

Irish Pastoral Centre Newsletter



"We are a Parish without Boundaries."

*Serving the Greater Boston
Irish Community since 1987*

A FOND FAREWELL

We were delighted to welcome our Consul General Dr. Laoise Moore, our Board of Directors and the staff at the Irish Consulate for a Farewell lunch. Having completed four years of diplomatic service in Boston, Dr Moore's next mission is in Dublin. Presentations were made from our Bumble Bee knitting group led by IPC board member Della Costello. Our great friend Vincent Crotty presented a painting of Beacon Hill and IPC Board Members John McColgan and Mark Porter presented a collage of photos representing the significance of the Deer Island Memorial and commemoration which was one of Dr Moore's official duties upon her arrival to Boston. The IPC was grateful to express our appreciation to Dr. Moore for her assistance and leadership during the pandemic and for her support as we transformed and expanded the Pastoral Centre.

Bumble Bee Knitter Mary O'Riordan from County Clare presents Consul General Dr. Laoise Moore with a hand made scarf. Our Bumblebee knitters meet every Thursday from 11am to 1pm. All levels of knitters are welcome.



IPC Jim Wall 2023 Golf Classic

The Annual IPC tournament takes place on Friday September 29th at Presidents Golf Course. This year's tournament will honor the memory of IPC Golf Tournament Coordinator Jim Wall RIP who passed away suddenly on March 19th 2023. We are delighted to launch a perpetual trophy in Jim's honor which will be presented by Jim's wife Kathy and their children Kristen and John. Jim was a great supporter of the community and a champion for those in need. He is remembered here for his energy, his warm and optimistic personality and how he paid attention to little things that make a big difference – such as a chat, a coffee, a lift to an appointment or a listening ear. He is truly missed by many. For more info on grand raffle and golf tournament see page 17



Ard-Chonsalacht na hÉireann | Bostún
Consulate General of Ireland | Boston



Government of Ireland
Emigrant Support Programme



An Roinn Gnóthaí Eachtracha agus Trádála
Department of Foreign Affairs and Trade

IPC News Desk

Dear Friends,

As summer draws to a close, we are looking forward very much to a great Fall season here at the Centre. We have been re-organizing and preparing to welcome everyone back and it will be great to see you all again.



There are some special events in September: We are going to Deer Island on September 16th for Mass at 4pm and hopefully the weather will cooperate as we have postponed this event twice in May due to rain. On Sunday September 24th we will welcome a West Cork contingent who are travelling to Boston to celebrate 300 Years of the Irish Contributions to the State of Massachusetts. We will also celebrate the 90th Anniversary of Saint Brendan's Church on the 24th at 4pm. Our Golf tournament takes place on September 29th and this year we will honor Jim Wall who sadly passed away in March of this year. Jim has been a driving force for the tournament for almost 30 years.

We have launched a Grand Raffle and the winner of this wonderful \$5000.00 voucher for Ocean Edge Resort and the winner will be drawn at the golf tournament. We will appreciate your support as always!

All of our J1 students have returned home after a great summer in Boston. My thanks to Andrea and Amy here at the office for an incredible job in putting together a great welcome and support program.

I look forward to seeing you all along the way with thanks as always for your continued interest and support.

Mind yourselves,
Mary



Irish Diaspora Conference Chicago

IPC was delighted to participate in an Irish Diaspora Conference in Chicago, which brought together Irish organizations from around the country including Boston, Arizona, Iowa, Michigan, and Wisconsin. The event showcased a comprehensive overview of operation structures, capacity building and development for non-profits in the USA that are supported by Ireland's Department of Foreign Affairs and Culture Ireland. The event was hosted by the Irish Consulate in Chicago at the impressive Irish American Heritage Centre.



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Call 617-265-5300 or email aocarroll@ipcboston.org to sign up to our mailing list.

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IPC News Desk



New Wave of Country Dancing Hits West Roxbury!

Congratulations to Winnie and Sean from the Irish American Dance Class for a fantastic opening night of their Country dance classes held at the Irish Social Club. The opening evening had a turn out of over 100 dancers all learning the Jive, Quick Step, and line dancing. This event is running every Thursday evening until September 28th, if you or some you know would like to participate you can check out page 21 to see the official flyer containing all the details.



Cabra Boxing Fuel Up at the IPC

We were delighted to host the Cabra Boxing Club for breakfast at the IPC! The team of young men were visiting from Dublin, to take part in the Boston vs Ireland live boxing event at Irish Social Club! Special thanks to Adam's Corner Café And Butcher for providing the food!

IPC Fall Bereavement Group

The Irish Pastoral Centre is delighted to announce that our Fall Bereavement Group begins on Thursday September 28th here at the centre. Led by Fr. John McCarthy this program is for all who feel a sense of grief and loss following the death of a loved one.

In 2008, Fr. John McCarthy and former Executive Director Sr. Marguerite Kelly initiated the Bereavement Group in response to several tragic deaths in the Boston area. Over 160 people attended the Bereavement Support Group between 2008 and 2015. Please reach out to the Pastoral Centre to register for this 6 week program by calling 617-237-5516.

The Irish Pastoral Centre

Bereavement Group

Fall Program Begins

Thurs. Sept 28th, 2023

7pm - 8.30pm

The Bereavement Support Group will run for 6 consecutive Thursday nights ending on Nov. 2nd All are welcome to attend. Please call the IPC (617-265-5300) to register your attendance.

ANSEO LE CHEILE - HERE TOGETHER

INTERESTED IN SPONSORING A PAGE OF THE NEWSLETTER?

Contact Amy at aocarroll@ipcboston.org or Call the IPC 617-265-5300

Sports Quiz Answers: 1. Tommy Drumm 2. 2010 (Cork v Down) 3. Three (Keith Higgins, Alan Dillon, Andy Moran) 4. Kildare captain Bill 'Squires' Gannon. 5. True (They won in 2012-2006, drew in 1985 and lost the replay) 6. 2000 (Galway v Kerry) 7. Charlie Redmond.

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IPC News desk



Boston Remembers The Great Hunger

The IPC was delighted join the Boston Irish Community who gathered to commemorate the 25th anniversary of the Boston Famine Memorial. Father John McCarthy gave the opening invocation and closing blessing. The twin statues by Bob Shure juxtaposes an Irish family dying of starvation in Ireland, alongside a second Irish family, depicted as making their way in America with optimism and resolve, while looking back sadly at the family left behind.

On Sept 16th, please join the IPC for our Deer Island Memorial Mass as we remember the Irish Immigrants who escaped Ireland's Great Hunger only to be detained, deceased and buried on Deer Island, Boston Harbor.

Deer Island Famine Memorial Mass



The IPC Mass of Remembrance at the Deer Island Famine Memorial on Saturday, September 16th at 4PM



ANSEO LE CHEILE - HERE TOGETHER

American Red Cross Training at the IPC

IPC staff, volunteers and board members participated in an afternoon of training provided by the American Red Cross which covered both Adult and Pediatric First Aid, CPR and AED. Thank you to the American Redcross for such an informative session where total 24 participants were trained and became certified in an essential lifesaving skill that empowers individuals to act in emergencies.

The IPC hoping to purchase a portable automated external defibrillator (AED) to have available at the centre.



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Community News

Two Champions

A unforgettable day of memories were made at TMX Boxing as Boston's Champion Quinn Waters, 2x brain cancer warrior met Irish Legend two-weight world champion, the current undisputed lightweight champion of the world Katie Taylor.

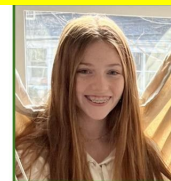


MBTA to shut down Dorchester branches in October

The shutdown will be from Saturday, Oct. 14 to Sunday, Oct. 29 for "critical" work on the tracks at JFK/UMass to Ashmont stations. The Mattapan trolley runs from Ashmont to Mattapan Square, with stops in Lower Mills and Milton. Free shuttle bus service will be available for customers during the shutdown.



Cassidy Murray FOUNDATION



We fondly remember young Cassidy Murray and congratulate her family on launching a wonderful foundation in Cassidy's memory.

The Stanley Cup was raised in Milton, as part of an event that helped launch the Cassidy Murray Foundation, a non-profit dedicated to expanding educational opportunities and supporting the mental health needs of individuals and families navigating unthinkable tragedy. Cassidy was known to embody the quote *"Let your smile change the world but don't let the world change your smile!"* which was written on her wall.

Contributions can be made on the official website: <https://www.cassidymurrayfoundation.org>



The Galway Girl Opens in Duxbury

There's a new Irish Shop opened on George Street in Duxbury recently and is selling Irish goods missed by those living abroad. Owned by Kevin (from Oughterard in Galway) and Aoife Clancy, the Galway Girl specializes not just in Irish food but also authentic Irish crafts and goods. The couple's four daughters are just part of the inspiration for the store's name. Aoife's great-grandmother was also from Galway and after Kevin's father passed away when he was young, he was raised by his mother grandmother and Aunts. Be sure to bring your Galway girls to Duxbury!

Benefit Dance for the SMA Fathers, Dedham

September 30, 2023. 7 pm to 11 pm

Irish Social Club, 119 Park St, West Roxbury, MA

Raffle-

1st prize - Round Trip to Ireland for two

(Compliments of Crystal Travel, West Roxbury)

Plus

Indoor raffle for a variety of

Valuable baskets

Music by Margaret Dalton, ERIN'S Melody

Admission \$20

Proceeds to SMA Fathers' Missionary Work

Contact:

Rev. Fr. Brendan Darcy
781.326.3288

Kathleen Sullivan
781.329.0584

Pat + Josie Casey
781.329.0530



THIS PAGE IS IN MEMORY OF MICHAEL McDONAGH

News From Our Senior Outreach

Hello Friends,

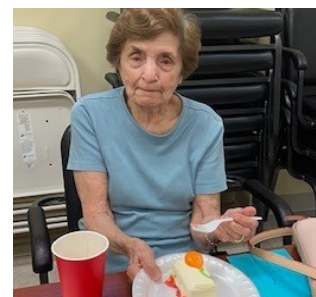
It is hard to believe that Summer is almost over. Where does the time go? Our Senior Program is starting back up the week of September 11th, with music provided by Mossie Coughlin. We are planning for a year of activities that are fun, informative and enjoyable. Weekly activities will include BINGO, Trivia, informational sessions to assist with Medicare coverage decisions during the open enrollment period, presentations on accessing the MBTA Ride Program, Day trips, and etc.

In addition, in the last year we have recognized the need for services to address the needs of Caregivers. Caring for a loved one, who is aging or living with a disability or illness, is rewarding but at times challenging. To address this need we are working with Boston Senior Home Care (BSHC) to link Caregivers to available resources. In addition, the IPC and BSHC are working to create a monthly Caregiver Support Program, on site at the IPC. Stay tuned for further information on this initiative...

We look forward to seeing all seniors back at the coffees. If you have friends who you think would be interested in the Program, please bring them along. If you have any questions or feedback on the Program, please feel free to contact us at 617-265-5300.



In July, Brighton coffee group celebrated two special birthdays! Happy Birthday to Fran turned 90 in July and Mary who turned 90 in August. We hope you had a wonderful day!



Ireland's oldest Man has Quincy Connection

Galway man Martin McEvelly marks his incredible 107th birthday this year – hale and hearty and living at home with the support and great care of his family and helpers. He is receiving his seventh silver medal and congratulatory letter from President of Ireland Michael D Higgins at his home in Rosscahill East. The Killannin man hasn't just enjoyed long life himself; he also celebrated an incredible 75 years of married life before his wife Kathleen passed away in her mid-nineties in September 2021. Michael is celebrated in Boston also as he is the grandfather of John McEvelly in Quincy. Birthday wishes to Martin from all of us in Boston!

JULY &
AUGUST

Birthdays

Maureen Conneely	Regina Brennan
Mary Conneely	Ellen Costello
Martin Connor	Marilyn Ferrera
Peggy Gorman	Mary Fitzgerald
Kathleen Harkin	Mary Gillis
Josephine Lacey	Kay Hayes
Nora Linnane	Mary Honan
Ann Marshall	Ada Keane
Pat McDevitt	Mary Logue
	Peter McDonagh

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THE
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Fr. Dan's Page



A Cross in My Pocket

I carry a cross in my pocket
A simple reminder to me
Of the fact that I am a Christian
No matter where I may be.

This little cross is not magic,
Nor is it a good luck charm
It isn't meant to protect me
From every physical harm.

It's not for identification
For all the world to see
It's simply an understanding
Between my Savior and me.

When I put my hand in my pocket
To bring out a coin or a key
The cross is there to remind me
Of the price He paid for me.

It reminds me, too, to be thankful
For my blessings day by day
And to strive to serve Him better
In all that I do and say.

It's also a daily reminder
Of the peace and comfort I share
With all who know my Master
And give themselves to His care.

So, I carry a cross in my pocket
Reminding no one but me
That Jesus Christ is the Lord of my life
If only I'll let Him be.



The flowers are in full bloom and the tomatoes in my garden are beginning to ripen. Sadly, as we age, it is all too easy to lose the sense of wonder we felt as children and, along with it, a sense of creation's sacredness. We become so busy acquiring more that we don't appreciate the gifts right in front of us. There was a touching news story about a little girl who was shopping for groceries with her mother. The young girl reached out to a lonely elderly widower with a spontaneous hug that opened his heart and changed his life. She was able to see something worth nurturing in him- something a culture obsessed with youth, beauty, power, and money did not see.



Our future eternal life will be a loving, dynamic, and joyful relationship with God that will never be taken away from us. And the good news is that this relationship starts now. In this very moment, we can know that we are precious to God, and right now we can give thanks to God who penetrates every part of our lives. I can miss God's presence, though, if I don't take the time to be aware of it. The awareness grows in silent prayer and in the realization of God's guidance in my daily life. I believe this is a basic experience open to all of us. It's God's gift. All we have to do is take time for it. God will do the rest. **-FR Kenneth Grabner C.S.C**

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News From Ireland

White-tailed eagles spread their wings into Irish Skies— The Irish Times

A total of 24 white-tailed eagle chicks were released in August around the country, as part of an ongoing National Parks and Wildlife Service (NPWS) programme to reintroduce the once extinct species. The chicks have been released in locations around Lough Derg, the Shannon Estuary and the West of Ireland. Once native to Ireland, the birds became extinct in the nineteenth century. Since 2007, the NPWS has been working with partners in Norway along with farmers and communities around the country to reintroduce the white-tailed eagle to Ireland.



Record Breaking Attendance at Fleadh Cheoil na hÉireann - RTE.ie

Organizers say close to 600,000 people attended the Fleadh Cheoil na hÉireann in Mullingar last week, far exceeding expectations. Vice Chairman of the Fleadh Committee, Willie Penrose, said that the anticipated attendance figures had been "blown out of the water". Over the course of the week, thousands of competitors from Ireland and abroad went head-to-head to take home All-Ireland titles, with competition entries from 12 countries. Hundreds of students took part in Scoil Éigse, the annual Comhaltas Summer School.



Irish Supermarkets to Bring “Sniff Test” Instead of Use By Dates - Today Fm

Supermarkets such as Marks and Spencer is removing use-by dates from its milk and replacing them with best-before dates instead. The supermarket chain wants customers to do a "sniff test" to see if their milk is still drinkable, rather than dumping it because it reaches its expiry date. Marks and Spencer say a typical household throws away about 18 pints of milk a year, making it the third most wasted product after potatoes and bread. Lyndsey O'Connor, from VOICE of Irish Concern for the Environment, wants more Irish retailers to get rid of use-by dates. The Irish Government has committed to reduce their food waste by 50% by 2023.



Donegal hosts “Olympics of Sheep Shearing”

Over two days, around 1,400 sheep were sheared at the Clonmany Agricultural Show in Co Donegal, with 1,000 of those sheared in a single day. On average 120 sheep were sheared in eight minutes. Joanne Devanney from Sligo sheared five of them in seven minutes flat. Her brother Karol took just a few seconds longer. This particular competition has been dubbed by some as the 'Olympics of sheep shearing', due to the intense preparations for competitors. Most of it is the day-in day-out work of sheering for themselves or for other farmers, according to Karol, who has travelled to New Zealand, Australia, Norway and some European countries to shear. Ivan Scott (Donegal) man holds the Irish ewe record of 820 ewes in nine hours. It is now in its 54th year, having grown from a simple sheepdog trial to a festival with something to interest everyone.



THIS PAGE IS SPONSORED BY KATHI SULLIVAN

Community Spotlight: Meet Barbara Sullivan



Barbra with her painting of the Eire Pub at Christmas

Barbra Sullivan grew up in Charlestown, surrounded by her parents and 4 siblings. Her family lived by the navy yard during the second world war. Barbra's mother noticed her talent and creativity from a young age, she was always sketching or looking for paints. At the age of 11, Barbra attended the Museum of Fine Arts School to study drawing and sketching. One project asked the children to create a piece of work inspired by the story of "The Happy Prince" by Oscar Wilde. Barbra's interpretation of the story was so impressive and so different to the other children that they hung it at the Museum of Fine Arts.

Barbra spent time working as a receptionist and phone operator at MGM in the Boston film district. Any of the movies that were playing in the theaters went through Barbra's offices. She would screen all of the phone calls coming in, so she got to meet quite a few movie stars during her day. Her fondest memory was meeting Debbie Reynolds. She continued with her art and while a part of the Hyde Park Art Association Annual Show at City Hall, Barbra won the Grumbacher award twice which included \$500 worth of art supplies! She also entered and won the Annual senior citizen art contest for the state of Massachusetts where participants enter paintings of the Statehouse.



Barbra's Painting of the Statehouse

Barbra moved to Dorchester after marrying the love of her life Jack Sullivan in 1956. The pair met when Barbra and her friends were looking for a ride down to

the Cape and a fellow that she worked with offered to drive them. When the girls were picked up at Forest Hills Station, Barbra wanted to sit in the front but she was put in the back of the car with Jack. They laughed the whole drive down which she described as the start of a perfect relationship. They started a family of their own and had four beautiful girls. Barbra stayed home with the girls while her husband worked on the railroad. She still made sure to fill the home with creativity by painting and various arts and crafts that they all did together such as creating pinecone wreaths. Barbra also knitted, crocheted and made all her children's clothes and coats. At night, Barbra would hire a babysitter when her husband worked nights so she could attend adult education classes at Girls Latin School. When Jack fell ill with cancer, she thought she needed to go back to work. At the time, the phone company would hire you part time if you could type 40 words a minute, and hire you full time if you could type 100 words a minute. Barbra got herself a typewriter and sat at the kitchen table every night typing until she could do it before applying for the job at the phone company at New England Telephone. They hired her and she spent 20 years with the company.

The second time Barbra exhibited at Museum of Fine Arts in Boston, was for a painting of the Eire Pub at Christmas time which was so popular she sold many prints of the painting. One night, Barbra got a call saying said that there was a man who was very interested in buying the original! That man was Mark Kerwin, CFO of the Museum of Fine Arts. Although he would be able to use any painting from the Museum of Fine Arts to hang in his office, he chose to have the fabulous painting of the Eire Pub by Barbra. He told her that she could tell everyone that she has a painting hanging at the Museum.

Barbra likes to be busy and her creativity and talent is ever evident! Once she retired she kept on painting and has spent the last 20 years every winter in Florida teaching the art & craft classes. She frequently attends our Dorchester Coffee afternoons and recently gifted the IPC with a set of beautifully handcrafted cards. The next time you visit the centre, see if you can spot Barbra's beautiful painting of a Native American Girl hanging on the wall!

IPC NEWSLETTER COMMUNITY SPOTLIGHT

Please contact Amy O'Carroll by emailing aocaroll@ipcbboston.org or calling 617-265-5300

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In Loving Memory

We remember those in our community who have recently passed away. Our thoughts and prayers and with all the bereaved families, and we hope that in time lovely memories will surround them.

Eternal rest grant unto them oh lord, and let your perpetual light shine upon them.

July 8, 2023 Kathleen E. (Creavin=) McDaid Somerville, County Roscommon

July 13, 2023 Mairead Anne (Kelly) Sorenson Norwood, County Tipperary

July 13, 2023 John F. Hannigan York, ME, County Tipperary

July 17, 2023 Kathleen (McGloin) Egan Watertown, County Mayo

July 20, 2023 Paul M. Rowland Walpole/Dedham, County Mayo

July 23, 2023 Donal Patrick Murphy Hingham, County Dublin

July 31, 2023 Michael C. "Chris" Power Somerville, County Limerick

August 1, 2023 Mary F. (O'Connor) Travers East Cambridge, County Kerry

August 5, 2023 Thomas Ashe, Milton, County Kerry

August 7, 2023 Amanda (McDonagh) Flavin, Quincy, County Galway

August 8th, 2023 Frank Butler, Braintree, County Galway

August 12th 2023 Anne "Betty" Griffin, Medford. County Leitrim

August 12th 2023 Michael George Philip Roper, Dorchester, County Donegal

August 22, 2023 Aonghus Hanley, Dorchester, County Galway

August 24nd 2023 Catherine Byrne, Dorchester, County Meath

August 24, 2023 Patrick Corrigan, Boston, County Dublin

August 26, 2023 Pearse McIntyre, Dedham, County Galway

*As you hold me close in memory,
even though we are apart,
my spirit will live on,
there within your heart...*

I Am With You Always.

*When you lean on trusted friends
and their caring hugs enfold you,
within their loving arms,
I'll be there to hold you ...*

I Am With You Always.

*And beyond the far horizon
when we'll finally be together,
where love will be eternal
and life will last forever...*

I Am With You Always.



On his 6 year anniversary
we fondly remember the
late Bill McGowan this
month who was greatly
loved and is deeply missed
by many.

Sinead O'Connor Has Died at 52

The acclaimed Dublin performer released 10 studio albums, while her song Nothing Compares 2 U was named the number one world single in 1990 by the Billboard Music Awards. President Michael D Higgins led the tributes to O'Connor, saying his "first reaction on hearing the news of Sinéad's loss was to remember her extraordinarily beautiful, unique voice. To those of us who had the privilege of knowing her, one couldn't but always be struck by the depth of her fearless commitment to the important issues which she brought to public attention, no matter how uncomfortable those truths may have been".



Remembering the Omagh

Families gathered in Co Tyrone town, Northern Ireland in 25-year memorial to those killed in dissident republican bombing. It came just months after the historic Good Friday agreement. The incident took the lives of 29 people and injured about 220 others making it the deadliest single incident of the Troubles in Northern Ireland. The service at the memorial garden, organized by the Omagh Churches Forum, took place on the closest Sunday to the date of the 25th.



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Celtic Scribe

Digging

by Seamus Heaney
(1939–2013)

Ten years ago in August,
Seamus Heaney passed away,
one of the finest poets in the
English language



Between my finger and my thumb
The squat pen rests; snug as a gun.

Under my window, a clean rasping sound
When the spade sinks into gravelly ground:
My father, digging. I look down

Till his straining rump among the flowerbeds
Bends low, comes up twenty years away
Stooping in rhythm through potato drills
Where he was digging.

The coarse boot nestled on the lug, the shaft
Against the inside knee was levered firmly.
He rooted out tall tops, buried the bright edge deep
To scatter new potatoes that we picked,
Loving their cool hardness in our hands.

By God, the old man could handle a spade.
Just like his old man.

My grandfather cut more turf in a day
Than any other man on Toner's bog.
Once I carried him milk in a bottle
Corked sloppily with paper. He straightened up
To drink it, then fell to right away
Nicking and slicing neatly, heaving sods
Over his shoulder, going down and down
For the good turf. Digging.

The cold smell of potato mould, the squelch and slap
Of soggy peat, the curt cuts of an edge
Through living roots awaken in my head.
But I've no spade to follow men like them.

Between my finger and my thumb
The squat pen rests.
I'll dig with it.

Misty Hills of Connemara

unknown

You're beauty it is a sight to see
Misty Hills of Connemara
You'll keep me calling back home again.

For I have been to many places
And travelled to far off distant lands
I'll always remember Connemara
With it's wild and rugged lands.

You're beauty it is a sight to see
Misty Hills of Connemara
You'll keep me calling back home again.

When I return to Connemara
I will walk these misty hills
Listen to the Sounds of the wild birds
And free flowing rivers below

You're beauty it is a sight to see
Misty Hills of Connemara
You'll keep me calling back home again.



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A Moment to Mind Yourself

Making the Most of Medical Appointments

By Danielle Owen

Our IPC team hears within the community those who struggle to be fully listened to by their medical providers. The way healthcare is offered now, it can be difficult to have our concerns fully understood but to also follow through with the recommendations our providers have made. As a result, we feel frustrated and embarrassed, thus possibly delaying further follow up and imperiling our health. There are many obstacles to developing our health literacy. See some insights we have learned in a series of articles in the coming months that may increase our confidence and make the best use of our limited time with our medical providers.

Health literacy refers to a person's ability to obtain, understand, and use health information to make informed decisions about their health. Some common issues include complex medical terms that can be difficult to understand, especially if we don't have a medical background. Time constraints are increasingly a problem as our doctor may only have a short space of time to listen and share a lot of information quickly. This can make it difficult for us to fully understand our condition, treatment options, and care instructions. Fear of what our symptoms are, that bring us to the doctor, may cause emotional distress, making it harder for us to concentrate, absorb information, and ask relevant questions during appointments. This fear of information overload may lead us to delay or procrastinate in booking a new or follow up medical appointment.

An issue we have little control over, however, is how our medical providers may vary in their ability to communicate complex medical information in an understandable and patient-friendly manner. Some might inadvertently use jargon or not take the time to ensure patient understanding. Our own embarrassment at not having this information may stop us from asking more clarifying questions. We may have grown up believing that the doctor is "never wrong" and so may not disagree or challenge any assumptions the doctor may make in our appointment.

So, what can we do? Try to be as prepared as possible for your appointments. If we take some time to write down our symptoms, perhaps keep track of the most concerning ones and when they are experienced, you may be better prepared to both share your concerns effectively and ask questions. Bring a notebook with you or ask someone to accompany you if you are worried your anxiety in

the appointment makes it difficult to keep track or remember what is being said. If you have records, say from Ireland, that share your relevant medical history, it will help your provider get a fuller picture of your needs. Make sure you have a list of your medications, if you take any, especially if this is a new provider. Some people are able to use one of the many apps on our phones to keep track of our health but some of us older folks, that might be a tall order.

It is important to remember your providers are there to support you and your health so if you have questions or are not understanding the recommendations or next steps, please ask. For example, if you have a new medication, don't assume it will be clear on the label about how and when to take it, even though it should be. We know from experience that mistakes are made either by the provider or the pharmacy dispensing it. You have every right to ask for clarification, even after the appt. Sometimes calling our doctor's office is needed rather than to wait till the next appointment.

A central issue we must reflect on are the financial and insurance considerations of our care. As immigrants, we are painfully aware of the limitations we may have, depending on our immigration status and what health insurance options are available for us. No matter what your situation however, in Massachusetts we have ways of connecting to health care resources. Even those who have fuller coverage, we may not feel confident in having a discussion about costs and what specifically our insurance coverage will actually cover. When you are being asked to sign forms at the doctor's office, read them carefully. There is usually a form asking you to name someone (usually ourselves) who will guarantee payment of services provided. Below you will find the name of a consumer agency, HealthCare For All which is based in MA, that will answer all your health care insurance questions, confidentially and without judgement no matter your immigration or work status.

If you are having any of the health literacy difficulties mentioned and you would like to speak with Danielle or Gina, our Health & Wellness therapists, in confidence and without judgment, please phone: 617-265-5300. Telehealth appointments are offered as well as in-person appointments on Mondays 5-8PM. You may also e-mail: downen@ipcbboston.org or ggallagher@ipcbboston.org. No one has to suffer alone or in silence.

Check out these resources to learn more:
<https://hcfama.org/health-insurance-help/>
<https://www.cdc.gov/healthliteracy/learn/Understanding.h>

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News from Celtic Angels



5 Fall Activities Seniors Can Safely Enjoy

By Maria Burke, RN, Owner Celtic Angels Home Health Care

Fall is a wonderful time of year. The days are still long, there's always something going on, and because the kids are getting back to school, you may see less of your grandkids, you may have more time on your hands. Since the weather is beginning to get a little cooler, keep in mind, outdoor activities are so healthy and enjoyable.

1. Having a Picnic

Eating outdoors in the fall is peaceful and relaxing. It's also a perfect choice for seniors because picnics are easy to adapt to your needs. You can have a picnic at a local park, on the beach, or right in your backyard.

So, choose foods that are suitable for your diet, spread out a blanket or set up chairs in the location of your choice, and enjoy! Picnic close to dawn or dusk if you want to enjoy the cooler, crisper weather.

2. Gardening

Fall gardening is another activity that is easily adapted to your needs. You can garden directly in your soil, use raised beds, try container gardening, or even make an herb garden on your windowsill indoors.

In addition to the obvious perk of getting to enjoy the fresh produce you've grown; gardening also provides a myriad of benefits for seniors. Gardening lowers stress levels, improves strength and mobility, and even has a preventative effect against osteoporosis.

3. Birdwatching

Many seniors find birdwatching to be a lovely fall activity. And it's a great way to enjoy nature, regardless of your level of mobility. For example, care partners for seniors on bed rest can place a birdfeeder where it is visible from a window. Wheelchair users can enjoy the

birds in their neighborhood with the help of their care partners and seniors who are able to walk can take advantage of parks and trails to look for their favorite species.



Maria Burke, RN

Birdwatching also helps lower stress levels and sharpen your mind. Plus, it's a great way to get some exercise in. Even lifting your binoculars helps strengthen your muscles!

4. Spending time in the Water

Most of us have fond memories of spending late summer/early fall swimming when the water is usually at its warmest temperatures, exploring streams, or walking along the beach. And the good news is, most seniors can still enjoy the water in some form!

If you have a nearby beach, it can be lovely to sit at the edge of the water and let the waves lap your toes. Swimming is an excellent form of exercise. And aquatic therapy is quite beneficial for seniors. Alternatively, seniors with limited mobility can also enjoy dipping their feet into a small pool or even having an indoor rubber duck race inside a plastic bin.

5. Enjoying an Fall Fair

There's a good reason local fall fairs and festivals have remained popular for centuries—they're tons of fun! Most local cities and towns host them and all you have to do is look in your local paper or online resource and you'll find a listing of them.

Whatever activities you choose this fall, remember you still need to protect yourself. Always wear sunscreen and proper clothing when you're outside. And be sure to stay hydrated!

Need assistance participating in fall activities? The care partners at Celtic Angels are happy to help! Contact us [here](#) to get started!



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— Truly, Susan C.



Hi, I'm Milo,
The Celtic Angels Home Health Care Mascot.



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Silver Key Awards



CHARITABLE IRISH SOCIETY'S TWENTY-SECOND SILVER KEY AWARDS

On Tuesday, September 19, 2023 the Charitable Irish Society will hold its Twenty-Second Silver Key Awards Reception at the Fairmont Copley Plaza Hotel in Boston. This year's honorees are Attorney John Philip Foley, Leslie MacWeeney, and Denis Moynihan, each of whom has been instrumental in assisting immigrants in a variety of ways, thereby exemplifying our motto:

"With Good Will Doing Service."

Dennis Moynihan

Denis Moynihan and his late wife Teresa came to Boston from County Cork in 1971. Denis has been a long-time faithful volunteer, most notably with the Irish Pastoral Centre where he has been visiting Irish immigrants in Massachusetts since 1996. In addition, Denis helped at the citizenship workshops at St. Mark's in the 1980's and has been Santa for the IPC's mother and toddler groups and has served as regional coordinator for Premium Sports. The Charitable Irish Society, established in 1737, to assist Irish immigrants, has been honoring individuals who have been extraordinarily helpful to new immigrants since 1997. All of the funds raised at this reception will be used by the Society to assist immigrants from Ireland and other countries in need of emergency financial support.



Leslie MacWeeney

Leslie MacWeeney is a Dublin-born artist and illustrator who came to the Boston area over 50 years ago to attend the Massachusetts College of Art. Her all-volunteer program, Living Art, is dedicated to building community through visual art. She is

passionate about using art to enable students to express themselves visually and to develop self-confidence. Most notable is a program in which police officers, fire fighters, veterans, EMT's, and other emergency workers pose for portraits painted by young people with whom they build bonds, and initiate conversations about health, civics, and public safety. This is truly a violence prevention program.



John Foley

In memory of his Irish immigrant grandmother who arrived in the United States with 25 cents in her pocket, John Foley's legal practice is focused on immigration law. He has received numerous compliments and awards for his wide-ranging knowledge of this very technical area of law that affects so many people who are trying to establish themselves and their families in a new country and for his sensitivity to the many concerns and fears of his clients. He has been an active volunteer and Board member of the Irish Cultural Center of New England in Canton and other organizations.



For more information and to register for this event, see our website, charitableirishsociety.org or contact Sandra Moody, Kper of the Silver Key, 617-304-1076.

News from the Irish Consulate

A bittersweet summer as we bid farewell to our Consul General, Laoise Moore. We will miss having Laoise in Boston but we are so grateful to have had such a wonderful leader and friend. A tremendous and heartfelt thank you to the Irish Pastoral Centre for helping us celebrate Laoise, and for being so kind, thoughtful, and welcoming. Síghe FitzGerald, our new Consul General, will start soon and we are excited to welcome her to Massachusetts and to introduce her to the community here!

Síghe FitzGerald has over twenty years' experience working as a career diplomat with the Department of Foreign Affairs. She has served as Cultural and Press Attaché in Ireland's embassies in Madrid and Washington DC and was assigned to Ireland's Permanent Representation to the European Union in Brussels during Ireland's Presidency of the Council of the European Union in 2013. Síghe became Joint Director General of the International Fund for Ireland in 2021 having previously served in the North South Ministerial Council in Armagh. Síghe has extensive experience working in the area of international affairs, including Irish-US political relations through her work with the Department of Foreign Affairs and also with the National Democratic Institute for International Affairs, a non-for-profit organisation based in Washington where she worked for almost a decade.



25 Years of The Good Friday Agreement

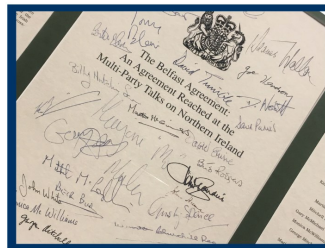
A special event in Boston

Tuesday, September 26th - 8:30 a.m.

Edward M. Kennedy Institute | Columbia Point, Boston

Participants include:

- Honorable Joseph Kennedy III, US Special Envoy to Northern Ireland
- Congressman Richard E. Neal (D-MA 1st District)
- Prof. Meghan O'Sullivan, Director of the Belfer Center for Science and International Affairs



Invitation to follow



First Friday

8 September 2023 at 9:00am



Ard-Chonsalacht na hÉireann | Bostún
Consulate General of Ireland | Boston

Our next (*Not First*)

First Friday will take

place 8 September at

9:00AM at the

Consulate.

*Registration details will
be made available in the
Consulate's next news-
letter, and available on*

the Consulate's

Eventbrite page.



Government of Ireland
Emigrant Support Programme



British
Consulate-General
Boston



NIBureau
Northern Ireland Executive
North America

EDWARD M.
KENNEDY
INSTITUTE

We are also very pleased to partner with the Edward M. Kennedy Institute alongside the British Consul-General in Boston, and the Northern Ireland Bureau, to host a **panel discussion commemorating twenty five years since the Good Friday Agreement**. The event will take place at the **Edward M. Kennedy Institute**, located at Columbia Point, Boston, on **Tuesday, September 26 at 8:30 AM – save the date!** We hope that everybody will join us for this special event, featuring panellists like the Honourable Joseph Kennedy, Special Envoy to Northern Ireland, Congressman Richard Neal, and Dr. Meghan O'Sullivan, Director of the Belfer Center for Science and International Affairs. *Support for this event comes from the Emigrant Support Programme of the Government of Ireland.*

Taking place on the **evening of Tuesday, September 26**, the Consulate warmly welcomes all to come by 535 Boylston Street for a panel and reception with renowned Irish children's literature writers who belong to **Little Island Publishing's** stable of authors. We hope you mark your calendars for what promises to be a fun event! More details to follow soon.


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THE IRISH PASTORAL CENTRE

IRISH COMMUNITY GOLF CLASSIC

HONORING THE MEMORY OF JIM WALL
IPC GOLF TOURNAMENT COORDINATOR AND GREAT
FRIEND OF THE IPC

FRIDAY SEPT. 29TH

PRESIDENTS GOLF COURSE, QUINCY



Thank you for your support again this year and know that we are very grateful. For sponsorship opportunities, please visit www.ipcboston.org/golf

The IPC is a 501 (c)(3) non-profit organization. Donations are tax deductible to the full extent allowed by law. Tax ID number: 20-8046867

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OR

SCAN QR CODE



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WINNER WILL BE ANNOUNCED
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PRESIDENTS GOLF COURSE.

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NEED TO BE
PRESENT TO
WIN!**



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FADO- FADO - Long Long Ago



Mary O'Connor – the Original Rose of Tralee

The young girl who inspires the annual Rose of Tralee International Festival was Mary O'Connor, a shoemaker's daughter from Brogue Lane, so beautiful, they said, that William Mulchinock, the young master from the big house, fell in love with her. William wrote a ballad for Mary which has become the Rose of Tralee Festival's signature tune.

The song tells the tale of a doomed love affair between Tralee merchant William Mulchinock and kitchen maid Mary O'Connor in the 19th Century. William's family were wealthy brogue and linen merchants, Mary was the daughter of a poor brogue maker and lived with her family in a thatched cottage on Brogue Lane in the middle of Tralee. At 17 Mary got a job as a kitchen maid in the grand Mulchinock family home, West Villa and when William met her it was love at first sight.

William and Mary would meet secretly each day by the well in the grounds of West Villa and sometimes they would stroll together up Lover's Lane and go to the dance at Clahane. One night under a pale moon William proposed to Mary. But William's family deeply disapproved of his marriage to a brogue maker's daughter. Although Mary loved William, she declined his proposal as she didn't want him to be disowned by his family.

William wrote the song to try and convince her to marry him, but she still refused. Heart broken William left the country only to return to Tralee six years later with Ireland in the midst of the Great Famine. William was intent on seeing Mary again only to find that she had died from tuberculosis.

Mary O'Connor is buried at the graveyard in Clogherbrien on the Fenit Road out from Tralee and William, at his request, is buried beside her.



*The official 2023 Rose of Tralee winner
New York rose Roísín Wiley*

Congratulations to the 2023 International Rose of Tralee from New York, Róisín Wiley! We are delighted to see another USA winner!

However – our hearts were full of love and praise for our home-grown Boston and New England Rose who was absolutely stunning! Congratulations to Fiona Weir and her family on a fabulous experience!



*Fiona Weir, New England Rose on stage with
Dáithí Ó Sé at the Rose of Tralee Festival.*

The Inaugural Brian J. Donnelly Award

FOR LEADERSHIP IN PUBLIC SERVICE

**PRESENTED BY THE IRISH CULTURAL CENTRE OF GREATER BOSTON
AT THE OMNI PARKER HOUSE, BOSTON**

September 21, 2023

Brian J. Donnelly, United States Congressman from Boston and former United States Ambassador to Trinidad/Tobago was an advocate for his district, fighting relentlessly for his constituents and for causes he believed in. His commitment to public service spanned his entire career. One of his most passionate projects was creating the Donnelly Visa, which helped many in Ireland to emigrate to the United States to follow the American dream. This program extended to other nations and has had a profound impact on tens of thousands of families who now proudly call America home.

To honor his legacy, the Irish Cultural Centre of Greater Boston is proud to announce The Inaugural Brian J. Donnelly Award for Leadership in Public Service.

During this annual event, we will honor Brian J. Donnelly for all of his outstanding contributions to the lives of Irish people in the United States and will celebrate one remarkable individual who, like Brian J. Donnelly, has demonstrated outstanding leadership, innovation, and compassion in their public service endeavors. This award will acknowledge this individual's remarkable achievements and inspire others to follow in the legacy of public service demonstrated by Brian J. Donnelly.

We are delighted to announce that the inaugural 'Brian J. Donnelly Award For Leadership in Public Service' will be presented to James T. Brett on September 21st at the Omni Parker House hotel in Boston.

We would sincerely appreciate your support to make this a successful inaugural event to honor both the Honorable Brian J. Donnelly's life and commitment to public service as well as the Honorable James T. Brett, whose ongoing inspirational public service and philanthropic endeavors continue to enrich life in the Greater Boston area and beyond.



**The Honorable
Brian J. Donnelly**



WWW.IRISHCULTURE.ORG

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GREATER BOSTON



**2023 Honoree
James T. Brett**

**This page sponsored by the family of
Margaret 'Peggy' Roach**

Weekly Events



Le Cheile Sobriety Support Program

ANSEO LE CHEILE - HERE TOGETHER

Every Sat.
From 6PM

Ladies
Sobriety Group
Every Tues 7PM

Toddler Tuesdays

Bond with your child & socialize with other families in a relaxed Freeplay environment.

10AM-12PM

RETURNS OCT 3rd

IPC BUMBLE BEE KNITTING CLUB

EVERY THURS.

1PM-3PM

All levels Welcome!

540 Gallivan Blvd. (REAR),
Dorchester, MA, 02124



The Irish Pastoral Centre Bereavement Group

Fall Program Begins

Thurs. Sept 28th, 2023

7pm - 8.30pm

IRISH 25s CARD NIGHT

Come play Ireland's national card game, every Thursday evening. Tea, coffee and snacks provided. All welcome.

7:30PM

**RETURNS
OCT 5th**

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Upcoming Events

IRISH-AMERICAN COUNTRY DANCING WAVE COMING YOUR WAY!

6 week Dance Class

THURSDAYS!

8/24
8/31
9/7
9/14
9/21
9/28

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7:00-8:00PM
LESSON,
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BY AN
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OF SOCIAL
DANCING TO
TOP IRISH AND
AMERICAN
MUSIC

\$10
admission



No partner or experience required

IRISH SOCIAL CLUB

119 Park Street, West Roxbury, MA

SPECIAL PROMOTION: \$50 for 6 classes, prepay to
Venmo @IrishAmericanDanceClass or Paypal @IADanceClass



Presented in partnership with
Irish Pastoral Center and Irish Social Club



TRADITIONAL IRISH MUSIC SESSIONS



sunday, sept 17
3PM- 5PM

Join us for our monthly Trad music session at
the IPC. Come one, Come all. All musicians and
levels welcome.

540 Gallivan Blvd, (Rear),
Dorchester, MA 02124



ANSEO LE CHEILE - HERE TOGETHER



10\$
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**First Friday
Fish & Chips
Night!**

**JOIN US FOR THE RETURN OF
OUR MONTHLY SUPPER CLUB
ON OCTOBER 6th**

**Fresh Fish & Chips on the First
Friday of every Month!**

ADVANCED REGISTRATION IS REQUIRED.
CONTACT IPC: 617-265-5300

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MG2

Immigration News

Upcoming Legal Clinics

Tuesday, Sept 5, 2023

Tuesday, Sept 19, 2023

Tuesday, Oct 3, 2023

Appointments are scheduled in advance. If you would like to schedule a phone consultation with an attorney,

Immigration & Citizenship Support Services Program

What we do: The IPC's Immigration and Citizenship Program provides information and support to immigrants from Ireland and elsewhere including obtaining legal status, adjusting status, matters related to Green Card applications and renewals, visas, U.S. Citizenship eligibility, and applications for U.S. Citizenship. The IPC can also provide information about how to apply for Irish passports. Staff is available during normal business hours to help to answer questions related to these matters. Additionally, the IPC offers bi-monthly Legal Immigration Clinics where individuals can have a free and confidential phone conversation about their particular immigration situation with a volunteer immigration attorney.



Consider applying for U.S. Citizenship

If you have questions about eligibility for U.S. Citizenship, questions about how to apply, or need help with the process, please reach out to the IPC. Staff is available to assist you and can direct you to helpful resources. If there are some questions, or your situation is a bit complicated, we can schedule an appointment for you with one of our experienced immigration attorneys at one of our Legal Immigration Clinics.

IS YOUR PASSPORT IN DATE? CHECK TODAY!



IRISH PASSPORTS:

- Adult renewal applications are processed within 10 to 15 working days and take up to 14 days to mail to the U.S. First-time applications are currently taking approximately 8-10 weeks to process, verify information, and mail to the U.S. Remember – if your Irish passport is expired for more than 5 years it is considered a “first-time” application and, as with all first-time applications, supporting documentation must be submitted to the passport office in Dublin.
- If you are living in the U.S. you must apply for and renew Irish passports online. Information about eligibility, the application process, and required documentation is available www.dfa.ie/passports.

**** The Irish Passport Service has been made aware of third party websites who, in return for a fee, are purporting to assist passport applicants with their online Irish Passport application. Such websites advertising their services for a premium are not associated with the Department of Foreign Affairs or the Passport Service in any way.****

US PASSPORTS:

- Renewals and first-time applications are currently taking 10 to 13 weeks, with expedited renewals (costs an extra \$60) taking 7 to 9 weeks. Mailing times are not included in the stated processing times, and the U.S. passport agency advises it may take up to 2 weeks for applications to arrive by mail at a passport center, and up to 2 weeks for you to receive a completed passport in the mail after it is printed by the agency – adding an additional 4 weeks to the state time. Consider the total time it will take to receive your passport when you are booking travel.
- Please be aware that if you hold a U.S. passport, you **MUST** use that passport to leave and re-enter the United States. If your US passport is not valid, the airline may not let you board.
- For both Irish and US passports, please pay particular attention to children's passports as they are only issued for 3 or 5 years, depending on the age of the child.

**** Urgent U.S. passport travel appointments are currently extremely limited.****

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THE IPC BOARD OF DIRECTORS

Immigration News

Work and Family Mobility Act

Information about the new law and expanded eligibility for Massachusetts residents to obtain a driver's license can be found at the Massachusetts Registry of Motor Vehicles' website (See to the right).

Massachusetts Registry of Motor Vehicles

RMV Website:

<https://www.mass.gov/guides/work-and-family-mobility-act-wfma>

Dedicated Phone Line for WFMA Information:

857-368-WFMA

The RMV has a dedicated information phone line for inquiries related to the Work and Family Mobility Act. Call 857-368-WFMA (857-368-9362) to hear information on the new law that takes effect on July 1. The information line is currently available in 6 different languages. The RMV will add additional languages in the near future.

APPLYING FOR A STANDARD MASSACHUSETTS DRIVER'S LICENSE under the Work & Family Mobility Act

full version of the Driving Families Forward printout that can be found at www.ipcboston.org



- ☐ 1. **ONE** of these, unexpired:
 - Passport
 - Consular identification document
- ☐ 2. **ONE** of these, unexpired:
 - National identification document from country of nationality Birth certificate (original or "certified" copy, which is an official copy with a seal or stamp from the issuing government)
 - Driver's license (can be from US or from another country)
 - Marriage certificate or divorce decree (issued in the US only)
- ☐ 3. **ONE** document to show you live in Massachusetts. It must have your name and your Massachusetts address on it. Some examples of acceptable documents:
 - A medical or hospital bill (not older than 60 days)
 - A pay stub (not older than 60 days)
 - A school document: official transcript or a tuition bill from the current year, or proof of enrollment (not older than 60 days)
 - Insurance document from the current year: renter's, homeowners or auto insurance
 - A letter from a government agency (can be state, federal or local)
 - A current lease agreement /A mortgage statement
 - A utility bill (gas, electric, water) A bank statement or credit card statement (not older than 60 days)
 - A telephone bill (not older than 60 days)
- ☐ 4. **ONE** of these:
 - If you have ever had a legal Social Security Number issued to you, even if it expired, you must provide the number.
 - If you have never had a Social Security Number, you can:
 - Sign a document swearing that you do not have one during your in-person application date, or ahead of time before a notary.
 - Obtain a Social Security "denial letter" by going in person to a Social Security Administration office. Bring the letter with you to apply for a license, it cannot be more than 60 days older than the day you apply.
- ☐ 5. **"Certified" translations** of any documents that are not in English. Translations do not need to be notarized but do need to be certified by someone such as a bilingual teacher, a language services provider, a community organization, or a bilingual notary.

Immigration News

THE PROCESS OF APPLYING

A standard (not "REAL ID") Massachusetts license is called a "Passenger (Class D)" license for a vehicle and "Class M" for a motorcycle. It costs \$115.

TRANSFER LICENSES: If you have a license from another U.S. state that is unexpired or has been expired for less than 1 year, you can "transfer" your license to Massachusetts after July 1st without taking a written or road test. In July, start your application and make an appointment online at <https://www.mass.gov/myrmv>. On your appointment day, take your documents with you. You will be able to get a Mass. license without a written or road test. You can also transfer a license from Mexico, Canada, S. Korea, Germany, France and Taiwan.

NEW LICENSES: If you are not transferring a license, you will have to get a learner's permit first. In July, start your application and make an appointment online at <https://www.mass.gov/myrmv>. On your appointment date, take your documents with you. You will have to pass a vision test. You will need to take a written test about the rules of the road, either at the RMV or at home.

Once you pass the written test, you will get a learner's permit, which allows you to practice driving. This is not your license yet. You will then make an appointment online to take your road test. A licensed driver must accompany you in their vehicle to take the road test. If you pass your road test, you will get your license!

WHAT YOU CAN PREPARE NOW

- Decide what documents you plan to present from the list on the other page.
- Request any documents you need but don't have.
- Renew any documents that are expired.
- Get certified translations of documents that are not in English.
- Pay any outstanding parking tickets, fines or fees.
- Study for your written test. The drivers manual is available in multiple languages.

<https://www.mass.gov/lists/drivers-manuals#massachusetts-driver's-manual->

DO THIS LATER

- Appointments are not yet available to apply for a license or permit. As soon as they become available, make an appointment online at <https://www.mass.gov/myrmv> for July 1 onward to submit your application in person at an RMV service center.
- Get or print out a residency document, checking to make sure it's not older than 60 days from your appointment day.

For updates, check:

Facebook @ DrivingFamiliesForward Twitter @ DrivingMA4ward

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MATTHEW MCCARRICK



CELEBRATING 300 YEARS OF THE IRISH CONTRIBUTIONS TO THE STATE OF MASSACHUSETTS

SEPTEMBER 19TH - 24TH, 2023

Exactly 300 years ago in 1723, John O'Connell of the Clan O'Sullivan Beane immigrated to Berwick, Maine. His sons would contribute greatly to the State of Massachusetts. All fought in the Revolutionary War. One, James, became Governor of Massachusetts, while his brother John became Governor of New Hampshire. Special events organized by the Boston Beane Society and Beane Tourism in cooperation with Cork and Kerry County Councils will commemorate this unique anniversary, coinciding with Maire Healey term as Governor of Massachusetts. Maire's ancestors came from the same order of Ireland as John O'Connell.

ITINERARY

TUESDAY, SEPTEMBER 19 - 6:00 PM

Meet & Greet Dinner Reception at MJ O'Connell's in Boston Park Plaza Hotel | **Open to the Public**

Tickets \$50 pp available in State link <https://buy.stripe.com/8wMbKf9C2wva1w011>.

Vice Consul General in Boston, Paul Rooney will welcome the Mayors from Cork and Kerry, delegates from Cork and Kerry County Councils, and other special guests.

WEDNESDAY, SEPTEMBER 20 - MORNING EXACT TIME TBA

Boston City Hall Reception | **Limited availability**

City Council President Ed Flynn and the Boston City Council have officially invited representatives of Cork and Kerry County Councils and community representatives from Ireland to a reception at Boston City Hall.

THURSDAY, SEPTEMBER 21 - MORNING EXACT TIME TBA

Massachusetts State House Reception | **Limited availability**

A reception will be held at the Massachusetts State House, for representatives of Cork Co and Kerry Councils as well as community representative from Ireland.

Friday, September 22 - 8:00 AM

Berwick Historical Society Master John Sullivan's School House | **Limited availability/Lunch provided.**

Learn about the remarkable family of Master John Sullivan and his wife Mary Brown Sullivan who settled on Pine Hill in today's Berwick, Maine.

SATURDAY, SEPTEMBER 23

11:30 AM - USS Constitution Museum Ship | **Limited availability/Lunch provided**

Special Guest, Kelly Sullivan Loughren, granddaughter of Alberto Sullivan, youngest of the five Sullivan brothers who lost their lives together aboard USS Thea Sullivans (DDG 981) during World War II; for whom the USS Thea Sullivans (DDG 981) is named.

7:00 PM - Midnight Social Gathering at Irish Social Club of Boston | **Open to the Public**

Club President Richie Conley and The Boston Beane Society and Beane Tourism proudly present a Celebration of 300 years of Irish contributions to the state of Massachusetts. Entertainment by Tommy Byrne and Jerry Bailey and DJ. Guests include Kelly Sullivan, sponsor of the USS Thea Sullivans and Councilor Caroline Conin for Cork Country Council.

Donation: \$20 pp at the door and proceeds will be donated to the West Roxbury VFW 862902

SUNDAY, SEPTEMBER 24

11:00 AM - Irish Pastoral Center Sunday Morning Baring | **Open to the Public**

Come see the new facility at Adams Corner, meet the dedicated staff that have carried on their mission since its founding in 1987, preserving Irish heritage and serving Boston's immigrant community. Coffee/tea, donuts provided.

1:00 PM - South Shore Irish Heritage Trail* | **Limited availability**

Guide Robert Chessia, President of Scituate Historical Society will provide an insightful tour of the historical Irish town of Scituate, home of the Maritime & Irish Missing Museum and the Easter Rising Memorial. Time will be allotted for lunch.

***Bus leaves for Berwick and to Scituate, from Adam Village Orchard.**

For more information e-mail Mike Dwyer - mikedwyerinc@admeta.com

September Community Calendar

IPC Weekly Events Calendar

Mondays:

Cara Club @ Veronica Smith Senior Center-1-3PM
20 Chestnut Hill Ave
Brighton, MA 02135

Monday Night: Social Work Clinic by Appointment. See Page 12 for details.

Tuesdays:

Young at Heart @ St. Jerome's New Parish Center 1-3pm
Toddler Group 10am—12PM
"Le Cheile" Woman's Group @ IPC
7:30-8:30PM

Tuesday Night: Immigration Clinic by Appointment. See Page 18 for details

Wednesdays:

Café Eireann @ IPC 1-3 PM
540 Gallivan Blvd,
Dorchester MA

Thursdays:

Knitting Club @ IPC 11AM-1PM IPC
Crossroads Café @ St. John's Chrysostom
4750 Washington St,
West Roxbury, MA
25 Cards 8pm

Saturdays:

"Le Cheile" Here Together Sobriety Support Group

*****PLEASE NOTE*****

Café Eireann will now take place at our new location, 540 Gallivan Blvd! Crossroads Café has moved to St. John's Chrysostom in West Roxbury
As always, if you have any questions, please reach out to Jennifer, the IPC Operations Manager.

MONTHLY EVENTS AT IPC

First Wednesday of the month—Irish language conversation evening 6 – 8pm

First Friday of the month—Fish and Chips supper Club

Monthly Sunday Sing a longs with Mossy—3—5pm

Special thanks to Ricard Archer, President of the Knights and Ladies of St Finbarr Cork Club, for compiling the Boston Irish Community monthly dance calendar. For additional info email Richard at richarda10@hotmail.com.

THE IRISH SOCIAL CLUB 119 PARK STREET WEST ROXBURY MA

Sept. 03, 2023: NO Dance - Labor Day weekend
Sept.10, 2023: Erin's Melody with Margaret Dalton
Sept.17, 2023: Connacht Band
Sept. 24, 2023: Mossie Coughlin.

THE IRISH CULTURAL CENTRE 200 NEW BOSTON DR. CANTON

Sept. 09, 2023: Frankie Gavin & Catherine McHugh.
7.30 - 10.30pm. Admission \$20.00
Sept. 10, 2023: 10th annual 5K road race and fitness walk. Sign up for Wheel Chair or Stroller Runner. Registration open July 8 from 11.30 -1 pm.
Sept. 14, 2023: Cookery Bakeology with Andrea Feeney 6.30 - 8.30 pm.
Sept. 21, 2023: The Honorable Brian J.Donnelly Award for Leadership in Public Service will be presented to James T Brett at the Omni Perker House, 60 School Street Boston. Tickets available through Aug. 31, 2023. For info (781) 821-8291.
Sept. 22, 2023: Derek Warfield and the Young Wolf Tones will perform from 8.00 - 10.30 pm. Adm. \$25.00.
Sept. 29, 2023: " In the Name of the Sun". The US Awareness Tour .

Weekly Events

Monday 7PM - Set Dancing with Cait Bracken - \$5.00.
Friday 6 - 9PM - Session for musicians & singers.
Saturday & Sunday 5PM - 8PM - live Session or music in the Pub.

THE IRISH MUSIC CLUB OF GREATER BOSTON

The Club will not have any dance in September. Dancing continues Oct 7, 2023 at the Irish Social Club in West. Rox.

THE KNIGHTS AND LADIES OF ST. FINBARR - CORK CLUB

Sept.09, 2023: The very popular Byrne & Bailey will be at the K of C . 15 Winslow Street Arlington. Always a fun and happy evening and great music. Music at 7.00 pm. During the evening you can enjoy tea, coffee and delicious pastries baked by our own officers and guests. 50/50 raffle, Please tell your friends and family. All are welcome at the Cork Club dance.

Remember: If you like to dance, please support the Knights and Ladies of St. Finbarr - Cork Club dances during the year. Future Cork events at the Irish Social Club include "Man and Woman of the year" on October 14 and Irish Pastoral Centre benefit Nov. 11.

THE NORWOOD IRISH MUSIC CLUB

Sept. 16, 2023: Will hold a dance at the K of C. 572 Nichols Street Norwood They return after being off for the summer months. Starting with a Mass at 6.30 pm celebrated by Fr. Brendan Darcy from the SMA Fathers. Music for the evening by Caffey and the Irish Americans. Always a fun and happy evening. Complimentary coffee, tea and baked goods.

THE AFRICAN MISSION FATHERS (SMA)

Sept. 30, 2023: A dance will be held at the Irish Social Club, West Roxbury to benefit the African Mission Fathers and the work they do in Africa. A round trip to Ireland for two people will be raffled. For tickets mail a check for \$20.00 each ticket to the African Mission Fathers 337 Common Street Dedham MA 02026 For additional information call the SMA at (781) 326-3288

COMHALTAS CEOLTOIRI EIREANN:

The Reynolds, Hanafin, Cooley branch of CCE will have a Ceili at the Canadian American Club 202 Arlington St Watertown 3 - 7 pm Sundays. You can also enjoy Set and Ceili and much more each Tuesday w/Sally and Joe Farney and Barbara Boyd September through May at 7.30 pm



IPC September 2023 Calendar of Events

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LE CHEILE SOBRIETY GROUP MEETS EVERY SATURDAY at the IPC FROM 6PM		SEPTEMBER SPECIAL EVENTS Deer Island - September 16th Irish Traditional Music Session September 17th IPC Irish Community Golf Classic September 29th		1
4 IPC CLOSED 	5 Ladies le Cheile Sobriety Support program: 7-8pm Immigration clinic 6pm: (by appt only)	6	7 Knitting Club @IPC 11am	8
11 Social work Clinic: @IPC by appointment only Cara Club: Welcome Back!! Music With Mossie	12 Ladies le Cheile Sobriety Support program: 7-8pm Cafe Eireann: Welcome Back!! Music With Mossie	13 Young at Heart: Welcome Back!! Music With Mossie	14 Knitting @IPC 11am Crossroads Cafe: Welcome Back!! Music With Mossie	15
18 Social work Clinic: @IPC by appointment only Cara Club: Exercise w/Eileen Smith	19 Ladies le Cheile Sobriety Support program: 7-8pm Immigration clinic 6pm: (by appt only) Cafe Eireann: Trivia	20 Young at Heart: Exercise w/Eileen Smith	21 Knitting @IPC 11am Crossroads Cafe: Welcome Back!! Music With Mossie	
25 Social work Clinic: @IPC by appointment only Cara Club: BINGO	26 Ladies le Cheile Sobriety Support program: 7-8pm Cafe Eireann: BINGO	27 Young at Heart: BINGO	28 Knitting @IPC 11am Bereavement Group 7-8:30PM Crossroads Cafe: BINGO	29 IPC Irish Community Golf Classic 

- Monday, 1-3pm, Cara Club: Veronica Senior Center, 20 Chestnut Ave, Brighton MA, 02135
- Tuesday, 1-3pm, Young at Heart: St. Jerome's, 632 Bridge Street, Weymouth, MA, 02191
- Wednesday, 1-3pm, Cafe Eireann: IPC, 540 Gallivan Blvd. (REAR), Dorchester, MA, 02124
- Thursday, 1-3pm, Crossroads Cafe: St. John Chrysostom, 4750 Washinton St, West Roxbury, MA,

Community Partners



Home to Irish Bread & Scones; Coffee & Tea;
 Perfect For Cakes, Cookies and Bakes; Breakfast & Lunch Sandwiches, Hot Dinners
DAILY HOT LUNCH SPECIALS INCLUDE:
 Monday: Chicken Pot Pie, Shephard's Pie
 Tuesday: Roast Turkey Breast, Stuffing, Gravy & Cranberry
 Wednesday: Greenhills Baked Ham, Shephard's Pie
 Thursday: Irish Boiled Dinner w/ Irish Boiled Bacon, Corned Beef, Cabbage,
 Spuds, Veg & Homemade White Sauce
 Friday: Chicken Pot Pie, Chicken Curry, Rice and Fish dinner
 Saturday: Shephard's Pie, Full Irish Breakfast
 Sunday: Full Irish Breakfast

YALE
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 Fri: 9-4



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SPORTS NEWS FROM IRELAND

McCabe Makes Historic Score at Women's World Cup

The Republic of Ireland lost 2-1 to Canada at the Women's World Cup in Perth, a defeat that resulted in the teams elimination. Katie McCabe gave Ireland the lead - scoring a historic goal, the team's first at the World Cup - directly from a corner. Canada, however, grew into the game and scrapped out a win against a determined Irish side. McCabe created Irish football history after just four minutes. Ireland's World Cup stars were welcomed by thousands this evening as they travel to O'Connell Street for their official homecoming.



Limerick Completes Historic 4-in-a-Row

Limerick became 2023 All Ireland Hurling champions for the 4th time in a row. An All-Ireland hurling final that looked to be nicely poised early in the second half turned into a rout long before the end and sent John Kiely's team back down the road as only the third team in history to win four of these in a row. Though they have eaten the sport whole in the past half-decade, this must go down as the most satisfying feed of them all. Struggling for rhythm in the first half, they made it look like they were playing downhill after the break to ultimately run out winners by 0-30 to 2-15. Limerick reserved their best performance by repeating last year's final win over Kilkenny, who have now suffered a record four All-Ireland final defeats since their last victory in 2015.



Armagh Woman in Ironman World Championships After Learning to Swim

Megan Hamill, 23, made the cut despite only learning to swim last October and taking a tumble from her bike during her first Ironman recently. The University of Bristol student now has four months to train for the World Championships in Kona, Hawaii, which will see her again swim 2.4 miles, cycle 112 miles and run 26.2 miles. Hamill said: "I couldn't swim in October and I trained on a second-hand road bike I bought from Facebook Marketplace, so I genuinely am ecstatic to make the World Championships. Hamill graduates from her four-year geography with innovation master's degree at the University of Bristol in July, and takes up a job with engineering firm Jacobs Solutions in London this September. Until then she will be training hard in Portadown.



Dublin beat Kerry to claim All Ireland Football Title

Dublin claimed their 31st GAA All-Ireland Senior Football Championship title after beating Kerry 1-15 to 1-13 in Croke Park. There were ecstatic scenes at the full-time whistle as the Dublin players celebrated a first All Ireland title in three years, also gaining revenge on Kerry for a semi-final defeat last year. For Dublin veterans Cluxton, Fitzsimons, and captain James McCarthy, the win was particularly special.



Local Sports



Shamrocks Celebrate 30 years

In the summer of 1993, Joan O'Connor McDevitt travelled to the USGAA Football Championship to support her husband Paddy, playing with Donegal Boston GFC. After seeing the ladies teams play, she became inspired and went home with a new goal: to build a female Gaelic football team in Boston. That team became the Boston Shamrocks, now celebrating their 30th year, they are one of the most successful GAA teams in the state.

Since the club was formed it has emulated the values of the GAA and every year proves instrumental in helping girls settle in the US by creating a space for friendship, community, and sportsmanship for Irish arriving into Boston. Chairperson Eileen Kerin, who hails from Co. Clare said "We actually have way too many girls for the panel so it's hard to get spots, but no one cares as long as they're part of the team. Girls email us before they move here for the summer and we just had someone message to ask if she could join to make some friends."

The club marked their 30th year in style and took home the Intermediate ladies championship cup on after a win over long time rivals Connacht before heading to compete in Denver for a North American USGAA finals where the team made it to the semi-finals!

The Shamrocks will celebrate their 30th anniversary with a banquet on December 2nd at Florian Hall! Details on their Facebook Page!

Boston GAA Fixtures 2023

Men's Intermediate Football Final

2-16 Shannon Blues

1-11 to Donegal

Men's Junior A Hurling Final

2-18 Galway

Fr. Tom Burke's 3-12

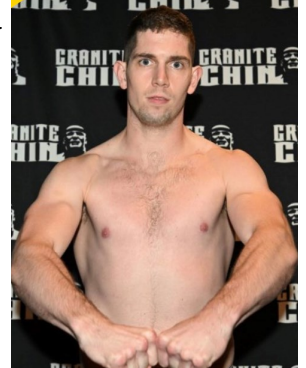
Men's Senior Football Final 2023

1-18 Donegal

Connemara Gaels 1-17

Fighting Pride of Galway Defends Title in Quincy

Thomas "The Kid" O'Toole put his undefeated record on the line as he faced Scott "Bombs" Lampert in a six-round cruiserweight bout for the USBF Cruiserweight Championship at "Veterans Stadium Showcase." O'Toole dominated the bout, using Lampert's aggression against him to score a knockdown in the first minute of the fight. The official result is O'Toole by TKO at 3:00 of the first round. The stoppage sets O'Toole's record to 8-0 (6). Lampert's record is 5-9 (4).



St. Brendan's Junior Cup

St. Brendan's ladies' became Junior A Football champions, defeating the Boston Shamrocks in a hard-fought battle. This win was extra sweet for the St. Brendan's Ladies as it is their first year playing at an adult level. The team came up through the youth system and some players have trained with the club since U6. Hudi McKenna, who coaches alongside and Corina Duffy expressed it was a club effort to get the team up and running and that there are many people to thank, including the coaches who have trained the girls at all levels. A fantastic example of youth development for GAA in Boston.

IN MEMORY OF CONNIE McELENENY

Local Sports

Milton's Sean Keohane selected by Buffalo Sabres in sixth round of NHL Draft

Congratulations to IPC volunteer Sean Keohane from Milton (with strong roots in Galway and Cork) who was one of 49 Americans selected in the two-day NHL Draft that concluded at Bridgestone Arena in Nashville, Tennessee. Keohane, a 6-4 defenseman, was a sixth-round pick by the Buffalo Sabres. Surrounded by friends and family, Sean watched the NHL Network live at home when he realized that the Sabres had selected him as pick No. 173.

Keohane, 18, was ranked 159th by NHL Central Scouting among North American skaters and 209th by Draft Prospects Hockey.

Keohane played prep hockey at Dexter Southfield School in Brookline, totaling 16 points (4 goals, 12 assists) in 32 games this past season.

Sean was recently awarded the 2023 Boston Bruins John Carlton Memorial trophy, awarded to students who excel in hockey and in off-ice endeavors, including academics and extracurriculars. On receiving this award, Sean was honored at a Bruins game at TD Garden in April.

The IPC extends our special congratulations to this IPC volunteer on such an amazing achievement! Committed to play juniors later this year in the USHL with the Tri-City Storm and has committed to playing Division 1 college hockey at Harvard in the fall of 2024, we know this is just the beginning for a talented rising player!



GAA Sports Quiz

1. Who captained Dublin to victory in the 1983 All-Ireland SF final?
2. When was the last time the All-Ireland Senior Football final featured teams who did not win their provincial titles that year?
3. Of the Mayo team that started the All-Ireland Football semi-final against Tyrone, how many of them played in the 2006 All-Ireland final when Mayo lost to Kerry?
4. Who was the first man to lift the Sam Maguire Cup in 1928?
5. Mayo have won two, drawn one and lost one of their last four Senior Football championship clashes with Dublin. True or False?
6. When was the last draw in the All-Ireland Senior Football final?
7. Who scored Dublin's goal in the 1995 All Ireland Senior Football final win over Tyrone?



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