

# Irish Pastoral Centre Newsletter



*"We are a Parish without Boundaries."*

*Serving the Greater Boston Irish Community since 1987*

## Bartleys Milestone Birthday!

From Castlegar in County Galway to Boston via London, Bartley Collins is a well known and much loved friend within the Boston Irish Community. Here at the Centre Bartley drops in regularly and is always ready for a story or song. He's an avid card player with a keen eye and a founding member of Fr Toms GAA club. Castlegar has never left, the place where life long values were instilled. Bartley's affection for Galway, for sport, history and family is so evident. On the occasion of reaching his 90th birthday, many will remark on Bartley's gift of friendship. We are all celebrating with you Bartley! Happy 90th birthday from all of us at IPC!



## The Visitors



We were delighted to meet Ireland's Prime Minister An Taoiseach Leo Vradakar during our March celebrations and we also welcomed Consul General of Ireland Sighle Fitzgerald, Boston City Councilor John Fitzgerald and city of Boston Mayor Janet Wu to our St Patrick's Day celebration at Florian Hall. More photos on page 17



**Ard-Chonsalacht na hÉireann | Bostún**  
Consulate General of Ireland | Boston



**Government of Ireland**  
Emigrant Support Programme



An Roinn Gnóthaf Eachtracha agus Trádála  
Department of Foreign Affairs and Trade

# IPC News Desk

Dear friends,

It's hard to believe that I am in Boston as I write to you because it certainly feels like a rainy Irish day!

We have had an amazing month of March here at the Centre, which began with a fantastic and well deserved celebration of Fr. Dan's 80th birthday. Thank you to all who joined us. It was wonderful to be able to accommodate so many people in our new, expanded space.

Boston welcomed Ireland's Prime Minister , Taoiseach Leo Varadakar and we were honored to discuss our progress with him. Irish Network Boston honored us at their Annual St. Patrick's Day event with the INB Community Spirit Award which means a lot to us.

We welcomed Boston Mayor Michelle Wu, Boston City Councillor John FitzGerald along with Consul General Síghle FitzGerald to our favorite event every year, the St. Patrick's Day luncheon at Florian Hall. This was our largest attendance to date and the highlight for us is seeing all our groups come together from Brighton, Dorchester, West Roxbury and Weymouth.

On March 17th I attended the St. Patrick's Mass at the Cathedral where the choir along with tenor Ciaran Nagle were stunning! It was lovely to see Monsignor Bergin honored by the Charitable Irish Society and at the annual Irish American Partnership breakfast, founder and CEO Joe Leary RIP was fondly and fittingly remembered.

Róisín, Amy and Andrea hosted an evening of conversation and old Irish stories in Irish and English here at the Centre and we are also very impressed by Vincent Queally's presentation on his new book, Reflections of an Irish Grandson. Our monthly trad session is growing! Join us the third Sunday of each month for tea, talent and tunes!

As we wait for the sun to finally shine, please keep in touch with us as we continue to build great programs and services. As always, we say, thank you for your continuous support. We go forward together!

Happy Spring! Mind yourselves,  
Mary

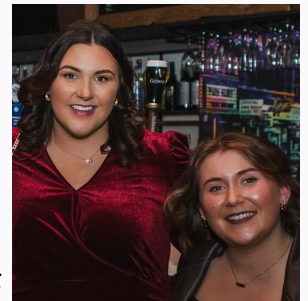


## Celebrating the Irish American Partnership

We were delighted to attend the Irish American Partnership Annual St. Patrick's Day Breakfast at the Intercontinental Hotel in Boston. We enjoyed learning of the ongoing programs the IAP provides, as well as meeting and catching up with other friends of the IAP.

## Co. Roscommon Man and Woman of the Year!

There was a packed house at the Irish social club on Easter Saturday night to honor Pat Kelly and Aoife Griffin, the County Roscommon Association, 2024 Outstanding Man and Woman of the Year. We have known Pat and Aoife for quite some time. and each of them bring such genuine interest in the Boston Irish community and contribute in so many ways. Pictured here is Mary Swanton IPC with Pat Kelly and IPC manager Amy O'Carroll with Aoife Griffin. Heartiest congratulations to both and thank you to Richie Gormley and the Roscommon Association for a wonderful evening.



**DO YOU KNOW SOMEONE WHO WOULD LIKE THE IPC NEWSLETTER?**

Call 617-265-5300 or email [aocarroll@ipcboston.org](mailto:aocarroll@ipcboston.org) to sign up to our mailing list.

THIS PAGE IS SPONSORED BY NEIL HURLEY

The IPC is looking for donations of banquet tables &



# IPC News Desk

## Thank you Vincent!

We were blown away with the delivery of these pieces from the talented artist Vincent Crotty. We recommend you visit the center to appreciate the beauty of these paintings which are a homage to old Irish sign painting and we look forward to warming up our new community room with the beautiful set painting of an old Irish kitchen. Thank you Vincent for sharing your talents with us, we are so grateful to be surrounded by so much of his work here at the IPC.



## C.A.R.E. - Cumann Airígh Rúnchara na hÉireann

Association of Irish Caregivers and Confidants



**Join us on Sunday April 21st at 5PM for an information evening**

Including, but not limited to Nurses, Nurse Practitioners, Counselors, Social workers, Therapists, Student nurses, Nursing Assistants, Home Health Aids and all other Care-givers and confidants.

**Our Mission:** To Provide a Forum for Support, Education, Networking and Social Opportunities for our members. To offer confidential help and care to individuals in the Irish Community in collaboration with the Irish Pastoral Centers Health and Wellness program.

Maureen McNally NP    Cait O'Byrne



Thank you to all who attended our volunteer led Bereavement Group. We hope all who attended found comfort in the program and in each other. Thanks also to our volunteer team for sharing their own experiences. We are in process of organizing a drop-in bereavement group evening. If you would like to participate in our next group, please call the office at 617-265-5300.



Ard-Chonsalacht na hÉireann | Bostún  
Consulate General of Ireland | Boston

## The Mother and Baby Institutions Payment Scheme

The Mother and Baby Institutions Payment Scheme is now open for applications. The payment scheme provides financial payments and health supports to eligible people who were in Mother & Baby and County Home Institutions in Ireland. Apply today online or request a paper application at [www.gov.ie/paymentscheme](http://www.gov.ie/paymentscheme)

If you need technical assistance with requesting a paper application, call into the Irish Pastoral Centre or call us at 617-265-5300



## The IPC Named Recipient of the Dot Block Community Benefits Project

The Irish Pastoral Centre Boston is delighted to be named a recipient of funds through the Dot Block Community Benefits project, from the Boston Planning & Development Agency - BPDA. These much needed funds will help us to continue our mission of welcoming the 'stranger among us'.

**GAA SPORTS QUIZ ANSWERS: 1. Armagh, 2. Down, 3. Kerry, 4. Meath, 5. Fermanagh, 6. Louth, 7. Wicklow, 8. Clare, 9. Tipperary, 10. Mayo, 11. Longford, 12. Cork, 13. Waterford, 14. Carlow, 15. Galway, 16. Cavan, 17. Leitrim, 18. Wexford, 19. Westmeath, 20. Antrim, 21. Kilkenny, 22. Donegal, 23. Dublin, 24. Limerick, 25. Derry, 26. Sligo, 27. Tyrone, 28. Laois, 29. Offaly, 30. Kildare, 31. Roscommon, 32. Monaghan**

# IPC News desk



## IPC Accepts INB's Community Spirit Award!

The Spirit Award honors individuals, groups, and organizations that have demonstrated the unique attributes that distinguish the Irish in their efforts to enhance the lives of others.

All of us at the Irish Pastoral Centre extend our gratitude to Irish Network Boston for highlighting our work by awarding us the Community Spirit Award. Special thanks to INB Chairperson Aoife Griffin and Government of Ireland Vice Consul Paul Rooney for their kind remarks and award.

## Best of Luck to our 2024 Boston Marathon Runners!

We wish our 2024 marathon runners Eddie Marquis and Mary Varden every success as they prepare to take on the 128th Boston Marathon on April 15th. The IPC marathon team raises significant funds for our Community outreach every year and we are very grateful!

You can still support our runners as they support us by donating to the IPC at [ipcboston.org/donate](http://ipcboston.org/donate) or make sure to cheer them on during the big day!

**128<sup>TH</sup> BOSTON MARATHON**

### SUPPORT EDDIE

"I love that IPC services are available to all, and I'm impressed by their incredible commitment to crisis response."

**DONATE**

**128<sup>TH</sup> BOSTON MARATHON**

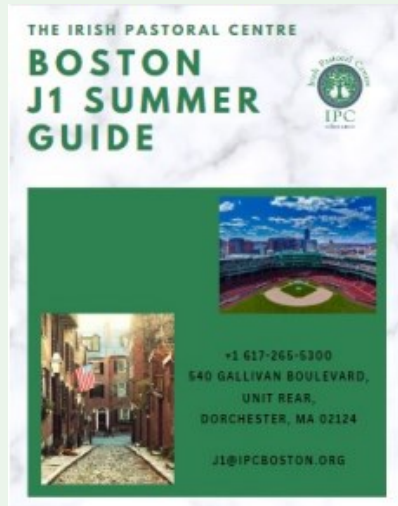
### SUPPORT MARY

"We all know what a fantastic organization this is, how they have grown in and with the community."

**DONATE**

## J1 Summer Students!

We have received emails and messages from students who are interested in spending Summer 2024 in Boston. Students can download our J1 guide below for information or reach out to our J1 Coordinator, Andrea with any queries.



**Meet Andrea:** Andrea moved to the US in 2012 as part of a J1 program after graduating St. Angela's college, Sligo as a Home Economics teacher. Since moving to Boston, Andrea has also earned her Masters in Education from Cambridge College. Having worked in many different settings including teaching middle school in a public school district & starting a small business "Boston Bakeology", Andrea is works as J1 & Events Coordinator at the IPC.



Contact Andrea at [J1@ipcboston.org](mailto:J1@ipcboston.org) for any J1 support queries.



# IPC NEWSDESK



## SUNRISE WALK

**SATURDAY, MAY 4TH 2024**  
**4:45AM**

Join us at the Irish Pastoral Centre as we walk with our community in aid of Pieta House and The Kevin Bell Repatriation Trust

**DONATE**



**HERE**

WE WILL GATHER IN DARKNESS AT THE IPC, AND WALK UNTIL SUNRISE AT POPE JOHN PAUL PARK. TEA/COFFEE AND REFRESHMENTS WILL BE SERVED AFTER.

Irish Pastoral Centre, 540 Gallivan Blvd, Unit Rear, Dorchester, MA 02124

ANSCO LE CHEILE - HERE TOGETHER

### Student's get a taste of Ireland at the IPC!

We were excited to host Beaver Country Day School at the IPC. The students visited the Greenhills Bakery as part of a field trip to learn about Irish food. IPC J1 & Events Co-Ordinator Andrea Feeny who is an expert in traditional Irish cooking led the discussion with the students and answered any questions they had about Irish Cuisine and customs. Andrea studied and worked teaching home economics and regularly runs cooking classes at the Irish Cultural Centre in Canton. The students enjoyed a taste of Ireland with freshly baked goods from the Greenhills washed down with Barry's Tea and Mi Wadi.



### Gold Transparency 2024

We recently earned a Candid Gold Seal of Transparency on our Guide Star charity profile! Look us up on [guidestar.org](https://guidestar.org)

Gold  
Transparency  
2024

Candid.

## Irish-American Country Social Dancing

Living \* Quickstep \* Waltz \* Foxtrot \* Siege of Ennis \* Cotton Eye Joe \* Line Dancing & more!



\$10.00 p.p.  
Admission at the door

6:30-7:30 PM - Dance Lessons  
 7:30-9:30 PM - Social Dancing to top Irish & American Music

**Thursdays**

4/04, 4/11, 4/18, 4/25, 5/02, 5/09

In loving memory of

**Police Officer Andrew Patrick O'Connor**

Part of the proceeds will be donated to the

**Brotherhood for the Fallen - Boston**

<https://brotherhoodboston.org/store/donate-now/>

**Irish Social Club**

119 Park Street West Roxbury, MA

SPECIAL PROMOTION:

6 classes for \$50, if pre-paid by 4/04

Venmo @IrishAmericanDanceClass

Contact Winnie: wahenry7@hotmail.com



No partner or experience required



Presented In partnership with Irish Pastoral Center & Irish Social Club

THIS PAGE IS IN MEMORY OF MICHAEL McDONAGH

# COMMUNITY NEWS

**WANT TO LEARN HOW TO DANCE?**

## PRIVATE SMALL GROUP DANCE LESSONS

**TUESDAY EVENINGS IN MILTON**

**7:00 PM - 8:30 PM**

**SPACE IS LIMITED.  
REGISTRATION IS REQUIRED.**



**\$15 PP  
PER CLASS**

**JIVE \* QUICKSTEP \* WALTZ \* LINE DANCE \* FOXTROT**

**4 WEEK SMALL GROUP CLASS**

**4/9/24 \* 4/16/24 \* 4/23/24 \* 4/30/24**

**SIGN UP FOR 1 CLASS OR ALL 4!**

**ALL ARE WELCOME!**

**CONTACT WINNIE FOR MORE DETAILS: WAHENRY7@HOTMAIL.COM  
OR PM FACEBOOK.COM/IACOUNTRYDANCE  
TO BOOK YOUR SPOT, VENMO @IRISHAMERICANDANCECLASS**

## Dancer and Therapist!

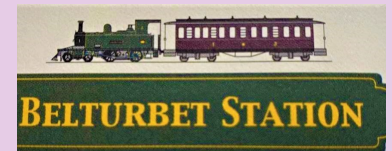
Congratulations to Kieran Jordan who recently passed her Board Certification Exam for Polarity Therapy after 3 1/2 years of training, more than 800 hours of classes, 4 clinical intensives, 250+ clients sessions and so much self-study...!! Kieran is so happy to reach this milestone. Polarity is a vast and profound system of holistic healing, which includes bodywork, communication work, nutrition, and movement/exercise. Join us at the IPC on Sunday April 28th at 2pm for a complimentary introduction to polarity therapy with Kieran. All are welcome!



## A Message from Belturbet Station

This year holds special significance for us, as Easter Sunday marks the 65th anniversary of the closure of our beloved railway in 1959. As custodians of our local history, we are deeply committed to preserving the memories and stories that make our community unique, especially those centered around the Belturbet Railway Station.

In this spirit, we kindly request that if you or anyone comes across any anecdotes, reminiscences, or historical accounts related to our area, particularly the railway station, we would be immensely grateful if you could share them with us. These stories not only enrich our understanding of the past but also ensure that the legacy of our railway lives on for generations to come.



## The 15th Annual Saint Patrick's Day Brunch at the Mary Ann Brett Food Pantry

The 15th Annual Saint Patrick's Day Brunch at the Mary Ann Brett Food Pantry took place on Saturday, March 16. The Mary Ann Brett Food Pantry has made a significant impact over the years. An extraordinary team of volunteers help each Saturday in providing nutritious groceries to individuals and families facing economic hardship in Dorchester. Thanks to the support of the community, the Food Pantry has raised over \$1 million, assisting more than 550 families every month in Dorchester.

*Jim Brett and Latoyia Edwards  
Photo credit: Bill Brett*

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**THE  
IRELAND  
FUNDS  
AMERICA**


# News From Our Senior Outreach

## New Changes to the Medicare Savings Program

As of March 1st, the Medicare Savings Program (aka the Buy-in) no longer has an asset limit. This means that many more people may be eligible to get on these programs that help to pay the Medicare Part B premium (\$175 for most people taken out of social security) and get discounted drug coverage.

If this applies to you, call the IPC at 617-265-5300 for more information. We also offer individual counseling is available from SHINE at the IPC by appointment.

Please call the IPC 617-265-5300 if you wish to set up an individual meeting with a SHINE Counselor regarding any medicare queries.



## Get Help Paying Medicare Costs

Apply to the Medicare Savings Program (MSP) NOW to save up to \$3,000 a year on Medicare costs

### What is the Medicare Savings Program?

Medicare Savings Programs (MSP) will pay for some or all of Medicare premiums, deductibles, copayments, and co-insurance. Depending on your income, MSP will pay for your Medicare Part A & B premiums and cost sharing, or Medicare Part B premium, as well as lower your prescription costs. This is not an insurance plan.

### Who qualifies?

Medicare beneficiaries who meet the following income limits:

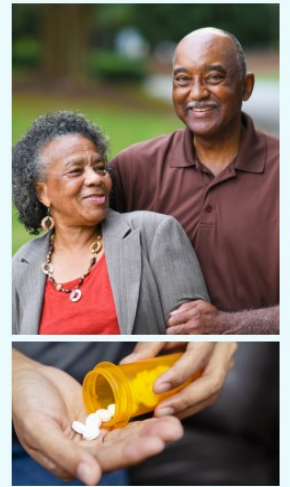


You Are	Your income is at or below
Single	\$2,824 per month
Married	\$3,833 per month

**NEW AS OF MARCH 1, 2024:**  
**THERE IS NO ASSET LIMIT**

**Call 1-800-841-2900 to Receive an Application**

Learn More at [Mass.gov/MedicareSavings](https://Mass.gov/MedicareSavings)

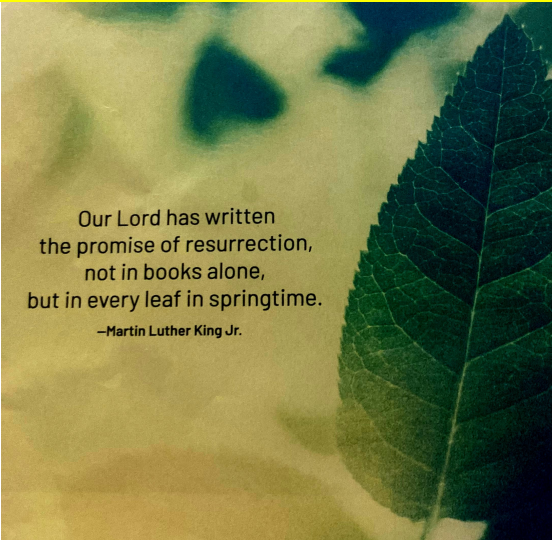


**Happy Birthday Patsy!!**  
Wishing our Senior Co-ordinator Patsy Dineen a very happy birthday! We were able to celebrate Patsy at this years thanksgiving Mass and Luncheon where Mayor Michelle Wu presented her with a cake.

# April Birthdays

Margaret Boyd	Mary Flaherty	Janet Kilderry
Bartley Collins	Mai Gallagher	Vera Lyons
Cathy Coppinger	Mary Geraghty	John Maguire
Jimmy Dowd	Peggy Glynn	Mary McKeeney
Maureen Egan	Trudy Hynes	Lois Morton
Matthew McCarrick	Cara Kiff	Ann Ward

# Fr. Dan's Page



## The Seed of Resurrection By Sister Melonnie Suobodo SND

Although we do not fully understand all the implications of the Resurrection, this we do know: Easter celebrates not only Jesus' resurrection but the resurrection that has already begun in each one of us. Wherever fragile life is cared for, where tears are wiped away, where the lonely are visited, where forgiveness is extended, where hungry children are being fed, where honesty and integrity abide, where genuine peace is established, where honesty and integrity abide, where genuine peace is established, where an unjust situation is being made just. All of these are seeds of the Resurrection, seeds of a new life. The Resurrection is not only a past event or a future event. It is already in process here and now. This is Easter's promise! This is Easter's joy! What else could we say but **Alleluia!**

*Jesus, help me to notice and plant the seeds of Resurrection wherever I go!*



## Easter People By St. Augustine of Hippo

We are Easter people and "Alleluia" is our song. **Let us sing "Alleluia" here and now in this life**, even though we are oppressed by various worries, so that we may sing it one day in the world to come, when we are set free from all anxiety.



## Rise Again

Our Christian faith calls us to embrace the truth that there is no death. What appears to be death is a living passage from this way of life to another. And I like to believe that when we exhale out our last breath in this bodily existence, God will draw near and breathe into us for a second time, making us rise again to life.



Dear Friends,

Thank you to all who celebrated my 80th birthday with me!

How grateful I am for your kindness, generosity, thoughtfulness and above all the gift of your friendship. I received so many gifts that did not have a return address and it is my hope that this thank you will serve as an acknowledgement to all. I ask God to bless all of you in return for the thoughtfulness you have shown.

Gratefully, Dan

**\*\*REMINDER\*\***

**Please return your CRS Rice Bowls to the IPC!!**

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# In Loving Memory

*We remember those in our community who have recently passed away. Our thoughts and prayers and with all the bereaved families, and we hope that in time lovely memories will surround them. Eternal rest grant unto them oh Lord, and let your perpetual light shine upon them.*

January 23 2024, Bernadette M. Bullistrum, Norwood, Co.Dublin

February 9 2024, Betty Lang, Norwood

February 17 2024, Rose DaCorta, Dorchester

February 16 2024, Olive Hill, Brighton, Co. Dublin/Westmeath

February 21 2024, Barbara Conroy, Brioghton, Co. Galway

March 3 2024, Sheila Duggan, Brighton, Co. Kerry

March 13 2024, Rita Cheevers, Brighton, Co. Galway

March 27 2024, Terence Donnelly, Walham, Co. Tyrone

## Remember

Remember me when I am gone away,  
Gone far away into the silent land;  
When you can no more hold me by the hand,  
Nor I half turn to go yet turning stay.  
Remember me when no more day by day  
You tell me of our future that you plann'd:  
Only remember me; you understand  
It will be late to counsel then or pray.  
Yet if you should forget me for a while

And afterwards remember, do not grieve:  
For if the darkness and corruption leave  
A vestige of the thoughts that once I had,  
Better by far you should forget and smile  
Than that you should remember and be sad.

*Christina Georgina Rossetti*



Margaret P. Connolly, 88, passed away February 29, 2024 following an illness. She leaves her husband of 60 years, Patrick Connolly, her daughter Ann Marie Foley and grandchildren children Robert and Caileen Foley. She was predeceased by her 5 siblings and her son-in-law Robert Foley.



Margaret was born April 14, 1935 in Killavoggy Co. Leitrim, Ireland, daughter of the late Kathleen (McMorrow) and Patrick Hannon. She graduated from Commercial College in Sligo and then emigrated by boat to New York City in 1956. She worked as an Executive Assistant at Chase Manhattan Bank on Wall Street and ultimately retired from the Bank of Boston.

She lived her life with her faith close to her heart, with a warmth and love for her family, especially her grandchildren and was known for her feisty nature and fierce competitiveness. Her quick Irish wit was known and adored by all those around her. Margaret played the accordion, Irish music and dance were some of her many passions. She enjoyed knitting and was an avid sports fan, she especially loved watching her grandchildren compete.

The IPC extends our deepest condolences to the family and friends of Rian Sheridan (25) Rian Sheridan, Cluainluáin, Renvyle, Co.Galway, who died tragically on the 27th of March 2024.



Beloved only son of Finian and Maria Sheridan, and much loved and adored brother of Ciara, Doireann and Aebhín and brother-in-law Christopher Casey, his nephews Fionn and Shay Casey his loving girlfriend Áine Griffin who is sister of Aoife Griffin of Boston. Rian will be sadly missed by his grandparents Sean and May O'Toole and his grandmother Doreen Sheridan Dolly, along with his aunts and uncles, cousins and the Griffin family and his many friends around the whole of Ireland that he made through his love of dairy farming, music, football and studies in UCD.

THIS PAGE IS SPONSORED GORWOLEY FUNERAL HOME

# A Moment to Mind Yourself



## Gambling: When and how to get support

*By Danielle Owen*

**“Even as I approach the gambling hall, as soon as I hear, two rooms away, the jingle of money poured out on the table, I almost go into convulsions.” – Fyodor Dostoevsky**

In the same way people can misuse drugs, alcohol, food, and sex, leading to major abuse and addiction, gambling misuse can also lead to addiction. The Massachusetts Council on Gaming and Health shares the following statistics on their website: “Research has estimated that ... approximately 2-3 percent of [Massachusetts]’s population has experienced disordered gambling in their lifetimes.”

Problem gambling (sometimes referred to as “gambling addiction” or “gambling disorder”) is gambling behavior that is damaging to a person or their family, often disrupting their daily life and career. Anyone who gambles can be at-risk for developing a gambling problem. Gambling disorder is a recognized mental health diagnosis.

Compulsive gambling can result in social, emotional, and financial devastation, including loss of relationships, homes, emotional or physical health, and career or educational opportunities.

We at the IPC have seen how pathological gambling (in its most serious form) can lead to stress, depression, anxiety, substance abuse, and even suicide. With that in mind, it’s vital to share the key signs and what support is available for those living with this addiction.

Some warning signs of a gambling problem:

- Thinking about gambling all the time.
- Feeling the need to bet more money and more often.
- Going back to try to win your money back (“chasing losses”).

- Feeling restless or irritable when trying to stop or cut down.
- Feeling like you can’t control yourself.
- Gambling despite negative consequences.

No one plans to have a problem with gambling but ask yourself the following:

- Have you ever borrowed money to gamble or to cover lost money?
- Have you ever thought you might have a gambling problem, or been told that you might?
- Have you ever been untruthful about the extent of your gambling, or hid betting slips, lottery tickets, gambling money or other signs of betting from others?
- Have you ever tried to stop or cut back on how much or how often you gamble?

Video gaming can also become a problem. Check out the signs here:

<https://macgh.org/video-gaming-problems/>

Change is always possible but sometimes we need extra support including planning for and managing urges. The Massachusetts Council on Gaming and Health <https://macgh.org>, or its free helpline: 800-426-1234 offers information and support from specially trained helpline and one to one counselors.

For support and assistance for those affected by someone else’s gambling problem, check out gam-anon at <https://www.gam-anon.org>

If you are not sure you have a problem or if you love someone who has a gambling or video gaming disorder and want to talk it through or get additional support, please reach out in confidence to Danielle or Gina at the Irish Pastoral Centre: 617-265-5300 or e-mail: [dowen@ipcoston.org](mailto:dowen@ipcoston.org) or [ggallagher@ipcoston.org](mailto:ggallagher@ipcoston.org). We offer both in-person and telehealth appointments.

**If you would like to get free and confidential support for you or a family member from licensed clinicians you can reach out Gina or Danielle at the Irish Pastoral Centre: 617-265-5300**

**or e-mail: [ggallagher@ipcoston.org](mailto:ggallagher@ipcoston.org) or [dowen@ipcoston.org](mailto:dowen@ipcoston.org)**

# News From Celtic Angels

## Myths About Home Caregiving Services, Debunked

By Maria Burke, RN, Owner, Celtic Angels Home Health Care

Many families may be reluctant to hire home care partners because of widely held, but frequently untrue impressions of what home caregiving services are like based on things they've heard. But the truth is, much of that talk is inaccurate. The truth is home caregiving services often improve quality of life for both seniors and their families. Let's separate fact from fiction with these four myths about home caregiving services, debunked.

### 1. Myth: Home Caregiving Services Are Too Expensive

Often, families are reluctant to use home caregiving services because they believe it would be too expensive. And they are often unaware that insurance covers many necessary home caregiving services. In reality, home caregiving services are far less expensive than nursing home care. Comparatively, it makes good financial sense to opt for home caregiving services. Plus, home caregiving services allow your beloved senior to stay in a familiar place surrounded by people who love them, and that has so many benefits in terms of comfort and ease for your loved one.

### 2. Myth: Home Caregiving Services Are Inferior to Assisted Living or Nursing Home Care

Another common myth about home caregiving services is that they are inferior to assisted living or nursing home care. As a result, families often believe that their loved one will receive better or more consistent care in a nursing home. But this isn't the case. Indeed, home caregiving services allow you to be involved and aware of the services your loved one receives in a way that is different if your beloved senior resides in a facility. Furthermore, home caregiving staff are fully trained, certified and bonded and have extensive qualifications. And importantly, your senior loved one will receive undivided attention rather than being one of many patients in a facility.

### 3. Myth: Home Caregiving Services Place Seniors at Risk

Families often worry that choosing home caregiving services will place their beloved seniors at risk. In reality, however, home caregiving services can often be safer than assisted living or nursing home options. Since you are in charge of the staff you select, you can fully screen them and choose a person that best fits your loved one's needs, personality and

expectations. Your loved one isn't exposed to the same risks as they would be in communal living. The COVID-19 pandemic was a tragic example of just how unsafe assisted living and nursing home facilities can be. Indeed, when seniors live in large groups and often



Maria Burke, RN

without adequate numbers of staff, it can foster an environment where communal diseases spread. That's something your senior loved one is far less likely to experience when living in their own home.

### 4. Myth: I Should Do All Caregiving Myself

Care partners too often place a heavy burden on themselves by attempting to do 100% of the care their senior loved one needs. This leads to burnout and can strain family relationships at a time when both you and your senior loved one would prefer to enjoy quality time together. And often, this is a result of believing the myth that your senior loved one won't be comfortable or safe with anyone else. However, this isn't the case. In fact, home caregiving services give both you and your senior loved one a much-needed break. And because you choose your care partner, you can ensure that both you and your beloved senior are comfortable with the person providing their care.

**At Celtic Angels, Inc., we take your beloved senior's safety and comfort seriously. That's why we fully vet and train each of our care partners, and we always tailor care to your unique situation. If you are interested in exploring home caregiving services for your senior loved one, we encourage you to schedule a no-cost, no-obligation meeting with our care partners in your home. Please visit us at [www.celticangelsinc.com](http://www.celticangelsinc.com)**



## Celtic Angels Home Health Care

OUR CLIENTS LOVE US!

Hi, I'm Milo.  
The Celtic Angels Home Health Care Mascot.





"Your CNA Kelly takes care of my every need. I'm in excellent hands."  
— Truly, Susan C.

www.celticangelsinc.com • 781-331-0062

## News From Ireland

### New Irish Language Initiative Launches—Gaelige.ie

Foras na Gaeilge and RTÉ presented Creidim Ionat, an innovative and collaborative online initiative aimed at nurturing widespread awareness and everyday use of Irish. Creidim Ionat is a Foras na Gaeilge initiative in partnership with RTÉ that calls on everyone with an interest in Irish to pick a language goal to work towards, with the help of a mentor and the wide range of resources that are available to help. Goals can be as simple as using some new phrases, learning a song as Gaeilge, or reading an Irish language book. Foras na Gaeilge, the public body responsible for the promotion of the Irish language across the island of Ireland, encourages Irish speakers to put themselves forward as a mentor with the aim of supporting a mentee to achieve a language goal.



### Memorial garden is dedicated to the Ballycannon Boys

A memorial garden dedicated to the Ballycannon Boys who lost their lives during the struggle for Irish freedom has been officially opened in Kerry Pike. Chair of the Clogheen/Kerry Pike Community Association, Iain McGregor, said it had taken two years and “a lot of work” to complete the memorial garden which includes three metal plaques detailing some of the history of the Ballycannon Boys and six trees planted to honour each of the six young men. The Ballycannon Boys, members of the C Company, First Battalion, Cork No 1 Brigade, IRA, comprised Daniel Crowley (23), William Deasy (20), Thomas Dennehy (21), Daniel Murphy (24), Jeremiah O’Mullane (23) and Michael O’Sullivan (20). The memorial garden faces onto the house and farmyard which in 1921 was the location at which the Ballycannon Boys spent their last night alive.



### Letterkenny Students Create Magical Fairy Garden for Community—Donegal Daily

Students from a Letterkenny school have created a ‘fairytale’ ending for local children after creating the town’s first fairy garden in a local park. Errigal College decided they wanted to give a little back to the community and so they created the magical garden nestled within the confines of the secret garden area of Bernard McGlinchey Town Park. This enchanting addition to the local community promises to bring joy and wonder to visitors of all ages. In collaboration with Ms. Crossan’s Transition Year art students, who lent their imaginative flair to ensure that every detail sparkles with magic. “This fairy garden represents the culmination of the students’ hard work and creativity,” remarked Mr. Paul Kelly, woodwork teacher at Errigal College.



### First Irish Born Actor Wins Oscar for ‘Best Actor’

History was made this year as Corkman Cillian Murphy is officially the first Irish-born actor to win Best Actor in the Academy’s 96-year history for his performance in the film ‘Oppenheimer.’ He received praise all throughout the season for portraying J. Robert Oppenheimer, the complicated and brilliant physicist tasked with leading the Manhattan Project, the secret effort to create the atomic bomb. On winning the Oscar, Murphy expressed, “It’s a little bit of a daze, you know. I am very overwhelmed,” he admitted. “I am very humbled. I’m very grateful. I am very proud to be Irish standing here.”



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## Community Spotlight: Michael Flynn



*IPC's Róisín Lee received a letter from her Grand Uncle, Michael Flynn who is also from Kilkerrin in Co. Galway. In the 1950's, Michael served as Vice - Consul of Ireland in Boston. In part of his letter, he reflects on the years he spent there and what life was like for Irish Immigrants in Boston at that time.*

There was no such centre in Boston when I arrived in the 1950's decade.

The 1950's were a decade of depression in the Irish economy with high emigration to America. It was also a time of recession in the United States. I found my work in the Consulate rewarding as it gave me the opportunity of attending the social functions of many counties and gaining insights into the lives of so many immigrants. I used to receive letters from Bina (my sister) giving me the addresses of people from Kilkerrin parish living in Dorchester and the greater Boston area. I enjoyed having dinner with them in their hospitable homes as we recalled events of our lives at home.

The Consulate was located on the 22nd floor of the John Hancock building near Copley Square. I lived in a apartment near Beacon Street close by, and near to the Boston Public Garden. In the consulate, we kept in close touch with the Irish community by attending social events of the various county associations. I frequently gave lectures at functions organized by social groups in various parishes in greater Boston. I gave a lecture on the history of the Abbey Theatre to the Eire Society of Boston which was just founded at the time.

I recall meeting Congressman John F. Kennedy, as he then was, at a social function of the Galway association. That was the year he won election as United States Senator for Massachusetts. During those pre-Vatican Council years, Archbishop Cushing was ahead of his time in taking initiatives in church affairs.

In the 1950's, letters were the means of communication with home. I treasured letters from Bina and my sisters with news from home. In those years we felt the need of a Pastoral Centre and I am happy to read that your centre is now a vibrant, welcoming organization in the Irish community.



*Boston 1952, Vice Consul Micheal Flynn with Henry Gogarty*



*Left to right, Atty. James F. Kane of Chelsea, supervisor of Public Records representing Secretary of State Edward J. Cronin, Mr. Michael Flynn, State Archivist Richard D. Higgins of Salem, who will be toastmaster, and Paul E. Tierney of Somerville, past state president of the Ancient Order of Hibernians and auditor of the John Hancock Mutual Life Insurance Company, who will be a head table guest.*

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# FADÓ FADÓ – LONG AGO IN IRELAND



## The curious Irish town that legend says has magical healing powers

By Alana Loftus, *The Irish Star.com*

The tiny town of Feakle in Co Clare is no different to any other rural Irish town from the outside. But under the surface, the town has a long history of mythology, magic, and healing.

Besides its vibrant traditional music scene, Feakle is perhaps best known as the hometown of Biddu Early - the great Irish healer and suspected witch of the 19th century. Before she was well known, she was a poor girl named Bridget O'Connor from rural Co Clare. She learned everything she knew about herbal medicine from her mother who passed away young.

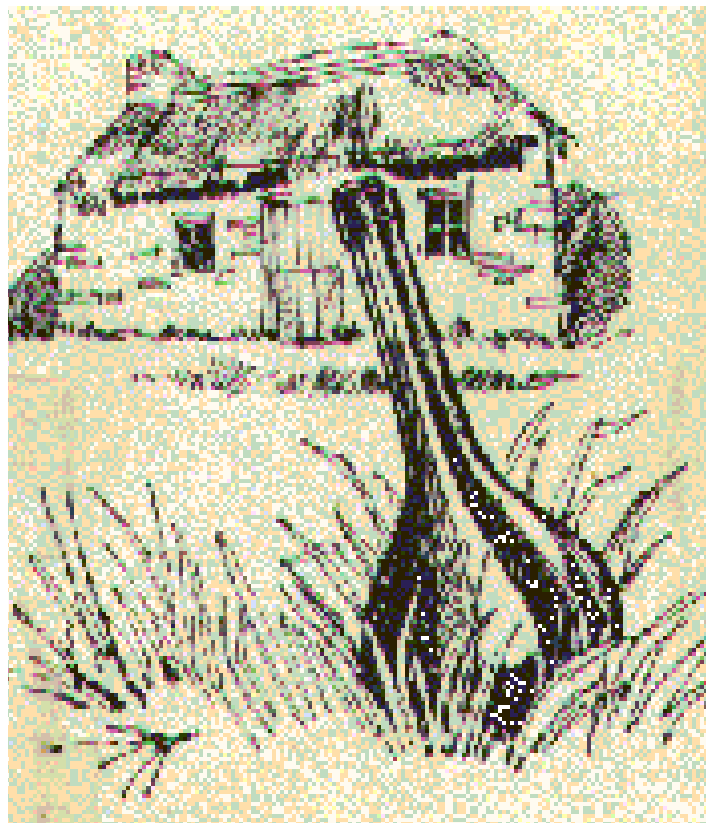
In early 1800s Ireland, Piseogs were prevalent and people believed that curses from dark forces could derail their lives. Spéirbhean of 'bean feasa', was the name given to a local woman who would be employed to help lift these curses. As the hometown of one of the most famous and powerful Spéirbheans, Feakle became associated with magic.

In 1843 J.G Kohl, a German writer touring the area, wrote that a number of 'wise women' lived in the area. He described them as 'Norisheen', a clairvoyant and soothsayer who told of the interests of the country, 'Consideen' from Edenvale, who claimed to know death personally and the hour of her own death, and 'Crohoor Highue' who could 'charm the very birds from the trees.'

While today we find it fascinating to learn about the women with 'magic powers,' many women including Biddu Early were accused of witchcraft, ostracized from society and even charged with crimes. The town of Feakle rejected the idea that it was somehow magical.

Today, there is little evidence that the town has any magical powers but remnants of the stories remain in local legends. Visitors to the town can even pay a visit to Biddu Early's house, and leave a coin there for good luck.

Feakle still has a diverse and interesting community with many healers, craftspeople, artists, homesteaders and organic farmers. Because of its tranquil and beautiful scenery, it is a popular spot with creative people. If you are looking for an underrated town to visit this summer there is plenty to do from walking trails and water sports to yoga retreats and the local woolen mills.



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Aer Lingus 

# CELTIC SCRIBE



## Requiem for the Croppies

*Seamus Heaney*

The pockets of our greatcoats full of barley...  
 No kitchens on the run, no striking camp...  
 We moved quick and sudden in our own country.  
 The priest lay behind ditches with the tramp.  
 A people hardly marching... on the hike...  
 We found new tactics happening each day:  
 We'd cut through reins and rider with the pike  
 And stampede cattle into infantry,  
 Then retreat through hedges where  
 cavalry must be thrown.  
 Until... on Vinegar Hill... the final conclave.  
 Terraced thousands died, shaking scythes at cannon.  
 The hillside blushed, soaked in our broken wave.  
 They buried us without shroud or coffin  
 And in August... the barley grew up out of our grave.

## Words for Summer

*Andrew Jamison*

I've wondered if there are words for it,  
 the end of August, all this loving you.  
 Blackberries at Burrington, the sea at Brean,  
 a half of something local at The Plough,  
 in its garden in the sun in the heat,  
 or trying to learn to dance, where to stand,  
 how not to grip your hands too tightly in the hold,  
 the right amount of tension in the arms.

I've wondered if there will be words for it  
 again, now summer's over, and life,  
 the working world, with timetables and terms,  
 is calling our names in its register  
 to which we must respond with 'here' or 'present'  
 even if we're not, thinking only  
 of garden and picked fruit,  
 The Plough and the sea,  
 of hands and of arms and of holding.



# FR. DAN'S 80th





# St Patrick's Day Luncheon



# Immigration News

## Upcoming in person Legal Clinics at Adam's Street Library: February 28th & March 27th

In addition to in person Legal Clinics, in collaboration with Rian Immigrant Center - there will be Legal phone consultations on the 2nd Tuesday of each month. Appointments are scheduled in advance. If you would like to schedule a phone consultation with an attorney, please contact Maryann Casavant at 617-265-5300 or by email [mcasavant@ipcboston.org](mailto:mcasavant@ipcboston.org).

The upcoming dates for those are: Tuesday, April 9th, Tuesday, May 13th, and Tuesday, June 9th.

## Immigration & Citizenship Support Services Program

*What we do:* The IPC's Immigration and Citizenship Program provides information and support to immigrants from Ireland and elsewhere including obtaining legal status, adjusting status, matters related to Green Card applications and renewals, visas, U.S. Citizenship eligibility, and applications for U.S. Citizenship. The IPC can also provide information about how to apply for Irish passports. Staff is available during normal business hours to help to answer questions related to these matters.

Additionally, the IPC offers bi-monthly Legal Immigration Clinics where individuals can have a free and confidential phone conversation about their particular immigration situation with a volunteer immigration attorney.



## Consider applying for U.S. Citizenship

If you have questions about eligibility for U.S. Citizenship, questions about how to apply, or need help with the process, please reach out to the IPC. Staff is available to assist you and can direct you to helpful resources. If there are some questions, or your situation is a bit complicated, we can schedule an appointment for you with one of our experienced immigration attorneys at one of our Legal Immigration Clinics.

## Work and Family Mobility Act

Information about the new law and expanded eligibility for Massachusetts residents to obtain a driver's license can be found at the Massachusetts Registry of Motor Vehicles' website.

## Massachusetts Registry of Motor Vehicles

### RMV Website:

<https://www.mass.gov/guides/work-and-family-mobility-act-wfma>

### Dedicated Phone Line for WFMA Information:

857-368-WFMA

The RMV has a dedicated information phone line for inquiries related to the Work and Family Mobility Act. Call 857-368-WFMA (857-368-9362) to hear information on the new law that takes effect on July 1. The information line is currently available in 6 different languages. The RMV will add additional languages in the near future.

## MOVING TO IRELAND

The Moving to Ireland seminar series presented by the Irish Diaspora Center and the Coalition of Irish Immigration Centers has generated considerable interest!

Missed a session? No worries! You can request the post session materials at the following link: [bit.ly/40tbUqb](http://bit.ly/40tbUqb) or contact the Irish Pastoral Centre Directly by calling 617-265-5300



IRISH DIASPORA CENTER



COALITION OF IRISH IMMIGRATION CENTERS

## MOVING TO IRELAND

A SEMINAR SERIES FOR THOSE CONTEMPLATING A MOVE TO IRELAND



### Upcoming Topics

- Nov 28: Health Care
- Dec 19: Employment
- Jan 30: Education Access
- Feb 27: Immigration Factors
- Mar 26: Personal Anecdotes & Building Networks
- Apr 30: Housing & Packing Up
- May 28: Retiring to Ireland
- Jun 25: Cross-Atlantic Time Split

### Schedule

Monthly Zoom sessions  
6.00 pm EST / 3 pm PST  
Registration required:  
[bit.ly/45DoB3I](http://bit.ly/45DoB3I)

### Missed a session?

Request post session materials here:  
[www.surveymonkey.com/r/MTIPostSession](http://www.surveymonkey.com/r/MTIPostSession)

- ✓ Financial Considerations (9/26)
- ✓ Where to Start - Research (10/24)

### Questions?

[aileen.dibra@ciic-usa.org](mailto:aileen.dibra@ciic-usa.org)  
[emily@icphila.org](mailto:emily@icphila.org)

### Partners



# Immigration News

## IMMIGRATION CLINICS

There will be no immigration clinics at the Adam Street Library for the month of April. The next legal clinic dates at the Adams Street Library are:

**Wednesday May 29th & Wednesday June 26th**

Rian Immigrant Centre will host other clinic in various libraries in the Greater Boston Area. Please see below:



Rian Immigrant Center and Boston Public Library

## Free Immigration Legal Clinics

**Clinics are held monthly at the following times and locations:**

**Roslindale Library:**

**1/18, 2/15, 3/21, 4/18, 5/16  
from 3pm-7pm**

**East Boston Library:**

**1/25, 3/28, 5/23  
from 3pm-7pm AND  
2/16, 4/19, 6/21  
from 10am-1pm**

**Central Library  
in Copley Square:**

**1/4, 2/1, 3/7, 4/4, 5/2  
from 3pm-7pm**

During our Immigration Legal Clinics, attorneys will meet with members of the community and provide immigration advice.

Attorneys cannot review or fill out immigration forms during the clinic.

Individuals eligible to apply for immigration benefits will be referred to the Rian Immigrant Center for case assistance.

Consultations will be provided on a **first come, first serve basis**. Attorneys will see as many people as they can before the clinic ends.

For questions, or to confirm the clinic is happening, please call the Rian Immigrant Center at  
(617) 984-6542

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THE IPC BOARD OF DIRECTORS

# IPC WEEKLY EVENTS



## Le Cheile Sobriety Support Program

ANSEO LE CHEILE - HERE TOGETHER

Saturdays, 6PM | Tues, 7PM (Ladies Group)

Bond with your child & socialize with other families in a relaxed Freeplay environment.

## Toddler Tuesdays

10AM-12PM



## IRISH 25s CARD NIGHT

Come play Ireland's national card game, every Thursday evening. Tea, coffee and snacks provided. All welcome.

7:30PM



## IPC BUMBLE BEE KNIT & CROCHET CLUB



EVERY THURS.  
11AM-1PM



All levels Welcome!

540 Gallivan Blvd. (REAR),  
Dorchester, MA, 02124



This page sponsored by the family of  
Margaret 'Peggy' Roach

# IPC SPECIAL EVENTS



10\$ /PP



## First Friday Fish & Chips Night!

JOIN US ON THE FIRST FRIDAY OF EVERY MONTH FOR FRESH FISH AND CHIPS !

ADVANCED REGISTRATION IS REQUIRED.  
CONTACT JEN: 617-265-5300

540 Gallivan Boulevard (Rear),  
Dorchester, MA

TRADITIONAL IRISH MUSIC SESSION

APRIL 21  
3PM- 5PM

Join us for our monthly Trad music session at the IPC. Come one, Come all. All musicians and levels welcome.

540 Gallivan Blvd, (Rear),  
Dorchester, MA 02124

ANSEO LE CHÉILE - HERE TOGETHER

Irish Pastoral Centre  
IPC -Boston-

# Scéal ó Bhéal

Friday, April 19  
6-7:30PM

Join us in the old Irish tradition of storytelling at the Irish Pastoral Centre. All are welcome to share old stories, legends and folklore from Ireland through Gaelige & English.

540 GALLIVAN BLVD (REAR), DORCHESTER, MA 02124

ANSEO LE CHÉILE - HERE TOGETHER

Polarity Therapy Energy Healing  
with Kieran Jordan

Sun. April 28, 2024  
2:00 - 3:30 pm

Irish Pastoral Centre  
IPC -Boston-

\*\*Free event — pre-registration encouraged but not required

*Kieran Jordan is a dance performer, movement teacher, and Board Certified Polarity Practitioner. Known in Boston and internationally for her work in traditional Irish dance, she has a lifetime of experience in working with the human body.*

During this event, Kieran Jordan will offer an introduction to Polarity Therapy through lecture, demonstration, and guided meditation, movement, and energy exercises. No experience is necessary. If you're curious, come along! All are welcome.

ANSEO LE CHÉILE - HERE TOGETHER

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# Community Calendar

## IPC Weekly Events Calendar

### **Mondays:**

Cara Club @ Veronica Smith Senior Center-1-3PM  
20 Chestnut Hill Ave  
Brighton, MA 02135

**Monday Night:** Social Work Clinic by 'Appointment. See Page 14 for details.

### **Tuesdays:**

Young at Heart @ St. Jerome's New Parish Center 1-3pm  
Toddler Group 10am—12PM

"Le Cheile" Woman's Group @ IPC  
7:30-8:30PM

### **Wednesdays:**

Café Eireann @ IPC 11-1 PM  
540 Gallivan Blvd,  
Dorchester MA

Immigration Clinic . See Page 19 for details

### **Thursdays:**

Knitting Club @ IPC 11AM-1PM IPC  
Crossroads Café @ St. John's Chrysostom  
4750 Washington St,  
West Roxbury, MA  
25 Cards 8pm

### **Saturdays:**

"Le Cheile" Here Together Sobriety Support Group 6PM

### **\*\*\*PLEASE NOTE\*\*\***

Café Eireann will now take place at our new location, 540 Gallivan Blvd!  
Crossroads Café has moved to St. John's Chrysostom in West Roxbury  
As always, if you have any questions, please reach out to Amy, the IPC Operations Manager.

## MONTHLY EVENTS AT IPC

**First Friday of the month—Fish and Chips supper Club**

**Monthly Sunday Sing a longs and Irish Traditional Music Sessions.**  
Keep an eye on our monthy Calendar

*Special thanks to Ricard Archer, President of the Knights and Ladies of St Finbarr Cork Club, for compiling the Boston Irish Community monthly dance calendar. For additional info email Richard at richarda10@hotmail.com.*

## APRIL 2024 IRISH EVENTS

### THE IRISH SOCIAL CLUB: 119 Park Street West Roxbury, MA

Sunday Evening Dances: FROM 6 00 - 9.00 PM

**April 07:** Tommy Byrne & Jerry Bailey

**April 14:** Mossie Coughlin

**April 21:** Ally Harron & Marion Curry

**April 28:** Erin's Melody (w/ Margaret Dalton)

### THE IRISH CULTURAL CENTRE: 200 New Boston Rd, Canton MA

**April 18:** Thursday, Cookery Class with Boston Bakeology. From 6.30 - 8.30 PM with Andrea Feeney.

**April 20:** Saturday Pop up Gaeltacht at the ICC Pub, 5-8PM  
One woman play, "Mrs. Keelly's Journey Home" w/ Breda Kelly Miller 7-8PM

**April 28:** Sunday, ICC Ladies High Tea and Fashion Show, 2-5PM

Note: The regular weekly events will not change. Please call the ICC at 781-821-8291 for reservations and questions on any of the listed events.

### THE IRISH MUSIC CLUB OF GREATER BOSTON

Ordinarily, this dance is held at the Irish Social Club the first Saturday of each month. Due to the Easter holiday, there will not be any April dance. Their next dance will be on Saturday May 4. Music will be provided by "Kathy and the Irish Americans.

### THE KNIGHTS AND LADIES OF ST. FINBARR - CORK CLUB

**April 13:** Keohane & Kenneally will provide music 7-10PM at the K of C, 15 Winslow St. Arlington. Donation is \$10.00. Great music, complimentary tea/coffee and delicious pastries. 50/50 Raffle. Cash Bar. You can Dance or just listen to the great music.

### THE NORWOOD IRISH MUSIC CLUB

572 Nichols Street, Norwood, MA

**April 20 :** Enjoy dancing to the sound of the Connacht Band at the K of C in Norwood. Always a fun evening. You can enjoy a drink or a complimentary coffee, tea or baked items. Members and 50/50 raffle. Lots of free parking. Starts at 7.00 PM.

County Roscommon: will hold a dance at the Irish Social Club in West Roxbury on Sat. March 30, 2024. Aoife Griffin and Pat Kelly will be honored as Woman and Man of the year. Music by Erin's Melody with Margaret Dalton. Comhaltas Ceoltoiri will have their North America Provincial Convention from April 4 - April 7 in Buffalo, New York. For add, info. contact Maureen Woods, PRO or Maureen Conway on the web site, ccebostonoston.org. or the local branch of

Comhaltas: Reynolds, Hanafin, Cooley. On April 5, 2024 there will be a dance to honor the life of Sean Folan at the Irish Social Club in West Roxbury. No admission. Donations may be made in his name at the event. John Connor will provide the music from 7 - 11PM. Information on monthly events in the Boston is provided by the Knights and Ladies of St. Finbarr -Cork Club as a public service. For questions, please email richarda10@hotmail.com.



# IPC April 2024 Calendar of Events

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>1</b></p> <p><b>Cara Club:</b> Vincent Quealy- Reflections of an Irish Grandson</p>	<p><b>2</b> Toddler Group: 10am @IPC</p> <p><b>Ladies le Chéile Sobriety:</b> 7-8pm</p> <p><b>Young at Heart:</b> Yoga with Deirdre Kelly</p>	<p><b>3</b></p> <p><b>Café Éireann:</b> Yoga with Deirdre Kelly</p>	<p><b>4</b></p> <p>Knitting @IPC 11am</p> <p>Irish 25s @IPC 7:30PM</p> <p><b>Crossroads Café:</b> Trivia</p>	<p><b>5 SUPPER CLUB</b> 5-7PM Call IPC to register: 617-265-5300</p> 
<p><b>8</b></p> <p>Social work Clinic: @IPC by appointment</p> <p><b>Cara Club:</b> Exercise - Eileen Smith</p>	<p><b>9</b> Toddler Group: 10am @IPC</p> <p><b>Ladies le Chéile Sobriety:</b> 7-8pm</p> <p><b>Young at Heart:</b> Trivia</p>	<p><b>10</b></p> <p><b>Café Éireann:</b> Vincent Quealy- Reflections of an Irish Grandson</p>	<p><b>11</b></p> <p>Knitting @IPC 11am</p> <p>Irish 25s @IPC 7:30PM</p> <p><b>Crossroads Café:</b> Exercise - Eileen Smith</p>	<p><b>12</b></p>
<p><b>15</b></p>  <p><b>IPC CLOSED</b></p> 	<p><b>16</b> Toddler Group: 10am @IPC</p> <p><b>Ladies le Chéile Sobriety:</b> 7-8pm</p> <p><b>Young at Heart:</b> Game: Left, Right Centre</p>	<p><b>17</b></p> <p><b>Café Éireann:</b> Game: Left, Right Centre</p>	<p><b>18</b></p> <p>Knitting @IPC 11am</p> <p>Irish 25s @IPC 7:30PM</p> <p><b>Crossroads Café:</b> Game: Left, Right Centre</p>	<p><b>19</b></p> <p><b>Scéal ó Bhéal</b> @IPC 6-7:30PM Irish Storytelling &amp; Conversation Night</p> 
<p><b>22</b></p> <p><b>Cara Club:</b> Caregiver Program- BSHC - Paula McCarthy</p>	<p><b>23</b> Toddler Group: 10am @IPC</p> <p><b>Ladies le Chéile Sobriety:</b> 7-8pm</p> <p><b>Young at Heart:</b> Assisted Living Ombudsman Program</p>	<p><b>24</b></p> <p><b>Café Éireann:</b> Assisted Living Ombudsman Program</p>	<p><b>25</b></p> <p>Knitting @IPC 11am</p> <p>Irish 25s @IPC 7:30PM</p> <p><b>Crossroads Café:</b> Assisted Living Ombudsman Program</p>	<p><b>26</b></p>
<p><b>29</b></p> <p>Social work Clinic: @IPC by appointment only</p> <p><b>Cara Club:</b> BINGO</p>	<p><b>30</b> Toddler Group: 10am @IPC</p> <p><b>Ladies le Chéile Sobriety:</b> 7-8pm</p> <p><b>Young at Heart:</b> BINGO</p>	<p><b>LE CHÉILE SOBRIETY GROUP MEETS EVERY SAT, 6PM at the IPC</b></p>	<p><b>APRIL SPECIAL EVENTS</b></p> <ul style="list-style-type: none"> <li>• <b>SUNDAY 21</b> Trad session @IPC 3-5PM &amp; Association of Irish Caregivers and Confidants evening @IPC 5PM</li> <li>• <b>SUNDAY APRIL 28th</b> Polarity Therapy Energy Healing with Kieran Jordan 2-3:30PM @IPC</li> </ul>	

- Monday, 1-3pm, **Cara Club: Veronica Senior Center, 20 Chestnut Ave, Brighton MA, 02135**
- Tuesday, 1-3pm, **Young at Heart: St. Jerome's, 632 Bridge Street, Weymouth, MA, 02191**
- Wednesday, 11am-1pm, **Café Éireann: IPC, 540 Gallivan Blvd. (REAR), Dorchester, MA, 02124**
- Thursday, 1-3pm, **Crossroads Café: St. John Chrysostom, 4750 Washington St, West Roxbury, MA,**

# IPC Community Partners



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**DAILY HOT LUNCH SPECIALS INCLUDE:**  
 Monday: Chicken Pot Pie, Shephard's Pie  
 Tuesday: Roast Turkey Breast, Stuffing, Gravy & Cranberry  
 Wednesday: Greenhills Baked Ham, Shephard's Pie  
 Thursday: Irish Boiled Dinner w/ Irish Boiled Bacon, Corned Beef, Cabbage, Spuds, Veg & Homemade White Sauce  
 Friday: Chicken Pot Pie, Chicken Curry, Rice and Fish dinner  
 Saturday: Shephard's Pie, Full Irish Breakfast  
 Sunday: Full Irish Breakfast



Mon-Thu: 9-5  
Fri: 9-4



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# Sports News From Ireland

## Ireland Celebrate another Six Nations Title

Ireland claimed a nervy 17-13 victory over Scotland in Dublin to seal back-to-back Six Nations titles. Ireland saw their grand slam dreams crushed by England last week but quickly bounced back to win the championship, although they were made to work hard for the win. Andy Farrell's men only needed to avoid defeat to guarantee that they would be lifting the trophy at the Aviva Stadium and they led 7-6 at half-time thanks to Dan Sheehan's try following an overthrown line-out. They then roared out of the blocks in the second half and moved 17-6 ahead with Andrew Porter's try, meaning Huw Jones's late score was only a consolation for the Scots and the hosts saw the game out to spark celebrations at the Aviva Stadium.



## Clare beat Tipperary to reach Hurling League final - *The Irish Times*

Clare have a few ghosts to slay in the coming weeks. Over the past few years, while they've been the team most likely to put it up to Limerick (at least in the Munster championship) they've been curiously spooked by the sight of Kilkenny in the All-Ireland series. They have their chance to put that some way right in the league final after they cleaned the clocks of a lacklustre Tipperary side in Portlaoise. With first-half substitute Aidan McCarthy virtually flawless from frees and player of the league David Fitzgerald in rampant form through the middle, Clare ran up a 1-24 to 2-13 victory to give themselves a chance of a first league title since 2016.



## Offally Teen joins F3 grid, aiming for Formula 1

18 year old Alex Dunne graduated to the Formula 3 grid in 2024 with MP Motorsport. Dunne won the British Formula 4 title in 2022 and was runner-up as a rookie in the GB3 Championship last year. He topped the Formula 3 test at Imola in October and finished on the podium in his first race in the category at Macau in November. "I'm thrilled to start my first full season of FIA F3 with MP Motorsport", said Dunne. "They are proven winners in every category that they compete in, and I'm sure that they will use their experience to help me build on my initial experiences with the F3 car in the post-season FIA F3 test at Imola and then at Macau.



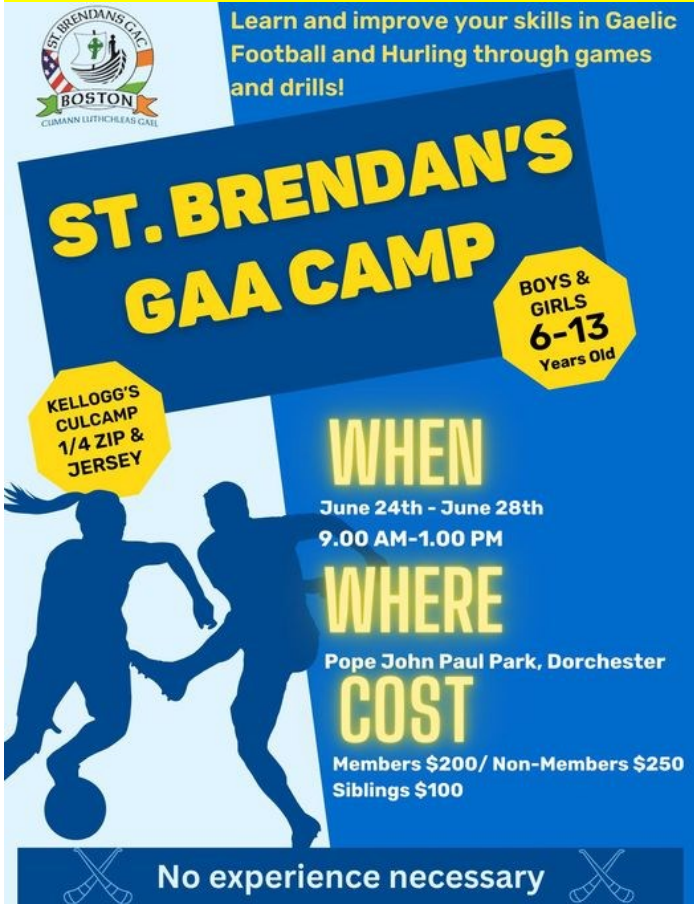
## Irish crews confirmed for World Rowing Cup event in Italy—RTE.ie

Ireland have named their rowing team for the World Cup I event in Italy next month, as preparations go up a gear for the summer's Paris Games. The World Rowing Cups are an annual series of three regattas lead in to the World Rowing Championships. World Rowing Championships bronze medallists Philip Doyle and Daire Lynch compete in the men's double, with Nathan Timoney and Ross Corrigan - who also won bronze at last September's Worlds - combining in the men's pair. In the women's pair Fiona Murtagh and Aifric Keogh combine. They were part of the women's four crew that claimed bronze at the Tokyo Olympics.



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# Local Sports



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**WHERE**  
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**COST**  
Members \$200/ Non-Members \$250  
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**No experience necessary**



## Boston welcomes an Cheathrú Rua

*An Cheathrú Rua 2-7 Connemara Gaels 1-6.*

The team who travelled from Carraroe, Co. Galway played in a challenge game against Boston's Connemara Gaels in Canton on Saturday March 23rd @ 2pm. An Cheathrú Rua also organized a night of music in Florian Hall, Dorchester which included a raffle and auctions. CLG An Cheathrú Rua are raising funds to install match day floodlights on the community pitch in Carraroe.

## 2024 USGAA First Jr. Men's All Ireland Football Team Announced



Congratulations to the Boston players who made the team and to everyone who took part in the Trials. USGAA will compete in the 2024 All-Ireland Junior Football Championship. The team, made up of homegrown players from across the US, will travel to Ireland in July in the hope of emulating New York's victory last year.

- Dylan Murtagh - Wolfe Tones Boston**
- Eoin Gormley - Aidan McAnespies Boston**
- Eoin Morrissey - Galway Boston**
- Jack Lynch - Cork Boston**
- Michael Kerr - Connemara Gaels Boston**
- Michael Moylan - Galway Boston**
- Owen Ward - Aidan McAnespies Boston**
- Martin Kerr - Selector - Boston**
- Mark Dunphy - Eire Og—(prev. Donegal Boston)**



## Boston Youth GAC Lead Southie Parade

Boston's Youth GAC teams came together in their colors to represent their clubs at this year's St. Patrick's Day Parade in South Boston! These teams are preparing for the Continental Youth Championships which will be hosted in Boston this year. Teams from all over North America and expected to compete in the tournament!



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## Local Sports

### History Made As ESPN Broadcasts Gaelic Games For First Time Ever To US Audience

History was made on St Patrick's Day 2024 over Stateside as the National Collegiate GAA - or NCGAA for short - had their hurling and football finals televised on ESPN for the first time ever. It was the first GAA match to be televised nationally in the US since the 1973 All-Ireland final. Purdue University overcame Colorado University at Zion Bank Stadium in Salt Lake City, Colorado to win the hurling final. Notre Dame won the football final. Zion Bank Stadium should go down as one of the most picturesque venues in GAA with the amazing view of the Rocky Mountains coupled with the clear blue skies on the day it painted a perfect scene for hurling. The NCGAA hurling final was broadcasted live on ESPN 3 for the first time ever and [according to the NCGAA's GoFundMe](#) they organised to cover expenses, they have the opportunity to broadcast yearly finals on ESPN for the foreseeable future in what is huge news for the expansion of GAA in America.



## Intercounty GAA Nicknames

*Answers on Page 3*

1. The Orchard County
2. The Mourne-men
3. The Kingdom
4. The Royal County
5. The Ernemen
6. The Wee County
7. The Garden County
8. The Banner County
9. The Premier County
10. The Yew County
11. The O'Farrell County
12. The Rebel County
13. The Deise
14. The Scallion Eaters
15. The Tribesman
16. The Breffni County
17. The Ridge County
18. The Model County
19. The Lake County
20. The Saffrons
21. The Cats
22. The Hills
23. The Dubs
24. The Treaty County
25. The Oak—Leaf County
26. Yeats County
27. The Red Hand
28. The O'Moore County
29. The Faithful County
30. The Lilywhites
31. The Rossies
32. The Farney



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