internal seal for domestic law and the external seal used for documents signed by the British King. A new seal for documents signed by the President of Ireland replaced the internal seal in 1937 when the Constitution of Ireland came into force. It replaced the external seal in 1949 when the Republic of Ireland Act came into force.

Fact #10 December 6th is also the day Finland declared independence (1917) and is an annual holiday there celebrated with elaborate festivities.

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A Moment to Mind Yourself

By Gina Gallagher

Are you thinking about quitting smoking, vaping, or becoming tobacco free in 2023? When making changes in our lives, whether it's quitting a substance or behavior, starting an exercise program, or losing weight for example, people typically go through several stages in their readiness to make these changes. Whether you're not motivated to quit but family or loved ones are putting pressure on you for medical or financial reasons, or you're thinking about quitting sometime in the future or you're ready to set a quit date soon, I'm available to provide support and coaching to help you on your journey.

Having worked at the Massachusetts Smokers' Helpline as a tobacco treatment specialist for nearly 10 years, I saw firsthand how providing evidence-based guidance and support helped people quit smoking. Studies show that you can double your chances of quitting tobacco using a combination of nicotine replacement therapy (NRT) or other quit smoking medications along with intensive support such as telephone coaching to help address triggers. You are the expert on your situation and the approach I use is a collaborative partnership where we work together to identify your physical, psychological, and social/environmental cues and triggers, creating a specific plan to help address these areas.

Physical triggers such as cravings, insomnia, and irritability can be managed using nicotine replacement such as the patch, and/or gum or lozenge or other quit smoking medications. It's important to review how to use these correctly and/or how to minimize any potential side effects.

Psychological and environmental triggers such as stress, anxiety, worry about weight gain or being around other smokers can be addressed using practical

and effective cognitive and behavioral strategies. An example of a cognitive strategy (changing thinking around smoking) would be: Prepare for situations that might arise by envisioning how best to handle them. For example, imagine what would happen if offered a cigarette by a friend—mentally develop and rehearse a response, and perhaps even practice it by saying it aloud.

An example of a behavioral strategy (specific actions to reduce likelihood of smoking): Anticipate routines associated with tobacco use and develop an alternative plan. Examples:

MORNING COFFEE: change morning routine, drink tea instead of coffee, take shower before drinking coffee, take a brisk walk shortly after awakening.

WHILE DRIVING: remove all tobacco from car, have car interior detailed, listen to a book on tape or talk radio, use oral substitute.

WHILE ON THE PHONE: stand while talking, limit call duration, change phone location, keep hands occupied by doodling or sketching.

AFTER MEALS: get up and immediately do dishes or take a brisk walk after eating, call supportive friend.

Lastly, quitting smoking is a process which can take time and multiple attempts. I encourage you to think of setbacks as opportunities for learning, not failures. Keep going, keep trying, it's worth it!

To schedule a 30–60-minute exploratory phone or video call, you can reach Gina at 857-303-9879 or



IPC SOCIAL WORK UPDATE

Appointments can be made for Monday evenings between 6.00 pm and 8.00 pm.

Please reach out to Maryann at the IPC if you would like an appointment to meet with our

Social worker:

Danielle Owen, LICSW LADC-I

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News From Celtic Angels

5 Signs Your Senior Loved One Is Ready for In-home Health Care

By Maria Burke, RN, Owner, Celtic Angels Home Health Care

It's never easy to think of our loved ones declining. But quickly getting assistance for your loved one will help him or her live as long and happy a life as possible. Here are five signs your beloved senior is ready for home health care.

1. Changes in Dress and Hygiene

Is your once-stylish senior loved one now spending the day in sweatpants or pajamas? Or have you noticed that he or she goes outdoors without a coat when it's cold? Have they stopped shaving or brushing their hair? Or perhaps they aren't bathing as often as they should. Changes in the way seniors dress and care for themselves could be a sign that they need in-home health care. For example, wearing clothes that are inappropriate for the weather could signal the start of dementia. And a sudden change in style or hygiene could be a sign of physical problems or fears of falling.

2. A Messy House

If your loved one suddenly stops doing housework, it could be a sign that it's time for in-home health care. A clean, safe environment is essential to living well as we age. So, if your senior loved one is no longer able to manage on their own, you'll want to begin investigating proper and quality home care assistance. Dishes piling up, laundry going undone, clutter taking over the home, and safety hazards like loose cords are all signs your beloved senior is most likely ready for in-home health care.

3. Giving Up Social Activities

Has your senior loved one always been a social butterfly in the past? But now, they've stopped going to bridge club, don't meet up with their friends, and rarely call family members? These are signs your beloved senior is changing and requires attention to their physical and mental health and well-being. Losing interest in social activities could be a sign of depression. But it's also possible your loved one can no longer manage getting to and from activities. You'll want to check

whether they are still safely able to drive or are they are maybe experiencing financial pressures.

4. Confusion

Does your senior loved one tell the same story over and over? Do they forget to take their medicine? Have they forgotten food on the stove until it burned? Or do they get lost in familiar places and forget familiar people? If so, it may be time for in-home health care. Confusion may signal the beginning of serious problems like dementia or Alzheimer's disease. And forgetting to take medicine, pay bills, or turn off the stove are all serious safety risks, as is getting lost in familiar places. If you notice these signs, seek help for your senior loved one.

5. Physical Challenges

As we age, it's natural to develop some physical challenges. And it can sometimes be hard for families to know when those challenges signal the need for in-home health care. If your loved one is struggling with balance, has difficulty climbing stairs, has fallen, or experiences pain when sitting or standing too long, he or she may be ready for Certified Nursing Assistant or Home Health Aide. Losing or gaining weight can also be a sign your loved one is experiencing health problems or struggling with self-care. If you are worried that your senior loved one is no longer safe living at home without assistance, make an appointment to speak with his or her doctor and discuss your concerns. Remember, when the need for home health arises, we are always ready to help. Contact us today to learn more.



Maria Burke, RN



Celtic Angels Home Health Care

OUR CLIENTS LOVE US!

"Your CNA Kelly takes care of my every need. I'm in excellent hands."
- Truly, Susan C.



Hi, I'm Milo.
The Celtic Angels Home Health Care Mascot.

www.celticangelsinc.com • 781-331-0062

News from the Irish Consulate

A Message From Consul General Laoise Moore

December 2022

Dear Friends,
Above all, I am grateful that we were able to gather again in person in 2022.

This year, visitors from Ireland include Minister for Education, Norma Foley TD for the first in-person St. Patrick's Day celebration in 3 years; Minister for Foreign Affairs and Minister for Defence, Simon Coveney TD in April; and members of the Irish Naval Service on board the L.É. James Joyce, to Boston and Portland, Maine in September. We were also delighted to host Ambassador Dan Mulhall again in June, and to welcome his successor, Ambassador Geraldine Byrne Nason, in September.

The team at the Consulate had the privilege of attending so many of the wonderful events hosted by the Irish community throughout New England. And we were delighted to welcome friends back into the Consulate for events. Some images from this month's First Friday are captured below. We look forward to more events in the coming months.

This year we also said goodbye to some dear friends – most notably Dr. Bob Mauro of Boston College, who has over the years sought to build strong ties between Ireland and Boston. He will be greatly missed.

Wishing you and your loved ones a very happy Christmas and holiday season, and a healthy new year.

Sincerely,
Laoise Moore

Community Event



Boston Irish Dippers

Polar Plunge

In aid of the

The Irish Pastoral Centre

Stephen's Day, Dec 26.

**12 PM | Wollaston Beach
(between the yacht clubs)**

Come join the Boston Irish Dippers as they plunge in aid of the Irish Pastoral Centre's Health & Wellness Program.

Swimming not required. Hot Chocolate will be provided.
Follow Boston Irish Dippers on Facebook to keep up to date on their weekly sea swims!



Donate here!

ANSCO LE CHEILE - HERE TOGETHER

Upcoming Events

Le Cheile Sobriety Support Program

ANSEO LE CHEILE - HERE TOGETHER



The IPC holds Sobriety Support meetings twice per week.
 On Tuesdays at 7-8 PM is our "Ladies Le Cheile" group, which is by women-for women.
 On Saturdays is our "Le Cheile" meeting at 6PM where all are welcome.



First Friday Fish & Chips Night!

JOIN US ON THE FIRST FRIDAY OF EVERY MONTH FOR FRESH FISH AND CHIPS !

ADVANCED REGISTRATION IS REQUIRED.
CONTACT JEN: 617-265-5300

540 Gallivan Boulevard (Rear),
Dorchester, MA

FEB 3rd!!!

Toddler Tuesdays

10AM-12PM

Resumes Jan 10th

Tea and coffee provided. This is a great opportunity for bonding with your child, as well as meeting and socializing with other families in a relaxed Freeplay environment.

Irish Pastoral Centre
IPC -Boston-
540 Gallivan Blvd, Unit Rear,
Dorchester, MA 02124

IPC mBostún Ciorcal Comhrá

FEBRUARY 1st from 6pm!

The IPC mBostún Ciorcal Comhrá, held on the first Wednesday of each month at 6 PM is an informal get-together, and a great way to meet and mingle with other Gaeilgeoirí in the Boston area.

All are welcome regardless of if you have the "cúpla focal" or if you're fluent!

Irish Pastoral Centre
IPC -Boston-
540 Gallivan Blvd, (Rear),
Dorchester, MA 02124

This sponsored page is a birthday gift for Sally O' Connor from her son Brian

Upcoming Events



The IPC and Shine Program Monthly Individual Appointments!

SHINE (Serving the Health Insurance Needs of Everyone) is a program that provides free health insurance information, counseling and assistance with Medicare.

Tuesday
Jan 24, 2023
10am-1pm

Monday
Feb 13, 2023
10am-1pm

Call 617-265-5300 to schedule your appointment.

📍 540 Gallivan Boulevard (Rear), Dorchester, MA

SHINE (Serving the Health Insurance Needs of Everyone) is a program that provides free health insurance information and counseling to Massachusetts residents with Medicare. Massachusetts residents who have Medicare or are about to be eligible for Medicare can meet with a SHINE Counselor and receive information on benefits and options that address their individual needs. SHINE also helps older adults and individuals with disabilities in understanding their Medicare and MassHealth benefits, including Medicare Part A, Part B, and Part D; Medigap insurance, Medicare advantage, prescription drug programs, and other programs.



IRISH 25s CARD NIGHT

The Irish Pastoral Centre is delighted to announce the return of our IPC Cards Night. Games will be held on Thursdays from 8PM-10PM in our community room.



Irish Pastoral Centre,
540 Gallivan Blvd, Unit Rear,
Dorchester, MA 02124

ANSEO LE CHEILE - HERE TOGETHER



Our Popular Knitting Club is back!

Beginner or Expert, all are welcome!

Every Thursday 11am-1pm

📍 540 Gallivan Boulevard (Rear), Dorchester, MA

IPC Senior Programs



The IPC hosts weekly coffee groups in Brighton, West Roxbury, and Dorchester, and we are delighted to announce our fourth coffee group... Young at Heart in Weymouth!

SCHEDULE:

Mondays: Cara Club in Brighton 1-3PM

Tuesdays: Young at Heart in Weymouth (beginning 10/11) 1-3PM

Wednesdays: Café Eireann in Dorchester 10AM-12PM

Thursdays: Crossroads Café in West Roxbury. 1-3PM

THIS PAGE IS SPONSORED BY



Celtic Scribe



Stirrings

by Máire Malone

Mid December and the stirrings of excitement
 Hang lightly on the air
 Trees pirouetting towards a grey-white sky
 Strings of multicoloured lights that rainbow streets
 Flash spirits back to childhood Christmas Eves
 When front room windows shimmered in the faith
 Of those who still believed in Santa Claus and God.

Mid November, and the pantry groaned
 With raisins, sultanas, currants
 Our eyes as big as cherries glowed on baking day
 Mum fluffed the marge and sugar into quiffs
 When she turned to check the recipe
 We'd finger scoop the mixture to our mouths
 Relishing the rich buttery grit.

Then a spoon of treacle
 Coiling down into a thin snake
 A lemon rind that sprayed its summer on the air
 And almonds slithering out of their skins like fish
 Mesmerised we watched the sifting snow
 The perfect yolks meandering out of shape
 Witches of the cauldron we stirred our wishes in

Then Mum would grease and line the base
 Sheets of brown paper stood as barricades
 Against the threat of too much heat
 Placing her offering on the centre oven shelf
 She'd bless herself and say
 If a cake as rich as that should ever flop
 We could never afford to have it replaced,

St. Stephen's Day is celebrated on December 26 every year. As the name suggests, the day is dedicated to the Christian Saint Stephen. This day commemorates the saint who was the first Christian martyr and was known for his service to the poor and needy. In Ireland, this day is sometimes called 'Day of the Wren,' which got its name from an old tradition involving using a wren's feathers for good luck.

THE WREN SONG

Sung on St. Stephen's Day (December 26th)

while "Hunting the wren"

The Wren, the Wren the king of all birds,
 St. Stephen's day, he was caught in the furze.

Although he is little, his honor is great,

Rise up, kind sir, and give us a trate.

We followed this Wren ten miles or more

Through hedges and ditches and heaps of snow,

We up with our wattles and gave him a fall

And brought him here to show you all.

For we are the boys that came your way.

To bury the Wren on Saint Stephen's Day,

So up with the kettle and down with the pan!

Give us some help for to bury the Wren!



This page sponsored by the family of
 Margaret 'Peggy' Roach

IPC YEAR IN REVIEW



JANUARY

We held a vigil following the tragic death of Aishling Murphy. RIP in Tullamore Co. Offaly



FEBRUARY

Farewell to our great friend Geraldine at Greenhills Bakery who baked bread for us for 30 years!



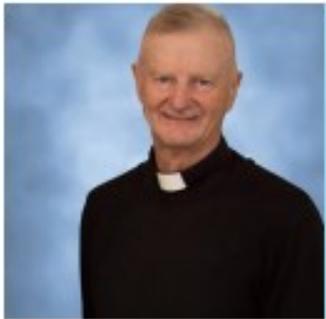
MARCH

We welcomed Irish Minister for Education Norma Foley for St. Patrick's Day Celebrations.



APRIL

The King of Rock 'n' Roll gave an incredible performance at our first IPC Nostalgia night.



MAY

Fr. Dan Finn celebrates his 50th Anniversary to the Priesthood.



JUNE

The IPC begins construction on our new space with great support from our community.



JULY

We celebrated a big birthday for IPC board member and friend Neil Hurley!



AUGUST

MOVING DAY! IPC moves into our new home, what a great accomplishment!



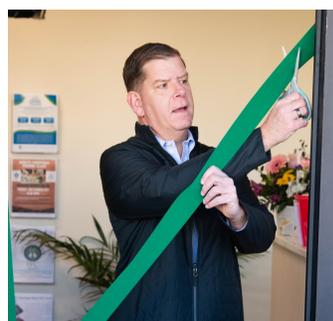
SEPTEMBER

Our Annual Golf Tournament at Presidents Golf Course was a great success.



OCTOBER

We held a community Mass in solidarity with the people of Creeslough.



NOVEMBER

United States Secretary of Labor Martin Walsh officially opens our new Centre.



DECEMBER

Our Bumble Bee knitting club held a tremendous first IPC Christmas Craft fair!

THIS PAGE IS SPONSORED BY TOCÓAS CARTY

Immigration News

Immigration and Citizenship Support Services Program

What we do: The IPC's Immigration and Citizenship Program provides information and support to immigrants from Ireland and elsewhere including obtaining legal status, adjusting status, matters related to Green Card applications and renewals, visas, U.S. Citizenship eligibility, and applications for U.S. Citizenship. The IPC can also provide information about how to apply for Irish passports. Staff is available during normal business hours to help to answer questions related to these matters. Additionally, the IPC offers bi-monthly Legal Immigration Clinics where individuals can have a free and confidential phone conversation about their particular immigration situation with a volunteer immigration attorney.

Upcoming Legal Clinic Appointment

Dates:

Tuesday, December 20, 2022

Tuesday, January 3, 2023

Tuesday, January 16, 2023

Appointments are scheduled in advance.

If you would like to schedule a phone consultation with an attorney, please contact Maryann Casavant at 617-265-5300 or by email at mcasavant@ipcboston.org

Appointments are scheduled in advance. If you would like to schedule a phone consultation with an attorney, please contact Maryann Casavant at the IPC's office at 617-265-5300 or by email: mcasavant@ipcboston.org.

What's Happening with the New Massachusetts New Driver's License Law?

The below is an excerpt from WBUR's daily morning newsletter, WBUR Today published on December 5, 2022.

The Massachusetts law allowing undocumented immigrants to get a driver's license has survived a gubernatorial veto and a repeal effort at the ballot box. And yet, it still isn't completely settled. With less than seven months to go before the new rules take effect on July 1, the law's authors are speaking out against parts of the Registry of Motor Vehicles' implementation plans. During a hearing Friday (Dec. 2nd), several Democratic state lawmakers who were involved in the long fight to pass the law said that identity verification provisions in the RMV's draft regulations were "undercutting" their intentions:

- First: Typically, legal residents have to provide their Social Security number to get a license. But the RMV's proposed regulations would give those unable to prove their legal status — and only them — the option to submit a signed letter saying they don't have an SSN. The law's writers argue this effectively creates a permanent internal record showing who is undocumented — which is something they explicitly did not want to do. State Sen. Brendan Crighton said it raises the risk

that federal immigration officials could get information on undocumented immigrants through the RMV, which has happened in other states.

- Second: The RMV is proposing that those unable to prove their legal status would have to show "at least two documents" establishing their identity, such as a foreign passport, driver's license, marriage licenses, etc. The problem, according to the law's authors, is the words "at least." State Rep. Tricia Farley-Bouvier said those two words technically give RMV employees a "blank check" for even more documents. And in the 16 other states with similar laws, all require a set number of documents so nothing is left up for interpretation. (Farley-Bouvier also said foreign birth certificates should be added to the list of allowed documents.)
- What's next: The law's backers say a few simple tweaks to the language of the regulations would make a big difference — but RMV officials made no indication as to whether they were amenable to the changes. A MassDOT spokeswoman said they will "carefully and thoroughly" review all feedback before filing final regulations.

<https://www.wbur.org/news/tag/wbur-today-newsletter>

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THE IPC BOARD OF DIRECTORS

Immigration News

USCIS Updates Policy to Automatically Extend Green Cards for Green Card Holders who have Applied for Naturalization

Effective Dec. 12, 2022, U.S. Citizenship and Immigration Services (USCIS) is updating the USCIS Policy Manual to allow USCIS to automatically extend the validity of Permanent Resident Cards (commonly called Green Cards) for lawful permanent residents who have applied for naturalization (U.S. Citizenship). This update is expected to help naturalization applicants who experience longer processing times, because they will receive an extension of lawful permanent resident (LPR) status and may not need to file Form I-90, Application to Replace Permanent Resident Card (Green Card). LPRs who properly file Form N-400, Application for Naturalization, may receive this extension without regard to whether they filed Form I-90.

USCIS will update the language on Form N-400 receipt notices to extend Green Cards for up to 24 months for these applicants. The receipt notice can be presented with the expired Green Card as evidence of continued status as well as identity and employment authorization under List A of Employment Eligibility Verification (Form I-9), if presented before the expiration of the 24-month extension period provided in the notice. Prior to this change, under USCIS policy, naturalization applicants who did not apply for naturalization at least six months before their Green Card expiration date needed to file Form I-90, Application to Replace Permanent Resident Card (Green Card), to maintain proper documentation of their lawful status. Applicants who applied for naturalization at least six months prior to their Green Card expiration were eligible to receive an Alien Documentation, Identification, and Telecommunications (ADIT) stamp in their passport, which served as temporary evidence of their LPR status. This policy was based on the processing goal of 180 days or six months for Form N-400s, which would make filing Form I-90 unnecessary for applicants who filed at least six months before their Green Card expiration date. This policy update recognizes USCIS' current processing times, while improving flexibility and efficiency by reducing the number of ADIT stamp appointments in field offices and the number of Form I-90s filed, which allows for these resources to be focused on other immigration benefit adjudications.

The extension will apply to all applicants who file Form N-400 on or after Dec. 12, 2022. LPRs who filed for naturalization prior to Dec. 12 will not receive a Form N-400 receipt notice with the extension. If their Green Card expires, they generally must still file Form I-90 or receive an ADIT stamp in their passport, in order to maintain valid evidence of their lawful permanent resident status. Lawful permanent residents who lose their Green Card generally must still file Form I-90, even if they have applied for naturalization and received the automatic extension under this updated policy. This is because noncitizens must carry within their personal possession proof of registration, such as the Green Card and any evidence of extensions or may be subject to criminal prosecution under INA 264(e). Applicants who require an ADIT stamp may request an appointment at a USCIS Field Office by contacting the USCIS Contact Center.



COALITION OF IRISH
IMMIGRATION CENTERS

Traveling this holiday season?



Confirm you have your passport in-hand!!
Check your passport expiration date!
Verify the validity of your visa or green card to ensure seamless reentry to the US.

Need to renew or replace your passport?



travel.state.gov/content/travel/en/passports.html



dfa.ie/passportonline/

Need help?



bit.ly/2HizD4W
To find your local Irish center

Be aware of processing timelines



CIIC is generously funded by
Government of Ireland
Emigrant Support Programme
an tAonúil Ceilteach Faoilte agus Tuisiú
Department of Foreign Affairs and Trade

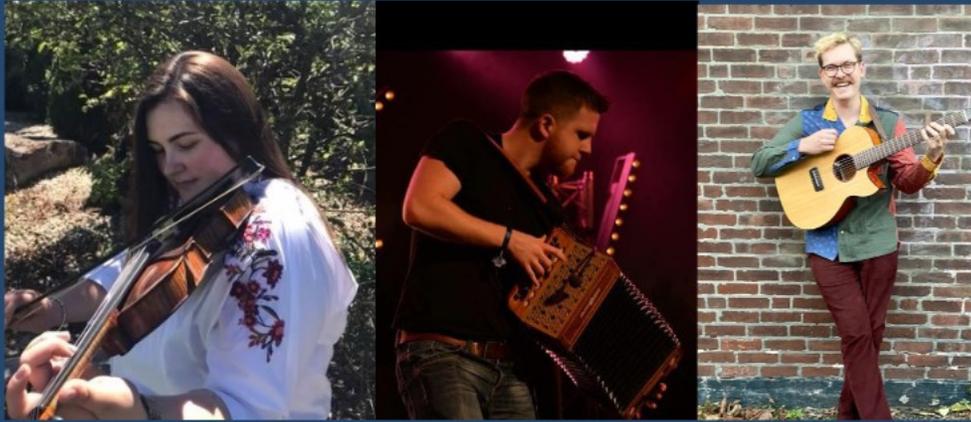
Consider applying for U.S. Citizenship:

If you have questions about eligibility for U.S. Citizenship, questions about how to apply, or need help with the process, please reach out to the IPC. Staff is available to assist you and can direct you to helpful resources. If there are some questions, or your situation is a bit complicated, we can schedule an appointment for you with one of our experienced immigration attorneys at one of our Legal Immigration Clinics.

Community event

BOSTON CELTIC MUSIC FESTIVAL

~ 20th ANNIVERSARY ~



THE IRISH CULTURAL CENTRE PRESENTS
IRISH SESSION

LED BY AOIFE GRIFFIN, DAVID HEALY & ADAM HENDEY
DAYFEST @ 3:30-4:30PM • FIRST PARISH CHURCH

SATURDAY, JAN. 14, 2023

PASSIM.ORG/BCMFEST



THIS PAGE IS BROUGHT TO YOU IN MEMORY
OF MAURICE GRACIA

IPC Community Partners



Home to Irish Bread & Scones; Coffee & Tea;
Perfect for Cakes, Cookies and Bakes; Breakfast & Lunch Sand-
wiches, Hot Dinners

DAILY HOT LUNCH SPECIALS INCLUDE:

Monday: Chicken Pot Pie, Shephard's Pie

Tuesday: Roast Turkey Breast, Stuffing, Gravy & Cranberry

Wednesday: Greenhills Baked Ham, Shephard's Pie

Thursday: Irish Boiled Dinner w/ Irish Boiled Bacon, Corned Beef,
Cabbage, Spuds, Veg & Homemade White Sauce

Friday: Chicken Pot Pie, Chicken Curry, Rice and Fish dinner

Saturday: Shephard's Pie, Full Irish Breakfast

Sunday: Full Irish Breakfast

780 Adams St, Dorchester, (617) 825-8187



Great Fish and Chips doesn't have to be limited to IPC Supper Club!
If you want fresh, delicious fish and chips
Visit our friends at Adams' Fish Market
Tel: 617-825 2211



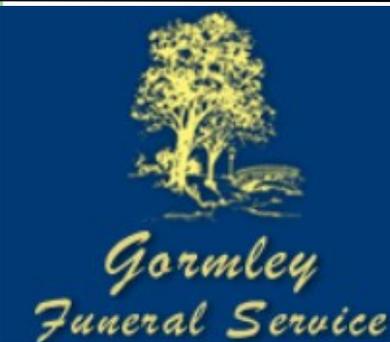
Mon-Thu: 9-5
Fri: 9-4



206 Minot Street
Dorchester, MA 02122-2039

Ph: 617-265-0606
Fx: 617-265-5053

mconnollyins@gmail.com
www.maureenconnollyinsurance.com



Advertise HERE and Grow your business!
Call us now for great rates At 617-265-5300
Ask for Amy or Mary.

THIS PAGE IS BROUGHT TO YOU BY
MATTHEW MCCARRICK

Irish Pastoral Centre Community Calendar

IPC Weekly Events Calendar

Mondays:

Cara Club @ Veronica Smith Senior Center-1-3PM
20 Chestnut Hill Ave
Brighton, MA 02135

Monday Night: Social Work Clinic by Appointment. See Page 12 for details.

Tuesdays:

Young at Heart @ St. Jerome's New Parish Center 1-3pm
Mother and Toddler Group 10am
"Le Cheile" Woman's Group @ IPC
7:30-8:30PM

Tuesday Night: Immigration Clinic by Appointment. See Page 18 for details

Wednesdays:

Café Eireann @ IPC 10-12 PM
540 Gallivan Blvd,
Dorchester MA

Thursdays:

Knitting Club @ IPC 11AM-1PM IPC
Crossroads Café @ St. John's Chrysostom
4750 Washington St,
West Roxbury, MA
25 Cards 8pm

Saturdays:

"Le Cheile" Here Together Sobriety Support Group

*****PLEASE NOTE*****

Café Eireann will now take place at our new location, 540 Gallivan Blvd!
Crossroads Café has moved to St. John's Chrysostom in West Roxbury
As always, if you have any questions, please reach out to Jennifer, the IPC Operations Manager.

MONTHLY EVENTS AT IPC

First Wednesday of the month—Irish language conversation evening 6 –8pm

First Friday of the month—Fish and Chips supper Club

Monthly Sunday Sing a longs with Mossy—3—5pm

Special thanks to Ricard Archer, President of the Knights and Ladies of St Finbarr Cork Club, for compiling the Boston Irish Community monthly dance calendar.

The Irish Social Club 119 Park Street West Roxbury MA

Dec.31, 2022: The New year's Eve dance w/DJ Sean McCarthy and Richard Travers band.

Jan.08, 2023: Erin's melody w/Margaret Dalton. Club Christmas Part

Jan.15, 2023: Silver Spears

Jan.22, 2023: Connaught Band

Jan.29, 2023: Mossie Coughlin

The Irish Cultural Centre 200 New Boston Drive Canton

Dec.31, 2022: New Year's Eve dancing w/ Erin's Melody.

For additional info on events held at the ICC kindly call 781-821-8291 or check the ICC web site.

Jan.08, 2023: Monthly Mass and Irish Breakfast.

Jan.14, 2023: Irish Session with Aoife Griffin, David Healy, Adam Hendey.

January Set dancing each Monday evening starting at 7.00 pm with Cait Bracken. No experience necessary. Suggested donation is \$5.00. Please: Wear your mask.

The Irish Music Club of Greater Boston

Jan. 07, 2023: Dance for the club is held at the Irish Social Club 119 Park Street in West Roxbury. Mossie Coughlin playing from 7-10pm. Door prize, raffle, complimentary coffee, tea and much more. Admission is \$10.00

The Knights and Ladies of St. Finbarr - Cork Club

Jan.14, 2023: Mossie Coughlin will supply the music for this dance.

This will be our last dance until April. The Cork dances are held at the Knights of Columbus Hall 15 Winslow St. Arlington. Music from 7-10 pm. Complimentary coffee, tea and delicious baked items. Please mark this date on your calendar. Kindly tell your friends about the Cork club dances held on the second Saturday of each month. Due to the possible inclement weather we don't hold dances in February or March. Our October and November dances and benefits are held at the Irish Social Club in West Roxbury.

Norwood Irish Music Club

Jan. 21, 2023: Silver Spears band will provide the music for dancing or listening at their January Dance. Their monthly dances are held at the Knights of Columbus Hall 572 Nichols Street Norwood. Always a fun and enjoyable evening with a great band, plenty of food at the break, members drawing & raffle. Dances start at 7.00 pm come early, have a relaxing time, a drink from the cash bar & good conversation.

Comhaltas Ceoltoiri Eireann

Jan. 2023: CCE hold their Ceili and Session at the Canadian American Hall in Watertown at 3.00 pm. Please support your local traditional music sponsored by the Reynolds, Hanafin Cooley branch of Comhaltas. Since January 1st is on New Year's Day, there will NOT be any music. Our next Ceili will be on Sunday February 5, 2023.

Kindly remember: Dances and events listed are always subject to change or possible cancellation. It is recommended to check with your club, group or association, if in doubt. When driving, please be careful as the days are shorter and the nights darker. The Irish Pastoral Centre have some wonderful programs and news in their monthly newsletter Please call them to receive your monthly copy at 617-265-5300. We hope the schedule of dances and events are helpful. Please, support your Irish club or association and best wishes for a safe and happy New Year from your friends in the Knights and Ladies of St. Finbarr - Cork club.

January 2023 - Calendar of Events

MON	TUES	WED	THU	FRI	SAT	SUN
2 IPC Closed	3 IPC OPEN (No Programs running) Immigration clinic 6pm: (by appointment only) Ladies le Cheille Sobriety Support program: 7-8pm	4 IPC OPEN (No Programs running)	5 IPC OPEN (No Programs running)	6 IPC OPEN (No Programs running)	7 Le Cheille Sobriety Support Program @IPC. All welcome. From 6pm	8
9	10 Toddler Group @ IPC, 10am Ladies le Cheille Sobriety Support program: 7-8pm	11	12 Knitting Club @IPC 11am Irish 25s Cards Night @IPC. From 8pm	13	14 Le Cheille Sobriety Support Program @IPC. All welcome. From 6pm	15
16 IPC CLOSED	17 Immigration clinic 6pm: (by appointment only) Toddler Group @ IPC, 10am Ladies le Cheille Sobriety Support program: 7-8pm	18	19 Knitting Club @IPC 11am Irish 25s Cards Night @IPC. From 8pm	20	21 Le Cheille Sobriety Support Program @IPC. All welcome. From 6pm	22
23	24 Toddler Group @ IPC, 10am (by appointment only) Ladies le Cheille Sobriety Support program: 7-8pm	25 SHINE: 10am-1pm @IPC	26 Knitting Club @IPC 11am Irish 25s Cards Night @IPC. From 8pm	27	28 Le Cheille Sobriety Support Program @IPC. All welcome. From 6pm	29
30	31 Toddler Group @ IPC, 10am Ladies le Cheille Sobriety Support program: 7-8pm	1	2	3	4	5

SENIOR WEEKLY EVENTS

Monday, 1-3pm, Cara Club: Veronica Senior Center, 20 Chestnut Ave, Brighton MA, 02135
Tuesday, 1-3pm, Young at Heart: St. Jerome's, 632 Bridge street, Weymouth, MA, 02191
Wednesday, 10am-12pm, Cafe Eireann: IPC, 540 Gallivan Blvd. (REAR), Dorchester, MA, 02124
Thursday, 1-3pm, Crossroads Cafe: St. John Chrysostom, 4750 Washington St, West Roxbury, MA, 02132

WEEKLY EVENTS

- Mondays: Social Work Clinic @ IPC, By appointment only.
- Tuesday: Toddler Group @ IPC, 10am-12pm. Ladies le Cheille Sobriety Support Group @ IPC, 7-8pm
- Thursday: Knitting Club @IPC, 11am Irish 25s Cards Night @IPC, From 8pm
- Saturday: Le Cheille Sobriety Support Program @IPC. All welcome. From 6pm



The IPC will be closed on the following dates:
 • January 1st, 2023
 • January 2nd, 2023
 • January 15th, 2023



Irish Pastoral Centre
 IPC - Boston -
 617-265-5300
 www.ipcboston.org
 540 Gallivan Boulevard,
 Unit Rear, Dorchester,
 MA 02124

Sports News from Ireland

Irish duo Blaithin Mackin and Sinead Goldrick Historic Win AFLW Title with Melbourne Demons

A piece of sporting history was made by Sinead Goldrick when she became the first All-Ireland ladies football winner to win a AFLW Premiership title when her Melbourne Demons team defeated Brisbane Lions in the Grand Final in Springfield. Goldrick won four All-Ireland titles between 2017 and 2020 before, was joined on the winners podium by Blaithin Mackin, The Armagh player who is in Australia playing AFLW for the first time this season. For Goldrick and Melbourne it is redemption after their loss in the earlier 2022 Grand Final loss to Adelaide when her Dublin colleague Lauren Magee was alongside her. Mackin made her mark with a goal in the second quarter before a crowd of 7412.



Maigh Cuilinn Win Connacht Championship

By Cian O'Connell at Pearse Stadium for gaa.ie

Maigh Cuilinn 0-13 Tourlestrane 0-6

Maigh Cuilinn even took on Tourlestrane's spirited resistance in Salthill to claim a first ever AIB Connacht Club SFC title. A defensive match unfolded in the west with underdogs Tourlestrane frustrating Maigh Cuilinn, who departed 0-4 to 0-3 ahead at the break. **Scorers for Maigh Cuilinn:** Dessie Conneely 0-4 (4fs), Peter Cooke 0-3, Paul Kelly 0-2, Aidan Claffey, Owen Gallagher, Micheál O'Reilly, and Tom Clarke 0-1 each. **Scorers for Tourlestrane:** Liam Gaughan 0-3, John Kelly 0-2, Gary Gaughan 0-1.



Young Derry Fighter Touted for UFC After Big Win

Paul Hughes appears destined for the UFC after unifying the Cage Warriors Featherweight division. The Irish MMA fighter defeated Jordan Vucenic in their highly anticipated match, as he beat Hughes two years ago via split decision to end the 25-year-old's six-fight unbeaten streak. The Derry man won by unanimous decision and came close on several occasions to getting the stoppage. The victory means that Hughes is the first Irish 145lbs champion for Cage Warriors since Conor McGregor. An emotional victory due to continuous injuries, and fight cancellations which added to his career journey. "This has been the most trying time of my career, but adversity makes you and this was the most nervous I had ever been."



Longest Serving Inter-County Player Retires.

For Laois, Ross Munnelly has been on the pitch since 2003, when he was first brought into the panel by Mick O'Dwyer at 20-years-old. Having played over 200 games for his county, he departs the scene as the longest serving inter-county player in Gaelic football along with Niall McNamee. His career highlights include a Leinster final win under *Micko* in 2003 where he scored 1-1 from wing forward, representing Ireland in the International Rules on twice and a nomination for an All-Star in 2003, 2005 and 2006.



IN MEMORY OF CONNIE McEENEY

Local Sports

Boston Irish Dippers Embrace New England Winter with Open Arms.

The Boston Irish Dippers swim group have taken the cold head on and continue to host Sunday Swims all around Boston throughout the winter. They meet at beaches including Nantasket beach, M Street Beach, Town Neck Beach, Wollaston Beach to brave icy sea waters as temperatures drop below freezing. Newcomers always welcome, follow the group on Facebook to keep up with all their swims sessions and upcoming events.

On **DEC. 26th at 12pm**, this group have organized a Polar Plunge on Wollaston Beach in aid of the Irish Pastoral Centre's Health & Wellness Program. Swimming not required so even if you are not a fan of the cold, be sure to support them on the day!



Posted by Cold Water Swimmers
M Street Beach,
December 4th. Water temp was 41 °F (5 °C). Outside real feel temp was 34 °F (1.1 °C)

Boston Irish Dippers
Polar Plunge

In aid of the
The Irish Pastoral Centre
Stephen's Day, Dec 26.
12 PM | Wollaston Beach
(between the yacht clubs)

Come join the Boston Irish Dippers as they plunge in aid of the Irish Pastoral Centre's Health & Wellness Program.

Swimming not required.
Hot Chocolate will be provided.

ANSEO LE CHEILE - HERE TOGETHER

GAA Sports Quiz

REMEMBERING CORK'S 1990 DOUBLE: (Cork Examiner)

HURLING

- 1: With Tomás Mulcahy injured, who captained Cork to win the Munster hurling final against Tipperary?
- 2: The greatest number of goals conceded in a single game by the hurlers was three – who were the opposition in that game?
- 3: Who won man of the match in the All-Ireland hurling final?
- 4: Which player scored two goals in each of the Munster hurling final, All-Ireland semi-final and All-Ireland final?
- 5: Fr Michael O'Brien was the hurling team's coach or manager — who was his assistant with the title of trainer?

Answers on page 3

FOOTBALL

- 6: Which Cork player, who scored 11 points in the Munster final, was sent off in the All-Ireland final?
- 7: Cork retained the All-Ireland football title — which was the last county before them to manage that?
- 8: What was Cork's margin of victory in the Munster football final win over Kerry — 0, 12 or 15 points?
- 9: Who did Cork beat in the All-Ireland football semi-final?
- 10: Who kicked four points from play in the All-Ireland football final win over Meath?



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